

GIRLS REGIONAL QUALIFIERS
(From District)
1982-Current

1982	Lisa Jones	100 Meters	12.5	2 nd place
1983	Kelly Wolf	100 meter hurdles	???	???
1984	Kelly Wolfe	100 meter hurdles	15.6	4 th place
1985	Pam Pitts	200 meters	25.6	1st place
1985	Shannon Carter	200 meters		3 rd place
1985	Pam Pitts	100 meters		2 nd place
1985		4x100 Relay		4 th place
1985	Kelly Wolfe	100 Hurdles		3 rd place
1985	Kelly Wolfe	Long Jump	16'1 1/4"	4 th place
1985	Jenny Monak			
	Jennifer Rollins			
	Missy Provard			
	Shannon Carter	4x200 relay	1:49.7	2 nd place
1986	Jessica Rollins	Long Jump	16'4 1/2"	3 rd place
1986	Shannon Carter	100 hurdles	15.0	2 nd place
1986	Pam Pitts	100 meters	12.3	1st place
1986	Jennifer Rollins			
	Missy Provard			
	Pam Pitts			
	Shannon Carter	4x200 relay	1:48.2	4 th place
1986		4x100 relay	51.1	3 rd place
1986		4x400 relay	4:11.4	4 th place
1987	Shannon Carter	100 Hurdles	14.3	
1987	Shannon Carter	300 Hurdles	45.5	
1987	Shelly Hines			
	Stacey Pasch			
	Tami Stanley			
	Cathy Mallia	4x800 relay		
1987	Jessica Jefferson			
	Celeste Holmes			
	Missy Provard			
	Yolanda Davis	4x200 relay		

1987	Jenny Monak Jessica Jefferson Heidelberg	Yolanda Davis	4x400 relay	
1988	Shannon Carter	100 hurdles	14.5	1st place
1988	Shannon Carter	300 hurdles	44.60	1st place
1988	Amy Ritzman Lisa Abdoo Kaylene Bartson	Stacy Pasch	4x800 relay	9:54.3
1988	Vicky Hinojosa Kelly Shafer Trella Warfield	Shannon Carter	4x200 relay	1:46.3
1989	Stacy Pasch	800 meters	2:25.0	4 th place
1989	Amy Ritzman Kaylene Bartson Erin Appleby	Stacy Pasch	4x800 Relay	10:26.0
1990	Amy Ritzman	3200 meters	11:59.0	1st place
1990	Amy Ritzman Kaylene Bartson Stephanie McGee	Deb Lilley	4x400 relay	4 th place
1990	Kaylene Bartson	800 meters		4 th place
1992	Lisa Elder	Long Jump	16'10 3/4"	2 nd place
1993	Sara Williams	800 Meters	2:24.0	2 nd place
1993	Shante Flores	200 meters	28.2	4 th place
1994	Lisa Elder Tonya Elder Marcy Reinbolt	Shannon Heidelberg	4x100 relay	50.7
		Grace Durnell	3200 Meters	11:30.7
1995	Jami Toeppe	1600 meters	5:15.5	1st place
1995	Jami Toeppe	3200 meters	11:41.9	1st place

1995	Sarah Williams			
	Alison Kelly			
	Carrie Gill			
	Jami Toeppe	4x800 relay	9:50.00	1st place
1995	Sarah Williams	800 meters	2:23.2	2 nd place
1995	Shannon Heidelberg	Long Jump	15'9.5"	4 th place
1995	Tonya Elder	100 hurdles	16'5"	4 th place
1995	Tori Kille			
	Tonya Elder			
	Shannon Heidelberg			
	Marcy Reinbolt	4x100 relay	50.8	4 th place
1996	Alison Kelly			
	Molly O'Conner			
	Jami Toeppe			
	Lindsay Frontz	4x800 relay	10:02.0	4 th place
1996	Michelle Salas	Shot Put	35'8.25"	1st place
1996	April Brenamen	Shot Put	34'6.5"	3 rd place
1996	Marcy Reinbolt	100 meters	12.5	4 th place
1996	Alison Kelly	1600 meters	5:38.00	4 th place
1996	Christy Linder			
	Tonya Elder			
	Shannon Heidelberg			
	Marcy Reinbolt	4x100 relay	50.8	4 th place
1996	Tonya Elder	100 hurdles	15.0	2 nd place
1996	Lindsay Frontz	3200 meters	12:18.00	4 th place
1997	Marcy Reinbolt	Long Jump	16'1"	3 rd place
1997	Christy Linder	Long Jump	15'11"	4 th place
1997	Michelle Salas	Shot Put	39'3.25"	2 nd place
1997	April Brenamen	Discus	123'1"	3 rd place
1997	Michelle Salas	Discus	117'8"	4 th place
1997	Tanya Elder	100 hurdles	15.19	1st place
1997	Marcy Reinbolt			
	Tanya Elder			
	Christy Linder			
	Sara Thiessen	4x100 relay	51.69	4 th place
1998	Michelle Salas	Shot Put	40'10.5"	1st place
1998	Judy Steinberger	Shot Put	36'3"	3 rd place
1998	Fallon Bailey	100 meters	12.92	3 rd place

