

1999 Season Review...

Moran has high expectations for Ross swimmers

By **MICHAEL PIDANICK**
Staff writer

Experience-wise, Fremont Ross's boys and girls swimming teams will have varying amounts this season. Still, coach Phil Moran has equally high expectations for both.

The boys team has eight upperclassmen, while the girls will rely heavily on a group of 10 incoming freshmen.

Moran said the boys team is probably the best boys squad team he has had during his five-year tenure.

"I have high expectations," Moran said. "We have the

potential to knock off some school records that have been around for 12 or 15 years."

Senior Brett Spicer will swim in the 200 and 500 meter races, senior Pryde Yost will participate in the 50 and 100 meter races and senior Josh Tooman will swim the backstroke. The Little Giants will also have senior Aron Oszbald, a foreign exchange student from Hungary, who will swim the freestyle.

John Oliver, another senior, will compete in the diving events. The Little Giants lost state-qualifying divers Ryan

Newman and Kyle Fisher to graduation.

"Those were points that we used to count on," Moran said. "John has stepped it up and switched to diving to help us out. He's doing pretty well."

Ross also has a "good group of juniors," Moran said, led by Josh Fate, who can do just about anything. Other juniors include Buck Young, a freestyle and backstroke swimmer, J.J. Glaspy, a distance freestyler and Matt Clark, a steadily improving freestyler.

Several sophomores will also be expected to step it up in the

"We have the potential to knock off some school records."

— Phil Moran
Ross swimming coach

freestyle events: Danny Schrickel, Dave Moore, Adam Bundschuh, Seth Geib and Brent Tooman. Freshmen Paul Nalley and Mervin Forbes will also contribute heavily to Moran's team.

See ROSS GIRLS, B3

Ross girls move on without O'Connor

Continued from B1

Despite losing five-time all-American Molly O'Connor, Moran feels his girls team will be better in dual meets.

"I'm pretty excited," Moran said. "I think everyone will have to step it up. It will be more of a team concept. We relied a lot on Molly last year."

Senior Jenny Schaaf will swim the sprint freestyle, senior Nicole Farrell is an "all-around good swimmer", according to Moran, and Amy Barnes, a transfer from South Carolina, will provide speed in distance freestyle races.

Juniors Courtney Abbott, Rachel Rush and Beth Hoelzle will swim the freestyle, and Abby Cominsky will participate in the freestyle and breaststroke.

Junior Jenny Straight and sophomore Nicki Straight will handle the diving for the girls team.

Six sophomores will also be counted on quite a bit. Meg Nalley will swim the freestyle, Sarah Cochey and Erin Weatherby will participate in the breaststroke, Kristen Sachs will swim the backstroke, Noelle Stroempl, a transfer from Port Clinton, will compete in the freestyle and backstroke.

Morgan O'Connor, Molly's sister, leads the group of freshmen. Sarah Berger, Kristen Van Dyne, Tia Gilson, Anna Obregon, Sam Glasby, Nicki Straight, Erika Parker, Rachel Sachs and Amber Barnes will also see plenty of action.

Ross girls third at NWOAC relays

Little Giant boys
finish fourth

News-Messenger reports

NAPOLEON — The Fremont Ross girls swimming team got seven top-5 finishes to place third at the NWOAC relays on Saturday.

Host Napoleon won the event, Notre Dame finished second and Sylvania Northview finished fourth. Oak Harbor finished seventh.

The finish was the best ever for the Ross girls at the meet, and the first time in team history that the Little Giants have beaten Northview. The team made 8-of-9 goal times in what coach Phil Moran called a "good start."

High finishers for the Little Giants were Amy Barnes, second in the 500 freestyle in 5:31, and the 200 freestyle relay team of Barnes, Beth Hoelzle, Courtney Abbott and Jenny Schaaf, second in 1:49.73.

Third place Ross finishers were divers Jenny Straight and Rachel Rusch, the 800 freestyle relay team of Tia Gilson, Nicole Farrell, Morgan O'Connor and Barnes, and the 400 freestyle relay team of Abbott, Hoelzle, Gilson and Schaaf.

The 400 medley relay team of O'Connor, Farrell, Abbott and Sarah Berger finished fourth, and the 300 breaststroke relay team of Abby Cominsky, Sarah Cochey, Erin Weatherby and Sam Glaspy finished fifth.

The Ross boys team also got off to a solid start at the relays, finishing fourth behind Napoleon, Sandusky Perkins and Northview. The Little Giants got five top-5 finishes, and hit 6-of-9 goal times.

Two relay teams finished second for the boys, the 800 freestyle team of Josh Fate, Brett Spicer, Buck Young and Pryde Yost, and the 200 freestyle team of Yost, Spicer, Fate and Dan Schrickel. The 300 freestyle team of J.J. Glaspy, Josh Tooman, Jon Oliver and Aron Ozsvald finished third.

Also, the 300 medley team of Fate, Yost and Buck Young placed fourth, and the 400 medley team of Young, Glaspy, Ozsvald and Schrickel was fifth.

Ross hosts Tiffin Columbian on Tuesday.

