

1995 Great Lakes League...

TRACK AND FIELD

Little Giant girls win GLL championship

By CRAIG SNYDER

Staff correspondent

FOSTORIA — Fremont Ross coach John Elder did not miscalculate.

"I figured on paper the girls should be able to score between 130 and 140 points," Elder said just as the Great Lakes League Track and Field Championship Meet got under way Saturday.

His figures were not far off. Elder's girls amassed 133 points to runner-up Whitmer's 127 to claim the GLL title.

Fostoria was third with 65 and Bedford was fourth with 56. Napoleon, Clay and Sylvania Northview finished fifth through seventh.

"It is hard to say who ran well for us," Elder said. "Everyone ran so well. The people we expected to win, did."

Ross individuals or relay teams won eight of 16 events including a trio of 1-2 finishes.

After Little Giants Shannon Heidelberg and Marcy Reinbold finished first and second in the long jump with leaps of 15 feet, 6 inches and 15-2 1/4, respectively, Ross went on a roll.

The Little Giants won four of five running events with the 4x200 relay interrupting the string and Elder did not enter a team in that event.

The 4x800 team of Sarah Williams, Alison Kelly, Carey Gill and Jami Toeppel struck first, winning the relay in 9 minutes, 54.6 seconds.

Williams later won the 800-meter crown in 2:27.6 and Gill made it a 1-2 sweep, crossing the line in 2:32.4. Williams and Gill joined Tonya Elder and Reinbold to win the title-clinching 4x400 relay in 4:16.

Tonya Elder followed the opening 4x800 win with a first in the 100-meter hurdles, and followed it up with a second in the 300 hurdles.

Reinbold kept the streak going with a win in the 100.

After taking a break in the 4x200 relay, Toeppel got Ross rolling again, running away from the field in the 1600 to win in 5:27.2. The Little Giants freshman became a triple winner with a win the 3200. Kelly was second in the metric two-mile, giving



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DANE SNYDER cruises toward a third-place finish in the 800-meter run.

Ross boys take 2nd

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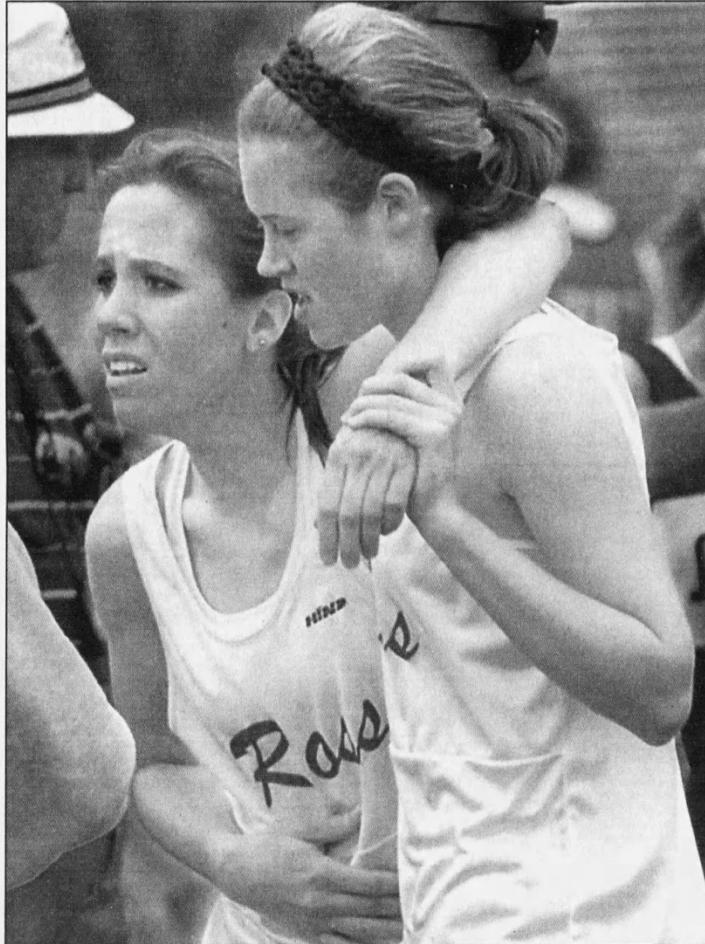
FOSTORIA — Whitmer outgunned Fremont Ross to win the Great Lakes League Track and Field Championship Meet Saturday.