1998	Jami Toepper	1600 meters	5:25.0	3 rd place
1998	Lindsay Frontz	800 meters	2:23.0	1st place
1998	Christy Linder			
	Taneshia McKinstry			
	Fallon Bailey			
	Gayl McFadden	4x100 relay	50.66	2 nd place
1998	Christy Linder			
	Tiffany Sweeney			
	Taneshia McKinstry			
	Fallon Bailey	4x200 meters	1:47.0	2 nd place
1999	Bima Hannesdottir	Shot Put	36'2.25"	2 nd place
1999	Christy Linder			
	Taneshia McKinstry			
	Adrienne Robertson			
	Fallon Bailey	4x100 relay	51.65	4 th place
1999	Christy Linder			
	Taneshia McKinstry			
	Adrienne Robertson			
	Fallon Bailey	4x200 relay	1:46.76	2 nd place
1999	Fallon Bailey	100 meters	12.58	3 rd place
1999	Fallon Bailey	200 meters	26.87	3 rd place
1999	Lindsay Frontz	800 meters	2:22.04	1st place
2000	Fallon Bailey	100 meters	12.88	3 rd place
2000	Delana Simms	400 meters	62.46	4 th place
2000	Sashay Price	High Jump	5'0"	4 th place
2000	Taneshia McKinstry			
	Tiffany Sweeney			
	Adrienne Robertson			
	Fallon Bailey	4x100 relay	50.61	1st place
2000	Delana Sims			
	Taneshia McKinstry			
	Keia Irons			
	Fallon Bailey	4x200 relay	1:49.90	3 rd place
2001	Fallon Bailey	100 meters	12.28	1st place

2001	Delana Sims			
	Taneshia McKinstry			
	Keia Irons			
	Fallon Bailey	4x200 relay	1:45.26	1st place
2001	Fallon Bailey	200 meters	25.24	1st place
	Keia Irons			
	Taneshia McKinstry			
	Adrienne Robertson			
	Fallon Bailey	4x100 relay	49.74	1st place
2001	Meg Nalley	Shot Put	35'7"	2 nd place
2001	Jen Hillier	Shot Put	35'8.25"	3 rd place
2001	Jamie Smith	Discus	120'5"	2 nd place
2002	Adrienne Robertson	100 meters	13.54	4 th place
2002	Rachel Ruiz			
	Keia Irons			
	Adrienne Robertson			
	Delanea Johnson	4x200 relay	1:50.49	4 th place
2002	Stacy Hall	1600 meters	5:29.11	3 rd place
2002	Rachel Ruiz	300 hurdles	49.18	2 nd place
2002	Stacy Hall	3200 meters	12:07.08	4 th place
2003	Stacy Hall	3200 meters	11:56.23	4 th place
2005	Tia Simms	400 meters	60.20	3 rd place
2007	Ashley Fischer	1600 meters	5:07.19	1st place
2007	Ashley Fischer	800 meters	2:19.88	2 nd place
2007	Victoria Logan	Discus	91'4"	2 nd place
2008	Carlea Harper	100 meters	13.17	3 rd place
2008	Ellen Silva	400 meters	1:01.64	4 th place
2008	Carlea Harper	200 meters	26.63	3 rd place
2009	Carlea Harper	100 meters	13.30	4 th place
2009	Carlea Harper	400 meters	58.36	2 nd place
2009	Carlea Harper	200 meters	27.23	3 rd place
2009	Victoria Logan	Shot Put	37'6.5"	1st place
2010	Carlea Harper	100 meters	12.59	3 rd place
2010	Carlea Harper	400 meters	58.77	1st place
2010	Sarah Gray	400 meters	62.25	4 th place
2010	Essence Price	300 hurdles	48.55	4 th place