SWIMMING

High School Boys

NWOAC Relays

at Napoleon High School

Team ranking through event 20

1-Napoleon 132; 2-Perkins 84; 3-Northview 74; 4-Ross 46; 5-Sandusky 30; 6-St. John's 26; 7-Shawnee 22; 8-Port Clinton 12; 9-Southview 6; 10-Ayersville 2

Senior 400 R-Medley

5-Ross (Buck Young, J.J. Glaspy, Aron Ozsvald, Dan Schrickel), 4:16.64; 8-Port Clinton 4:57.80

Senior 800 R-Free

2-Ross (Josh Fate, Brett Spicer, Buck Young, Pryde Yost), 7:56.72

Senior 300 R-Medley

4-Ross (Josh Fate, Buck Young, Pryde Yost), 3:03.44; 6-Port Clinton 3:21.26; 9-Oak Harbor 3:43.39

Senior 200 R-Free

2-Ross (Pryde Yost, Brett Spicer, Dan Schrickel, Josh Fate), 1:36.25; 10-Port Clinton 2:06.65; DQ-Oak Harbor

Senior 300 R-Fly

3-Ross (J.J. Glaspy, Josh Tooman, Jon Oliver, Aron Ozsvald), 3:07.08

Senior 500 R-Free

4-Port Clinton 5:19.83; 6-Ross (Brett Spicer), 5:32.38; 9-Oak Harbor 6:20.54

Senior 300 R-Breast

5-Port Clinton 3:40.44; 8-Ross (Dan Schrickel, Paul Nalley J.J. Glaspy, Seth Geib), 3:43.14; DQ-Oak Harbor

Senior 400 R-Free

6-Ross (Adam Bundschuh, Paul Nalley, Seth Geib, Josh Tooman), 4:08.74; 8-Port Clinton 4:50.43; 9-Oak Harbor 5:04.73

Swimming

High School Girls

NWOAC Relays at Napoleon High School

Team rankings through event 20

1-Napoleon 118; 2-Notre Dame 88; 3-Ross 54; 4-Northview 52; 5-Perkins 38; 6-Shawnee 34; 7-Oak Harbor 22; 8-Sandusky 12; 8-Port Clinton 12; 10-Southview 8

Senior 1 M Diving

3-Ross (Jenny Straight, Rachel Rusch), 8.00

Senior 400 R-Medley

4-Ross (Morgan O'Connor, Nicole Farrell, Sarah Berger, Courtney Abbott), 4:45.97; 8-Oak Harbor 5:09.04; 9-Port Clinton 5:35.03

Senior 800 R-Free

3-Ross (Tia Gilson, Nicole Farrell, Morgan O'Connor, Amy Barnes), 9:04.26; 5-Oak Harbor 9:10.89; 11-Port Clinton, 10:49.31

Senior 300 R-Medley

6-Ross (Meg Nalley, Kristen Van Dyne, Beth Hoelzle), 3:43.80; 7-Oak Harbor 3:47.82; 11-Port Clinton 4:03.55

Senior 200 R-Free

2-Ross (Jenny Schaaf, Courtney Abbott, Beth Hoelzle, Amy Barnes), 1:49.73; 3-Oak Harbor 1:51.06; 4-Port Clinton 1:52.19

Senior 300 R-Fly

6-Oak Harbor; 7-Ross (Sam Glaspy, Kristen Van Dyne, Sarah Berger, Meg Nalley), 3:43.27; 11-Port Clinton 4:30.29

Senior 500 R-Free

2-Ross (Amy Barnes), 5:31.48; 5-Port Clinton 5:44.20; 9-Oak Harbor 6:36.33

Senior 300 R-Back

6-Port Clinton 3:47.17; 7-Oak Harbor 3:49.27; 8-Ross (Kristen Sachs, Erica Showalter, Amber Barnes, Noelle Stroempl), 3:52.24

Senior 300 R-Breast

5-Ross (Abby Cominsky, Sarah Cochey, Erin Weatherby, Sam Glaspy), 4:08.01; 9-Port Clinton 4:30.52; 10-Oak Harbor 4:34.11

Senior 400-Free

3-Oak Harbor 4:06.87; 4-Ross (Courtney Abbott, Beth Hoelzle, Tia Gilson, Jenny Schaaf), 4:09.30; 7-Port Clinton 4:12.90

Ross perfection intact

Little Giants sweep Columbian

By KYLE TIMMONS
News-Messenger correspondent

Fremont Ross swimmer Brett Spicer said that one of the Little Giants' team goals this season was to finish with a perfect record in dual meets.

The Ross boys and girls swimming teams both won their meets with Tiffin Columbian at Fremont Middle School on Tuesday, and now have one less meet to worry about.

The Little Giants boys beat the Tornadoes 79-13, winning all 11 events, while the girls won 63-31, winning 9 of 11 events.

"We're hoping to go undefeated," Spicer said. "We have two or three tough meets, but I think all of our guys and our girls can both rise to the occasion, and we can beat some of the best people in the state."

Spicer placed first in the 100 butterfly with a time of 1:03.68. Spicer also was part of the first place finishes of the 400 freestyle relay and 200 medley relay.

Matt Clark, Josh Fate and Buck Young were the other members of the 400 freestyle team, which finished in 3:57.96.

In the girls 200 medley relay, Amy Barnes, Nicole Farrell, Morgan O'Connor and Jenny Schaaf took first place with a time of 2:04.81.

"I felt that I swam good for this meet," Farrell said.

Farrell, who also finished second in the 100 butterfly and first in the 100 breaststroke, said she has high hopes for her team.

"As a team we have a lot of depth," said Farrell. "Hopefully we can have a really successful season in dual meets and place well in districts."

Ross coach Phil Moran is also optimistic about this year.

"I'm pretty excited," said Moran. "We have not had this strong of team since I've been here, in terms of depth."

"That is going to keep us in a lot of meets this year. We haven't done too well in dual meets over the past couple of years."

Ross, which lost to Columbian last year in a dual meet, received some motivation from Moran.