"I knew we didn't have the guns to beat Whitmer today," Ross coach John Elder said. "They just had a little too much speed."

Whitmer had 121 points, 15 more than the Little Giants. Napoleon was third with 90 1/2 and Fostoria took fourth with 56. Clay, Bedford and Sylva-

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News-Messenger/Andrew Morrison

SARAH WILLIAMS, right, helps Fremont Ross teammate Carey Gill after the pair finished 1-2 in the 800-meter run at the GLL meet Saturday in Fostoria. It was one of three 1-2 finishes for the Little Giants.

Ross its third 1-2 finish.

Toeppel and Kelly's finishes vaulted Ross from a 10-point deficit to a four-point lead over

Whitmer with the 4x400 remaining.

In other results, Teri Girrell

of Whitmer won the shot put and discus. Her 140-1 effort in the discus was a record, breaking the mark of 130-6 set in 1985 by Missy Archibald of Whitmer.

Ross boys finish second

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nia Northview rounded out the field.

LeCharles Smith was the Whitmer's big gun, winning the 100 and 200 meter dashes and running on the Panthers' winning 4x100 and 4x400 relay relay teams.

Fostoria's James Estrada, the defending champion in the 100 and 200, did not compete because of fluid build-up behind a knee.

Ross had one first place, the 4x800 relay team of Kurt Snyder, Jeremiah Wagner, Clint Hill and Dan Snyder. The foursome finish in 8 minutes, 17.4 seconds.

"We were hoping they would have run a little faster," Elder said, "but the windy conditions were a factor. I know their best times at yet to come."

Brandon Willer of Ross was second in the shot put and discus. Sprinter Nate Rhodes scored in four events: second in the 400, fourth in the 100 and 200 and, along with teammates Hill, Harry Liggins and Dane Snyder, finished second in the 4x400.

Dane Snyder was third in the 800 in 2:02.2 and Doug Jibilian ran a personal best time of 4:37.1 while finishing third in the 1600. Wagner finished third in the 3200.

The Little Giants' 4x100 relay team of Jason Strayer, Liggins, Kenny Morisette and Derek Good finished third in 45.7 seconds.

Jerry Cutcher was third in the 300 hurdles and fourth in the 110 hurdles for the Little Giants. Strayer was fourth in the 300 hurdles.

Chis Shull was fourth in the shot put and Shawn Tooman took fourth in the pole vault for Ross.

"Nate (Rhodes), Dane (Snyder) and Brandon (Willer) have been carrying a big part of the load all season," Elder said. "But Doug (Jibilian) had a great mile (1600) today and Clint (Hill) got us points in the 400 (fifth) like we knew he could."

"We are where we should be at this point in the year."

Oregon Clay had a pair of double winners. Bard Mills won the 1600 and 3200 and Brent Combs captured the high and long jumps.

High School Boys

Great Lakes League Meet

TEAM STANDINGS

1-Whitmer 121, 2-Fremont Ross 106, 3-Napoleon 90 1/2, 4-Fostoria 56, 5-Clay 50, 6-Bedford 47 1/2, 7-Sylvania Northview 25.

FIELD EVENTS

Shot put: 1-Matt Leach (W) 49-8 3/4, 2-Brandon Willer (FR) 47-5, 3-Jason Gerken (N) 44-11, 4-Chris Shull (FR) 42-8 3/4, 5-Brad Flowers (N) 42-5 1/2, 6-Jason Clark (F) 42-4 3/4.

Discus: 1-Gerken (N) 150-3, 2-Willer (FR) 137-10, 3-Josh Clabaugh (F) 128-5, 4-Clark (F) 127-6, 5-Tony Recker (N) 123-5, 6-Mike Byerly (FR) 123-3.

High jump: 1-Brent Combs (C) 6-4, 2-Carey Jones (F) 6-2, 3-Alex Gerken (N) 6-0, 4-Earnest Harmon (W) 6-0, 5-Troy Rathge (N) 5-10, 6-Clabaugh (F) 5-10.

Long jump: 1-Combs (C) 20-9, 2-Josh Van Ausdale (N) 20-2, 3-Charles Moses (W) 19-11 1/2, 4-Brian Hudson (W) 19-8 1/4, 5-Justin Conklin (FR) 18-10, 6-Tom Cook (SN) 18-9 1/4.