2010	Ellen Silva Carlea Harper Essence Price Sarah Gray	4x200 relay	1:48.13	4 th place
2010	Alesha Overmyer Sarah Gray Ellen Silva Christy Woleslagel	4x400 relay	4:11.87	3 rd place
2010	Ellen Silva	Pole Vault	10'9"	1st place
2010	Stephanie Swint	Pole Vault	9'3"	3 rd place
2011	Carlea Harper	100 meters	12.71	2 nd place
2011	Alycia Baumgardner	100 meters	12.72	3 rd place
2011	Mariah Mathews	200 meters	26.15	1st place
2011	Alycia Baumgardner	200 meters	26.41	2 nd place
2011	Alesha Overmyer	800 meters	2:29.02	4 th place
2011	Paige Wiechman	3200 meters	11:50.71	2 nd place
2011	Cassie Woleslagel	300 hurdles	48.04	3 rd place
2011	Mariah Mathews Alycia Baumgardner Ariana Spencer			
	Carlea Harper	4x100 relay	49.63	1 st place
2011	Ariana Spencer Carlea Harper Alycia Baumgardner			
	Mariah Mathews	4x200 relay	1:43.64	1st place
2011	Sarah Gray Alesha Overmyer Ellen Silva			
	Carlea Harper	4x400 relay	4:02.89	1st place
2011	Sarah Gray Lauren Ickes Alesha Overmyer Paige Wiechman	4x800 relay	10:04.21	3 rd place
2011	Ellen Silva	Pole Vault	11'4"	1st place
2011	Stephanie Swint	Pole Vault	9'0"	3 rd place (t)
2011	Ariana Spencer	Long Jump	16'9.75"	3 rd place
2012	Jessica Schell	Discus	100'11"	5 th place
2012	Cassie Woleslagel	High Jump		5 th place

2012	Alesha Overmyer	800 meters	2:22.49	1st place
2012	Ariana Spencer			
	Mariah Mathews			
	Alycia Baumgardner			
	Sarah Gray	4x200 relay		2 nd place
2012	Ariana Spencer			
	Mariah Mathews			
	Cassie Woleslagel			
	Alycia Baumgardner	4x100 relay		2 nd place
2012	Alesha Overmyer			
	Valerie Bixler			
	Lauren Ickes			
	Faye Sloma	4x800 relay		
2012	Sarah Gray	400 meters		2 nd place
2012	Alycia Baumgardner	200 meters		3 rd place
2012	Alycia Baumgardner	100 meters		4 th place
2012	Ariana Spencer			
	Sarah Gray			
	Alesha Overmyer			
	Nacaila Roberts	4x400 relay		2 nd place
2012	Ariana Spencer	Long Jump		2 nd place
2012	Abbi Hasselbach	Pole Vault		3 RD place
2012	Erin Slaughter	100 hurdles		4 th place
2013	Ariana Spencer	Long Jump	17'1.5"	1st place
2013	Jessica Schell	Discus	106'4"	3 rd place
2013	Mariah Mathews	100 meters	13.1	3 rd place
2013	Elayna Ackerman	100 hurdles	16.29	1st place
2013	Erin Slaughter	100 hurdles	16.77	4 th place
2013	Ariana Spencer			
	Elayna Ackerman			
	Cassie Woleslagel			
	Mariah Mathews	4x200 relay	1:45.97	1st place
	Mariah Mathews	4x100 relay	50.54	2 nd place
2013	Cassie Woleslagel	300 hurdles	48.64	3 rd place
2013	Elayna Ackerman	300 hurdles	48.71	4 th place
2013	Mariah Mathews	200 meters	27.06	2 nd place