"I put a lot of pressure on the younger kids," Moran said. "I told them we got beat last year, we don't want to get beat this year, so we better step it up a bit."

Moran, who swam some of his younger swimmers to give them some experience, said his team responded well.

"They really stepped it up and did a nice job," he said.

Columbian coach Ben Lusk said that he was pleased with his teams' performances, despite the losses.

"I think we did excellent for our first

Tuesday

Ross79-63

Columbian13-31

Next

Ross at Northview,
Saturday, 12 p.m.



News-Messenger/Andrew Morrison

AMY BARNES swims the backstroke during the girls 200 medley relay. Both the Ross boys and girls swimming teams won their meets with Tiffin Columbian on Tuesday.

meet," Lusk said. "We had a lot of seniors graduate last year. It was a great way to get to know a lot of our swimmers."

Moran said he was happy with the performance of Courtney Abbott.

"She has been trying to break a minute (100 freestyle) for quite a while now," Moran said. "She finally did it today."

"She put her head down the last 15 yards or so, and she did it by a couple of tenths. We were pretty excited for her."

Abbott finished in 59.83 seconds, placing first in the event. Abbott was also part of the 400 freestyle relay which placed first and the winning 200 freestyle relay.

Barnes, O'Connor and Schaaf were also on the 400 freestyle relay team which finished with a time of 4:03.46.

Another factor working in the Giants' favor was the support of both swimmers

and fans at Fremont Middle School.

"I think everybody swam real well today and a lot of people were cheering," said Spicer. "That's one thing that hasn't happened in previous years."

"Some people just worry about themselves, but everybody is cheering for each other this year, and that's really good."

Moran also praised the fan support.

"You don't need a lot of people to fill this place, but we had it jam-packed," said Moran. "It was nice to have a big crowd."

Ross competes once more at home this season, against Sandusky on Jan. 12. The teams' next competition is Saturday at Sylva Northview.

And coach Moran, what about that undefeated season?

"It's realistic, but its going to be tough," he said.

Swimming

High School Girls

Ross 63, Tiffin Columbian 31

200 Medley Relay—1, Ross (Amy Barnes, Nicole Farrell, Morgan O'Connor, Jenny Schaaf) 2:04.81; 200 Freestyle—1, Amy Barnes (R) 2:04.99; 200 IM—1, Tia Gilson (R) 2:41.69; 50 Free—Schaaf (R) 27.43; 100 Fly—Comer (TC) 1:10.13; 100 Free—Courtney Abbott (R) 59.83; 500 Free—Amy Barnes (R) 5:32.32; 200 Free Relay—1, Ross (Schaaf, Beth Hoelzle, Meg Nalley, Abbott) 1:52.29; 100 Back—1, Fraley (TC) 1:13.60; 100 Breast—1, Farrell (R) 1:17.93; 400 Free Relay—Ross (Barnes, O'Connor, Abbott, Schaaf) 4:03.46

High School Boys

Ross 79, Tiffin Columbian 13

200 Medley Relay—1, Ross (Brett Spicer, Dan Schrickel, Pryde Yost, Mervin Forbes) 1:56.97; 200 Freestyle—1, Josh Fate (R) 1:59.45; 200 IM—1, Buck Young (R) 2:22.66; 50 Free—1, Paul Nalley (R) 28.96; 100 Fly—1, Spicer (R) 1:03.68; 100 Free—1, Tooman (R) 59.91; 500 Free—1, Schrickel (R) 6:10.40; 200 Free Relay—Ross (Fate, Moore, Tooman, Nalley) 1:48.20; 100 Back—1, Jon Oliver (R) 1:07.70; 100 Breast—1, Yost (R) 1:11.67; 400 Free Relay—Ross (Spicer, Clark, Fate, Young) 3:57.96

Little Giant boys knock off Northview

News-Messenger reports

SYLVANIA — The Fremont Ross boys swimming team recorded its first win over Sylvania Northview in over 20 years Saturday, beating the Wildcats 97-86.

"Basically, the current members of this team weren't even born the last time we won against Northview," said Ross coach Phil Moran, whose team improved to 2-0.

The Little Giants got four individual first place finishes, and two relay teams won their races.

Brett Spicer won the 200 freestyle with a time of 2:12.04, Pryde Yost won the 200 individual freestyle in 2:23.61 and 100 freestyle in 57.69, and Buck Young won the 100 backstroke in 1:06.66. The 200 freestyle relay team of Yost, Spicer, Josh Fate and Dan Schrickel won in 1:46.98, and the 400 freestyle relay team of Yost, Spicer, Young and Fate won in 3:59.57.

Recording second place finished for Ross were the 200 medley relay team of Young, Schrickel, Aron Ozsvold and J.J. Glaspy, Schrickel in the 50 freestyle and Fate in the 500 freestyle.

The Ross girls lost a narrow decision to Northview, 91-85.

"We gave it a great run and finished strong," said Moran. "It's the closest we've ever been to them."

Ross wasn't swimming its strongest lineup, as two athletes swam cold after taking the ACT in Fremont. Another swimmer missed the meet with a family engagement.

Amy Barnes was a standout for the Little Giants, winning the 200 freestyle in 2:14.05, the 500 freestyle in 6:08.13 and helping the 100 breaststroke team finish first in 4:27.33. Courtney Abbott, Morgan O'Connor and Sarah Berger were the other members of the 100 breaststroke team.

Abbott also won the 50 freestyle in 29.57.

Second place finishers for Ross included Nicole Farrell in the 100 butterfly, Noelle Stroempl in the 100 backstroke and the 200 freestyle relay team of O'Connor, Abbott, Barnes and Beth Hoelzle.