Pole vault: 1-Preston Lajiness (W) 13-0, 2-Mike Doogs (F) 13-0, 3-Nate Farnell (B) 12-6, 4-Shawn Tooman (FR) 12-6, 5-Rory Coleman (F) 12-6, 6-Bart Dickerson (N) 11-0.

TRACK EVENTS

4x800: 1-Fremont Ross (Kurt Snyder, Jeremiah Wagner, Clint Hill, Dane Snyder) 8:17.4, 2-Whitmer 8:25.2, 3-Clay 8:28.7, 4-Napoleon 8:34.4, 5-Bedford 8:41.3, 6-Sylvania Northview 8:47.1.

110 hurdles: 1-Van Ausdale (N) 15.3, 2-Harmon (W) 15.4, 3-T.J. Galloway (F) 15.4, 4-Jerry Cutcher (FR) 15.7, 5-Dameion Oliver (W) 16.0, 6-Isaac Fears (C) 16.5.

100: 1-Charles Smith (W) 11.1, 2-Dustin Winkler (B) 11.5, 3-Moses (W) 11.6, 4-Nate Rhodes (FR) 11.6, 5-Kelly Morisette (FR) 12.1, 6-Andrew Zehnder (N) 12.4.

1600: 1-Brad Mills (C) 4:30, 2-Jason Gurzynski (SN) 4:32.6, 3-Doug Jibilian (FR) 4:37.1, 4-Shaun Evans (W) 4:44.4, 5-Jeremiah Smith (FR) 4:50.5, 6-Matt Koepfer (B) 4:53.5.

4x100: 1-Whitmer (Smith, Moses, Travis Howell, Oliver) 44.1, 2-Napoleon 45.3, 3-Fremont Ross 45.7, 4-Fostoria 45.8, 5-Bedford 46.2, 6-Sylvania Northview 47.0.

400: 1-Bryan Rawlins (B) 51.9, 2-Rhodes (FR) 52.1, 3-Carey Jones (F) 53.3, 4-A. Gerken (N) 53.4, 5-Hill (FR) 53.9, 6-Oliver (W) 54.5.

300 hurdles: 1-Galloway (F) 41.2, 2-Harmon (W) 42.1, 3-Cutcher (FR) 42.3, 4-Jason Strayer (FR) 43.2, 5-Dan Rodriguez (N) 43.4, 6-Brian Sorgen (SN) 44.3.

800: 1-Rathge (N) 1:59.3, 2-Gurzynski (SN) 2:01.9, 3-D. Snyder (FR) 2:02.2, 4-Matt Henry (W) 2:06.9, 5-Jimmy Lopez (SN) 2:07.1, 6-K. Snyder (FR) 2:08.1.

200: 1-Smith (W) 22.6, 2-Van Ausdale (N) 23.4, 3-Travis Howell (W) 23.6, 4-Rhodes (FR) 23.6, 5-Winkler (B) 24.1, 6-Rawlins (B) 24.3.

3200: 1-Brad Mills (C) 9:51.9, 2-Jesse Elzinga (B) 9:58.3, 3-Wagner (FR) 10:10.2, 4-Mike Wisnewski (B) 10:20.3, 5-Todd Schaefer (C) 10:32.0, 6-Kory Storch (N) 10:33.3.

4x400: 1-Whitmer (Oliver, Phil Mishka, Smith, Moses) 3:32.2, 2-Fremont Ross 3:35.4, 3-Napoleon 3:35.4, 4-Sylvania Northview 3:42.0, 5-Bedford 3:45.0, 6-Clay 3:49.5.

High School Girls

Great Lakes League Meet

TEAM STANDINGS

1-Fremont Ross 133, 2-Whitmer 127, 3-Fostoria 65, 4-Bedford 56, 5-Napoleon 51, 6-Clay 50, 7-Sylvania Northview 14.

FIELD EVENTS

Shot put: 1-Teri Girrell (W) 38-7 1/4, 2-Laura Weaver (B) 37-3 1/4, 3-Trisha Shea (B) 36-5, 4-Jessie Sheeran (F) 34-3 1/4, 5-Bethany Manter (N) 33-3, 6-Sarah Wiechers (N) 32-10 1/4.

Discus: 1-Girrell (W) 140-1 (Record), 2-Manter (N) 124-1, 3-Sheeran (F) 119-0, 4-Shea (B) 115-5, 5-Weaver (B) 98-10, 6-Jena Adams (N) 97-9.