2014	Cassidi Lovell			
	Alexandrea Holmes			
	Faye Sloma			
	Valerie Bixler	4x800 relay	9:58.35	1st place
2014	Mariah Mathews	200 meters	25.58	2 nd place
2014	Vanashia Elkins	200 meters	26.58	3 rd place
2014	Cassidi Lovell	800 meters	2:20.47	3 rd place
2014	Erin Slaughter	100 hurdles	16.39	3 rd place
2014	Cassie Woleslagel	300 hurdles	47.31	3 rd place
2014	Mariah Mathews			
	Cassie Woleslagel			
	Vanashia Elkins			
	Elayna Ackerman	4x100 relay	50.40	1st place
2014	Elayna Ackerman			
	Mariah Mathews			
	Vanashia Elkins			
	Imani Elkins	4x200 relay		1st place
2014	Cassidi Lovell			
	Elayna Ackerman			
	Cassie Woleslagel			
	Alexandria Holmes	4x400 relay	4:09.47	4 th place
2015	Cassidi Lovell			
	Faye Sloma			
	Abby Burrell			
	Sarah Szymanowski	4x800 relay	9:54.55	3 rd place
2015	Cassidi Lovell	800 meters	2:22.73	2 nd place
2015	Imani Elkins			
	Derae James			
	Alexandrea Holmes			
	Vanashia Elkins	4x200 relay	1:45.42	1st place
2015	Sarah Szymanowski	1600 meters	5:21.84	3 rd place
2015	Sarah Szymanowski	3200 meters	11:50.84	3 rd place
2015	Imani Elkins			
	Derae James			
	Aeriana Whittaker			
	Vanashia Elkins	4x100 relay	50.16	2 nd place
2015	Vanashia Elkins	200 meters	25.91	1st place
2015	Dejsha Pettiford	Long Jump	17'4.5"	2 nd place

2015	Leah Ballenger	Shot Put	35'1"	4 th place
2015	Amber Otermat	Pole Vault	11'6"	3 rd place
2016	Matallyn Overmyer	Discus	114'8"	1st place
2016	Olivia DeRodes	High Jump	4'10"	4 th place
2016		4x100 relay	51.23	3 rd place
2016	Cassidi Lovell	800 meters	2:23.95	2 nd place
2016	Vanashia Elkins	200 meters	26.24	2 nd place
2016	Dejasha Pettiford	Long Jump	16'10.25"	1st place
2016	Amber Otermat	Pole Vault	12'0"	1st place
2016	AnneMarie Moses	Pole Vault	11'6"	2 nd place
2017	Olivia DeRodes	High Jump		1st place
2017	Lexi Prenzlin			
	Janelle Lindsey			
	Imani Elkiins			
	Vanashia Elkins	4x100 relay	?	?
2017	AnneMarie Moses			
	Imani Elkins			
	Jazelle Lindsey			
	Vanashia Elkins	4x200 relay	?	?
2017	AnneMarie Moses	Pole Vault		
2017	Mckela Elder	800 meters	?	?
2018	Mckela Elder	800 meters	2:21.22	1st place
2018	Janna Sutton			
	Ashanti Elkins			
	Kimora Rapp			
	Jazzele Lindsey	4x200 relay	1:49.46	4 th place
2018	Olivia DeRodes	High Jump	5'3"	1st place
2018	AnneMarie Moses	Pole Vault	11'6"	1st place
2018	Emma Jahns	Shot Put	34'5.5"	2 nd place
2019	Briana Morrisette	100 meters	12.64	1st place
2019	Jazzele Lindsey	200 meters	26.47	3 rd place
2019	Kimora Rapp	400 meters	59.05	4 th place
2019	Mckela Elder	800 meters	2:16.60	2 nd place
2019	Nadia Kirksey			
	Briana Morrisette			
	Jazzele Lindsey			
	Jadyn Rozzell	4x100 relay	49.61	1st place