"The team swam with a lot of heart today, and they made a lot of positive progress," Moran said.

SWIMMING

Swimming High School Boys

Ross 97, Northview 86

Ross Finishers

200-MEDLEY RELAY—1. (Buck Young, Dan Schrickel, Aaron Ozsvold, J.J. Glaspy) 2:04.14, 5. (Bundschuh, Geib, Tooman, Nalley) 2:16.66
200 FREE—1. Spicer 2:12.04, 3. Young 2:15.33, 5. Brent Tooman 2:38.21
200 INDIVIDUAL FREE—1. Fate 2:23.61, 3. Glaspy 2:40.96, 6. Josh Tooman 2:52.49
50-FREE—1. Yost 25.33, 2. Schrickel 26.79, 4. Nalley 31.72
1-METER DIVING—2. Jon Oliver 1:23.10
100-FLY—2. Oliver 1:07.70, 4. Ozsvold 1:11.43, 5. Josh Tooman 1:21.83
100-FREE—1. Yost 57.69, 3. Schrickel 1:00.33, 5. Bundschuh 1:05.91
500-FREE—2. Fate 5:48.02, 4. Glaspy 6:23.96, 5. Nalley 7:26.05
200-FREE RELAY—1. (Yost, Schrickel, Spicer, Fate) 1:46.98
100-BACK—1. Young 1:06.66, 3. Spicer 5. Bundschuh 1:20.81
100-BREAST—3. Geib 1:24.51, 5. Brent Tooman 1:34.74
400-FREE RELAY—1. (Yost, Spicer, Young, Fate) 3:59.57, 4. (Ozsvold, Bundschuh, Glaspy, Oliver) 4:17.16, 6. (Brent Tooman, Forbe's, Clark, Geib) 5:07.60

High School Girls

Northview 91, Ross 85

Ross Finishers

200-MEDLEY RELAY—3. (O'Connor, Glaspy, Berger, VanDyne) 2:30.30, 4. (Obregon, Shawalter, Nalley, Parker) 2:38.41
200-FREE—1. Barnes 2:14.05, 4. O'Connor 2:33.34
200- INDIVIDUAL FREE— 4. Gilson 2:57.67, 5. VanDyne 3:06.54
50-FREE—1. Abbott 29.57, 2. Hoelzle 31.23, 3. Stroempl 31.63
1-METER DIVING—1. Jenny Straight 191.80, 5. Rachel Rusch 148.30, 6. Nicki Straight 97.85
100-FLY—2. Farrell 1:18.38, 4. Nalley 1:29.27, 5. Berger 1:29.53
100-FREE—3. Abbott 1:01.58, 4. Hoelzle 1:11.52, 5. Glaspy 1:13.35
500-FREE—1. Barnes 6:08.13, 5. Gilson 7:01.97, 6. Nalley 7:18.58
200-FREE RELAY—2. (O'Connor, Abbott, Hoelzle, Barnes) 2:02.12, 6. (Obregon, Sachs, Showalter, Parker) 2:28.59
100-BACK—2. Stroempl 24.63, 3. VanDyne 25.03
100-BREAST — 1. (Barnes, Abbott, O'Connor, Berger) 4:27.33, 4. (Gilson, Nalley, Farrell, VanDyne) 4:47.36, 6. (Cominsky, Sachs, Stroempl, Cochey) 5:31.41

Ross boys win triangular meet

Oak Harbor girls sweep

News-Messenger reports

PORT CLINTON — The Fremont Ross boys swimming team got strong performances from Pryde Yost and several other swimmers to win the Port Clinton Triangular Tuesday, beating Port Clinton 101-74 and Oak Harbor 11-38.

The Ross girls team split on the day, beating Port Clinton 116-66 and losing to Oak Harbor 106-78.

"The boys improved to 4-0, which was kind of expected," said Ross coach Phil Moran. "The girls swam well, and were in the meet with Oak Harbor. We haven't been in the meet for years. Everybody swam pretty well.

Leading the way for the Little Giant boys was the 200 freestyle relay team of Yost, Josh Fate, Dan Schrickel and Brett Spicer, which set a pool record of 1:35.10.

"They were pretty excited about that," said Moran.

Leading the relay team was Yost, who led off with a 22.9 split. Yost also won the 50 freestyle in 22.7, the first two times he had broken the 23-second mark in dual meet competition.

"That's pretty impressive, to do that in one meet," Moran said.

Also recording wins for Ross were Buck Young (200 freestyle), Aron Ozsvold (100 butterfly) and Schrickel (500 freestyle). Jon Oliver (diving), J.J. Glaspy (200 freestyle), Paul Nalley (100 freestyle), Brent Tooman (500 freestyle), Adam Bundschuh (100 backstroke), Schrickel (100 breast-

stroke) and the 400 freestyle relay team all finished second in their events.

Amy Barnes led the Ross girls team, winning the 200 intermediate medley and 500 freestyle. Jenny Straight was also a first-place finisher for Ross, topping the divers with 203.20.

Coming in second for Ross were Courtney Abbott (50 freestyle, 100 freestyle), the 200 freestyle relay team of Abbott, Barnes, Jenny Schaaf and Beth Hoelzle, and the 400 freestyle relay team of Abbott, Barnes, Schaaf and Morgan O'Connor.

For Oak Harbor, senior Lindsay Lange set a school record in the 100-yard freestyle, won the 100 breaststroke and swam on two winning relay teams.

Lange took first in the 100 free in 54.63 seconds, breaking Melanie

Hamann's previous school record set in 1994.