High jump: 1-Morgan Buckner (B) 5-2, 2-Chris Chaney (F) 4-8, 3-Jackie Sabecki (W) 4-8, 4-Beth Kohler (C) 4-8, 5-Jamie Samuels (C) 4-6, 6-Tori Kille (FR) 4-6.

Long jump: 1-Shannon Heidelberg (FR) 15-6, 2-Marcy Reinholt (FR) 15-2 3/4, 3-Cindy Stalker (W) 14-9 1/2, 4-Kelly Gladieux (W) 14-2 1/4, 5-Kara Damman (N) 13-11 3/4, 6-Sonique Smith (F) 13-10 1/2.

TRACK EVENTS

4x800: 1-Fremont Ross (Sarah Williams, Alison Kelly, Carey Gill, Jami Toeppe) 9:54.6, 2-Napoleon 10:14.5, 3-Sylvania Northview 10:28.5, 4-Whitmer 10:41.8, 5-Clay 10:45.4, 6-Bedford 11:29.0.

100 hurdles: 1-Tonya Elder (FR) 15.7, 2-Kristi Belegren (C) 15.8, 3-Buckner (B) 15.9, 4-Gladieux (W) 17.0, 5-Brienne Arreguin (N) 17.5, 6-Jenny Kummerer (F) 17.5.

100: 1-Reinholt (FR) 12.9, 2-Carla Garcia (W) 12.9, 3-Mandy McCumber (F) 12.9, 4-Shawndra Owens (W) 13.0, 5-Shea (B) 13.2, 6-Kille (FR) 13.3.

4x200: 1-Whitmer (Garcia, Sherri Whitcomb, Lisa Smith, Owens) 1:50.4, 2-Fostoria 1:53.2, 3-Napoleon 1:54.9, 4-Clay 1:55.0, 5-Sylvania Northview 1:56.4, 6-Bedford 1:58.8.

1600: 1-Toeppe (FR) 5:27.2, 2-Katie Sekinger (C) 5:38.6, 3-Erin Benner (W) 5:39.4, 4-Kristyn Warner (FR) 5:39.4, 5-Amy Vernace (N) 5:45.0, 6-Susan Bostelman (N) 5:58.9.

4x100: 1-Whitmer (Garcia, Whitcomb, Smith, Owens) 51.5, 2-Fremont Ross 51.6, 3-Fostoria 51.8, 4-Bedford 52.4, 5-Sylvania Northview 54.1, 6-Napoleon 55.4.

400: 1-Elizabeth Edinger (W) 1:02.1, 2-Lindsey Heigel (W) 1:03.0, 3-Meghan Stroman (F) 1:05.4, 4-Sarah Bostelman (N) 1:06.0, 5-Terrell Johnson (F) 1:06.1, 6-Martha Huffman (FR) 1:06.9.

300 hurdles: 1-Kohler (C) 48.6, 2-Elder (FR) 49.4, 3-Belegren (C) 50.1, 4-Melissa Miller (B) 50.4, 5-Suzanne Snyder (W) 51.3, 6-Jenny Hartley (F) 52.4.

800: 1-Williams (FR) 2:27.6, 2-Gill (FR) 2:32.4, 3-Leslie Keane (B) 2:33.7, 4-Megan Taylor (B) 2:35.0, 5-Cassandra Kenning (N) 2:36.5, 6-Lisa Grudzinski (W) 2:39.1.

200: 1-McCumber (F) 27.2, 2-Garcia (W) 27.4, 3-Heidelberg (FR) 28.2, 4-Whitcomb (W) 28.7, 5-Anne Nguyen (SN) 29.2, 6-Alicia Tingley (B) 29.4.

3200: 1-Toeppe (FR) 12:01.7, 2-Kelly (FR) 12:20.1, 3-Sekinger (C) 12:25.4, 4-Erin Benner (W) 12:26.7, 5-Vernace (N) 12:26.9, 6-Peggy Gonzalez (N) 12:39.8.

4x400: 1-Fremont Ross (Williams, Gill, Elder, Reinholt) 4:16.0, 2-Whitmer 4:22.3, 3-Fostoria 4:26.1, 4-Napoleon 4:30.6, 5-Sylvania Northview 4:30.7, 6-Bedford 4:41.6.