2019	Kimora Rapp			
	A. Elkins			
	Jazzele Lindsey			
	Briana Morissette	4x200 relay	1:43.20	1st place
2019	Kimora Rapp			
	Mckela Elder			
	Metcalf			
	A Elkins	4x400 relay	4:04.37	3 rd place
2019	Sarah Watson	High Jump	5'2"	2 nd place
2019	Jazzele Lindsey	Long Jump	16'7.5"	2 nd place
2019	AnneMarie Moses	Pole Vault	12'3"	1st place
2021	Evelyn Szymanowski			
	Allison Taylor			
	Adriane Halbisen			
	Mackenzie Smith	4x800 relay	10:04.87	3 rd place
2021	Makenna Englund	100 hurdles	15.45	2 nd place
2021	Briana Morissette	100 meters	12.53	2 nd place
2021	Briana Morissette			
	Ashanti Elkins			
	Kimora Rapp			
	Jadyn Rozzell	4x200 relay	1:44.37	2 nd place
2021	Evelyn Szymanowski	1600 meters	5:27.90	2 nd place
2021	Briana Morissette			
	Nadia Kirksey			
	Ashanti Elkins			
	Jadyn Rozzell	4x100 relay	49.10	1st place
2021	Kimora Rapp	400 meters	60.49	3 rd place
2021	Ashanti Elkins	200 meters	26.55	4 th place
2021	Evelyn Szymanowski	3200 meters	12:08.89	3 rd place
2021	Makenna Englund	High Jump	5' 0"	3 rd place
2021	Jadyn Rozzell	Long Jump	17'8"	1st place
2021	Briana Morissette	Long Jump	17'2.5"	2 nd place
2021	Allison Taylor	Pole Vault	10'9"	1st place
2022	Briana Morissette	100 meters	13.15	4 th place
2022	Makenna Englund	100 hurdles	15.67	2 nd place

2022	Briana Morissette Jadyn Rozzell Makenna Englund Allison Taylor	4x100 relay	50.96	3 rd place
2022	Briana Morissette Jasmin Heidelberg Jadyn Rozzell Makenna Englund	4x200 relay	1:48.03	2 nd place
2022	Makenna Englund	High Jump	5'3"	1st place
2022	Lyndi Wolf	High Jump	5'0"	4 th place
2022	Jadyn Rozzell	Long Jump	16'8.25"	3 rd place
2022	Allison Taylor	Pole Vault	11'0"	1st place
2022	Cal Cahill	Discus	113'2"	4 th place
2023		4x200 relay	1:50.51	4 th place
2023		4x800 relay	10:14.19	4 th place
2023	Lyndi Wolf	High Jump	5'3"	1st place
2023	Reese Smith	Discus	119'5"	2 nd place
2024	Tierra Parker	Shot Put	37'1 1/2"	1st place
2024	Lyndi Wolf	High Jump	5'4"	1st place
2024	Reese Smith	Discus	124'7"	1st place
2024	Danika Denman	Pole Vault	10'8"	1st place
2024	Danika Denman	300 hurdles	47.96	4 th place
2024	Malisa Lee-Garrett	400 meters	58.87	2 nd place
2024	Braxtyn Jordan Malisa Lee-Garrett Ashtyn Marsee			
	Lexi Nelson	4x200 relay	1:47.30	2 nd place
2024	Ashtyn Marsee	400 meters	1:00.69	4 th place
2024	Mia Durnwald	800 meters	2:22.77	4 th place
2024	Evelyn Szymanowski Ashtyn Marsee Mia Durnwald			
	Malise Lee-Garrett	4x400 relay	4:04.17	2 nd place
2024	Lexi Nelson	Long Jump	16' 6.5"	4 th place

2024	Mia Durnwald Evelyn Szymanowski Sophia Metcalf Ella Lozano	4x800 relay	9:57.91	4 th place
2025	Kilee Kidd	High Jump	5'3"	2 nd place
2025	Lyndi Wolf	High Jump	5'3"	3 rd place
2025	Tierra Parker	Shot Put	39'4.25"	1st place
2025	Lexi Nelson	Long Jump	17'3.5"	1st place
2025	Danika Denman	Pole Vault	11'8"	1st place
2025	Reese Smith	Discus	118'11"	1st place
2025	Mia Durnwald Sophia Metcalf Ariana Hinojosa-Williams Ella Lozano	4x800 Relay	10:01.60	2 nd place
2025	Danika Denman	100 Hurdles	15.44	3 rd place
2025	Braxton Jordan	100 Meters	12.72	1st place
2025	Ashtyn Marsee Melise Lee-Garrett Lexi Nelson			
	Braxton Jordan	4x200 Relay	1:46.73	1st place
2025	Melise Lee-Garrett	400 Meters	60.64	2 nd place
2025	Danika Denman	300 Hurdles	46.19	1st place
2025	Braxton Jordan	200 Meters	26.89	2 nd place
2025	Ashtyn Marsee Ella Lozano Mia Durnwald Malise Lee-Garrett	4x400 Relay	4:10.40	2 nd place