Lange teamed with Andrea Lajti, Leanne Ernsthausen and Jackie Baumgartner to win the 200 medley relay.

Lange also anchored the winning 400 free relay team that included Amber Noggle, Francine Darr and Kelly Van Horn.

Kelly Van Horn won the 50 free and 100 butterfly and anchored the Rockets' winning 200 free relay that included Amber Noggle, Lajti and Janelle Montano. Lajti won the 100 backstroke and Francine Darr won the 200 free.

Both teams travel to Cleveland this weekend for the Viking Invitational, featuring the top teams from around the state.

"If you make the finals, you have a good shot at getting to state," Moran said.



News-Messenger/Atolia Deans

JON OLIVER of Fremont Ross placed second in the diving competition Tuesday at Port Clinton.

Swimming

High School Boys

Port Clinton triangular

TEAM SCORES: Port Clinton 117, Oak Harbor 45; Fremont Ross 101, Port Clinton 74; Fremont Ross 111, Oak Harbor 38.

200 medley relay: 1-Ross (Buck Young, Seth Geib, Brett Spicer, Paul Nalley) 2:00.39, 2-Ross 2:05.91, 3-Port Clinton (Dean Gordon, Johannes Achenbach, Tim Root, Zach Riedmaier) 2:10.20.

200 free: 1-Buck Young (FR) 2:05.80, 2-J.J. Glaspy (FR) 2:11.17, 3-Rob Zajac (PC) 2:12.47.

200 IM: 1-Marc Heller (PC) 2:08.03 (new school record), 2-Josh Fate (FR) 2:09.21, 3-Tim Root (PC) 2:36.66.

50 free: 1-Pryde Yost (FR) 22.71, 2-Keith Conte (PC) 26.13, 3-David Moore (FR) 28.39.

Diving: 1-Dean Gordon (PC) 153.70, 2-Jon Oliver (FR) 105.2, 3-Rich Clemens (PC) 122.85.

100 fly: 1-Aron Ozsvald (FR) 1:04.20, 2-Tim Root (PC) 1:10.09, 3-Keith Conte (PC) 1:17.69.

100 free: 1-Rob Zajac (PC) 58.88, 2-Paul Nalley (FR) 1:03.35, 3-Nathan Frey (PC) 1:05.95.

500 free: 1-Dan Schrickel (FR) 5:49.82, 2-Brent Tooman (FR) 6:30.71, 3-Zach Riedmaier (PC) 6:45.92.

200 free relay: 1-Ross (Pryde Yost, Brett Spicer, Josh Fate, Dan Schrickel) 1:34.10 (new pool record), 2-Port Clinton (Marc Heller, Rob Zajac, Tim Root, Keith Conte) 1:46.95, 3-Ross 1:51.59.

100 back: 1-Zach Gloer (OH) 1:09.23, 2-A. Bundschuh (FR) 1:11.77, 3-Josh Tooman (FR) 1:13.58.

100 breast: 1-Marc Heller (PC) 1:06.19, 2-Dan Schrickel (FR) 1:10.64, 3-Nathan Lange (OH) 1:13.10.

400 free relay: 1-Ross (Pryde Yost, J.J. Glaspy, Buck Young, David Moore) 3:57.22, 2-Ross 4:06.34, 3-Port Clinton (Rob Zajac, Keith Conte, Zach Riedmaier, Marc Heller) 4:07.30.

High School Girls

Port Clinton triangular

TEAM SCORES: Oak Harbor 124, Port Clinton 52; Fremont Ross 116, Port Clinton 66; Oak Harbor 106, Fremont Ross 78.

200 medley relay: 1-Oak Harbor (Andrea Lajti, Lindsay Lange, Leanne Ernsthausen, Jackie Baumgartner) 1:58.75, 2-Port Clinton (Laura Obenauf, Jessica Drusbacky, Joanna Hurrell, Beth Geiger) 2:09.11, 3-Ross 2:09.29.

200 free: 1-Francine Darr (OH) 2:09.85, 2-Amber Noggle (OH) 2:11.81, 3-Morgan O'Connor (FR) 2:14.84.

200 IM: 1-Amy Barnes (FR) 2:22.26, 2-Andea Lajti (OH) 2:23.58, 3-Nicole Farrell (FR) 2:33.98.

50 free: 1-Kelly Van Horn (OH) 25.88, 2-Courtney Abbott (FR) 27.07, 3-Jenny Schaaf (FR) 27.64.

Diving: 1-Jenny Straight (FR) 203.20, 2-Ashley Short (OH) 165.05, 3-Rachael Rusch (FR) 149.75.

100 fly: 1-Kelly Van Horn (OH) 1:01.62, 2-Jessica Drusbacky (PC) 1:03.92, 3-Nicole Farrell (FR) 1:11.20.

100 free: 1-Lindsay Lange (OH) 54.63 (new school record), 2-Courtney Abbott (FR) 1:00.27, 3-Jenny Schaaf (FR) 1:01.79.

500 free: 1-Amy Barnes (FR) 5:31.79, 2-Francine Darr (OH) 5:47.22, 3-Morgan O'Connor (FR) 5:59.89.

200 free relay: 1-Oak Harbor (Amber Noggle, Andrea Lajti, Janelle Montano, Kelly Van Horn) 1:46.19, 2-Ross (Courtney Abbott, Jenny Schaaf, Beth Hoeltzle, Amy Barnes) 1:48.20, 3-Oak Harbor 1:56.14.

100 back: 1-Andrea Lajti (OH) 1:04.81, 2-Laura Obenauf (PC) 1:08.91, 3-Angie Benner (OH) 1:15.17.

100 breast: 1-Lindsay Lange (OH) 1:07.97, 2-Jessica Drusbacky (PC) 1:19.25, 3-E. Weatherby (FR) 1:22.40.

400 free relay: 1-Oak Harbor (Amber Noggle, Francine Darr, Kelly Van Horn, Lindsay Lange) 3:52.85, 2-Ross (Amy Barnes, Courtney Abbott, Jenny Schaaf, Morgan O'Connor) 4:00.18, 3-Port Clinton (Beth Geiger, Nicole Wood, Laura Obenauf, Jessica Drusbacky) 4:06.17.

Yost, Barnes lead Ross

News-Messenger reports

CLEVELAND — Pryde Yost and Amy Barnes were the top finishers for the Fremont Ross swimming team at Saturday's Viking Invitational.

Yost made the finals in the 50 and 100 freestyle, and Barnes qualified for the 200 and 500 freestyle finals.

"Pryde Yost swam three 50 freestyles in under 23 seconds," said Ross coach Phil Moran. "That's a great accomplishment for him to do that in one day."

Also turning in a strong performance was the 200 freestyle relay team of Yost, Brett Spicer, Dan Schrickel and Josh Fate, which finished 11th

in 1:33.26. The team missed the finals by .10 seconds.

Yost, Spicer, Fate and Buck Young powered the 400 freestyle relay team to a 13th place finished in 3:31.58.

The girls 200 freestyle relay team of Jenny Schaaf, Courtney Abbott, Beth Hoelzle and Barnes finished 16th in 1:47.12, and the 400 freestyle relay team of Barnes, Abbott, Schaaf and Morgan O'Connor was 21st in 3:58.06.

"This meet is a great predictor of who's going to be going to state, and our kids did a really nice job," Moran said. "We are swimming some of the fastest times we've ever swam for this time of year."

Swimming

High School Girls

Viking Invitational

Ross results

Finals qualifiers

200 Free — 14, Amy Barnes 2:00.82

500 Free — 20, Barnes 5:30.18.

Preliminary results

200 Medley relay — 39, Beth Hoelzle, Nicole Farrell, Meg Nalley, Morgan O'Connor 2:06.84.

50 Free — 36, Courtney Abbott 26.39; 48, Jenny Schaaf 26.82.

100 Fly — 61, Farrell 1:08.80

200 Free relay — 16, Schaaf, Abbott, Hoelzle, Barnes 1:47.12.

100 Breast — 68, Farrell 1:17.20.

High School Boys

Viking Invitational

Ross results

Finals qualifiers

50 Free — 8, Pryde Yost 22.61.

100 Free — 18, Yost 51.42.

Preliminary results

200 Medley relay — 43, Adam Bundschuh, Seth Geib, Josh Tooman, J.J. Glaspy, 1:58.97.

200 Free — 58, Brett Spicer 1:58.65.

200 IM — 34, Josh Fate 2:08.73.

50 Free — 51, Dan Schrickel 24.27.

100 Free — 69, Schrickel 54.05; 76, Spicer 54.21; 92, Buck Young 56.03.

200 Free relay — 11, Yost, Spicer, Schrickel, Fate 1:33.26.

100 Back — 31, Fate 58.92; Young 1:01.26.

400 Free relay — 13, Yost, Spicer, Fate, Young 3:31.58.

Ross swimmers knock off Massillon Perry

News-Messenger reports

MASSILLON—The Fremont Ross boys and girls swim teams improved their records Tuesday night at Massillon Perry behind strong performances from a variety of different swimmers.

The girls team upped their record to 4-2 defeating the Panthers 105-81.

The 200 medley relay team of Amy Barnes, Morgan O'Connor,

Nicole Farrell and Courtney Abbot swam to a first place finish in 2:20.99.

Farrell would also capture a first place finish in the 100 Butterfly at 1:19.45, and the 500 freestyle in 6:49.30.

O'Connor also swam to a first place finish in the 100 backstroke swimming it in 1:18.59.

Tia Gilson also received a first place finish in the 200 freestyle with a time of 2:35.06.

In the 400 freestyle relay team of Gilson, Meg Nalley, Barnes, and Abbot finished first in 5:17.05.

The girls 200 freestyle relay team also took first as Sarah

SWIMMING

Berger, Jenny Schaaf, Kristen VanDyne, and Gilson finished with a time of 2:08.91.

In the boys' meet, the Little Giants defeated Perry 105-78 to remain undefeated with a 6-0 record.

The boys also won the 200 medley relay in 2:03.37.

Buck Young, Josh Fate, Dan Schrickel, and Pryde Yost anchored the relay team.

Fate also took first in the 200 IM and the 100 Backstroke.

Yost also swam to a first place

finish in the 100 butterfly with a time of 1:07.67.

"It was a good meet," said Ross swim coach Phil Moran. "The kids seem to be recovering from their illnesses."

The boys 400 free style relay team of Brett Spicer, J. J. Glaspy, Josh Tooman and Young also took a first place finish with a time of 1:55.05.

The Little Giants will be in action Jan. 2 at Centerville.

"Hopefully we can start training with a little more intensity before the break is over," said Moran.

In diving, Jenny Straight took

"It was a good meet. The kids seem to be recovering from our illness. Hopefully we can start training with a little more intensity."

— Phil Moran
Ross coach

second place with 199.45 points and Rachel Rusch took third 149.35 points for the girls.

Jon Oliver finished second in the boys diving event with 131.35.

Swimming

High School Girls

Ross 105, Massillon Perry 81

Ross Individual Winners

200-Medley Relay— 1—, (Amy Barries, Morgan O'Connor, Nicole Farrel, Courtney Abbot), 2:20.99; 3—, (Beth Koebel, Sarah Berger, Sam Glaspy, Jenny Schaaf) 2:31.52; 4—, (Anna Obregon, Meg Nalley, Erin Weatherby, Kristen Sachs) 2:37.92

200-Freestyle— 1— Tia Gilson 2:35.06, 4— Abby Cominsky 2:59.79, 5— Kristen Sachs 3:03.20

200-Ind. Medley— 4—Glaspy 3:19.72

50-Freestyle— 4—Amber Barnes 35.78, 3—Anna Obregon 35.71

1 Mtr. Diving— 2—Jenny Straight 199.45, 3—Rachel Rusch 149.35, 6—Nicki Straight 109.35

100-Butterfly- 1—Farrell 1:19.45, 2—O'Connor 1:19.37, 5—Berger 1:29.45

100-Freestyle- 2—Kristen VanDyne 1:10.38, 3—Nalley 1:12.28 5—Sarah Cohey 1:30.33

500-Freestyle— 1—Farrell 6:49.30, 2—Schaaf 6:57.25, 3—Abbot 7:04.52

200-Free Relay— 1— (Berger, Schaaf, Gilson, Van Dyne) 2:08.91, 3— (Cominsky, Weatherby, Barnes, Obregon) 2:13.44

100-Backstroke— 1—O'Connor 1:18.59, 3—Schaaf 1:25.89, 4—Barnes 1:27.79

100-Breaststroke— 2—Glaspy 1:32.19, 4—Weatherby 1:28.53

400-Free Relay— 1— (Gilson, Nalley, Barnes, Abbot) 4:39.30; 3— (Cohey, Glaspy, Hoelzle, Van Dyen) 5:17.05

Record: Ross 4-2.

High School Boys

Ross 105, Massillon Perry 78

Ross top finishers

200 medley relay: 1-Ross (Buck Young, Josh Fate, Dan Schrickel, Pryde Yost) 2:03.37

200 free: 1-(R) Aron Oszvald 2:25.50

200 IM: 1-(R) Fate 3:30.73

50 free: 1-(R) Schrickel 27.39

Diving: 2-(R) Jon Oliver 131.35

100 fly: 1-(R) Yost 1:07.62

100 free: 1-(R) Schrickel 1:01.60

500 free: 1-(R) Young 6:13.72

100 back: 1-(R) Fate 1:09.71

100 breast: 4-(R) Seth Geib 1:26.79

400 free relay: 1-Ross (Brett Spicer, J. Glaspy, Josh Tooman, Young) 1:55.05.

Record: Ross 6-0

Yost fast off the blocks

Swimmer excels in 50, 100 free

By KYLE TIMMONS
News-Messenger correspondent

Picture a hypothetical swimming meet. Visualize the competitors in the 50- or 100-meter freestyle races getting ready to hit the water.

The swimmers toe the block, focus on the race and listen for the starter's signal.

On your mark. Get set. Go.

If Fremont Ross swimmer Pryde Yost is competing, he is most likely off to an early lead.

"Of all the kids I've ever been around, he's the fastest off of the block that I've seen," said Ross coach Phil Moran.

Yost, The News-Messenger Athlete of the Week, said he was not always interested in swimming.

"I started swim to stay in shape for baseball," he said. "I broke a record that year, so I decided to stay with it."

Moran said Yost's development has been a long, but rewarding process.

"It took a long time to get him built up and ready," said Moran. "So for what he's doing now, it's pretty amazing."

Yost, who is Ross's top swimmer in the 50- and 100-meter freestyle, said he is now ready to focus on a state title.

"Since I'm a senior this year I'd like to do well and make the finals at state," said Yost. "I am pretty sure that I'll be able to qualify for state, but I just want to make the top five at state."

However, Yost is not overly confident in his abilities and is rather modest when talking about his skills.

"Everyone thinks that I am super fast," he said. "I don't think I'm that fast. I just like to have fun."

Moran said if Yost continues to work on the finer aspects of swimming, he can become one of the best in the state.

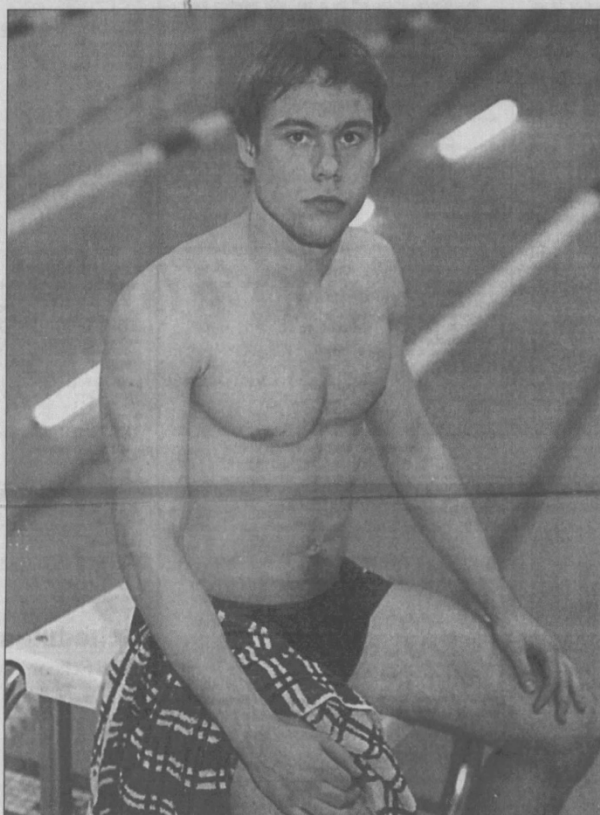
"He has begun concentrating on his stroke and his timing and his body position," Moran said. "Those are the little things that he never used to do. If he continues to do this, this year, I think he'll be pleasantly surprised."

Moran recalled Yost's performance at the Viking Invitational in Cleveland earlier this year and said the aforementioned "little things" affected Yost's finish at the meet.

"He was winning (the 100 freestyle) by a body length over everybody in the state of Ohio in his heat," said Moran. "He was coming up to 75 (meters) when he tightened up and everybody caught him and he finished eighth."

Yost has made many adjustments to his daily routine to prepare for competition, and said they can become strenuous at times.

"I get up at 5 (a.m.)," he said. "We start



News-Messenger/Andrew Morrison

PRYDE YOST is 'the fastest off of the block that I've seen,' said Ross coach Phil Moran.

ATHLETE OF THE WEEK

Pryde Yost profile

School: Ross.
Grade: Senior.

Family: Parents Jeff and Maureen Yost; Sisters Free Star 22, and Aqua 20; Brother Dash 14.

Sports: Swimming, baseball.

Hobbies: Bowling with Derek Wensinger.

practice at 5:45 and go to 7 (o'clock).

"Sometimes we have lifting to 4:30 after school, and we don't get out of (practice) until 7:30."

But for Yost to be competitive at the state

level, Moran said these changes must take place. Moran also said that Yost must develop more physically and become mentally confident.

"His 100 (freestyle) is still questionable," said Moran. "It's just a matter of attitude and preparation."

In the future, Yost said he hopes swimming will provide an opportunity for him in college.

"This will probably be my way into college if I keep my grades up," he said. "I would like to go to Cincinnati since they have a good baseball program."

But before Yost can leave for college, Moran said he would like to see him leave his name in the record books.

"He's got the potential to break some records this year," said Moran.

Little Giants host Sandusky

By KYLE TIMMONS
News-Messenger correspondent

It's not the same intense athletic rivalry that most are familiar with between Fremont Ross and Sandusky, but today's swimming meet at the Fremont Middle school will have plenty of excitement.

"We get along with the Sandusky kids pretty well," said Ross coach Phil Moran. "I can't say that about any other sport here at Ross. These kids need to be competitive, but not cutthroat."

Moran said his team's primary goal for today's meet is to get back into competition and work on individual times after last week's layoff.

"We haven't been in the water (in competition), and they need this swim," he said. "It's not necessarily (Sandusky) we're swimming against, but we'll be looking at the clock a lot, something we do every meet."

Boys swimmer Josh Tooman said today's meet will give him a chance to measure his performance, as well as the team's.

"I want to use my event as a stepping stone," Tooman said. "We would like to stay undefeated as a team."

One of Moran's goals for the meet is to have a new school record.

"We're going to try to break the school record tomorrow in the 500 (freestyle)," he said. "Amy (Barnes) has been at 5:24, but the record is 5:21. She has not yet swam her best time of the year, and I think she is very capable of breaking (5:20) tomorrow."

Beth Hoelzle said beating the Streaks is also important for the girls team.

"It is going real well for the team," Hoelzle said. "This is the best record we've had in a long time."

Moran said Sandusky has several good swimmers, but the team is not as strong as it has been in the past.

"Sandusky is not the Sandusky of old and the Sandusky we're used to," Moran said. "They aren't replacing the kids that they've had."

Ross shakes off layoff



News-Messenger/Andrew Morrison

NOELLE STROEMPL swims the final leg of the girls 200 medley relay in the Little Giants' 53-41 win over Sandusky on Tuesday.

Both Little Giants teams earn wins over Sandusky

By KYLE TIMMONS
News-Messenger correspondent

Thirteen days, 312 hours, or 18,720 minutes — no matter how you look at it, it had been a long time since the Fremont Ross swimming teams had been in competition.

But the nearly two-week break did not catch the Little Giants off guard, as both the boys and girls teams notched victories over Sandusky Tuesday night at Fremont Middle School.

"It feels great," said Ross swimmer Paul Nalley. "We've been out working hard for two weeks and we wanted to go out and show people that we've been working hard."

The Little Giants' hard work paid off as the boys defeated the Streaks 52-42, remaining perfect on the season in dual meets at 7-0.

Sandusky swimmer Andy Cebull was a big contributor for the Streaks, placing first in two events and contributing to the winning 200 medley relay

team.

"Andy is swimming tired," said Sandusky coach Mike Wohl. "He had the wins, and that was probably more important."

Ross coach Phil Moran was impressed with the two-time state qualifier in the 500-freestyle.

"Andy is a competitor," said Moran.

"And if a kid like that gets ahead of you, he's not going to relinquish it."

Cebull proved that in the 200-freestyle as he went stroke-for-stroke with Ross swimmer Brett Spicer.

"Brett had a great 200," Moran said. "He's never gone that fast during the dual meet season. He didn't even go that fast at sectionals last year."

Cebull squeaked in ahead of Spicer in 1:56.87, while Spicer swam it in 1:57.29.

Spicer was also a part of the first place 400-free relay team of Pryde Yost, Dan Schrickel and Josh Fate.

The girls team improved to 5-2, defeating the Streaks 53-41 behind strong performances by the relay teams.

In the 200-medley relay, Morgan O'Connor, Jenny Schaaf, Nicole Farrell and Noelle Stroempler took first place in 2:07.27.

Schaaf also contributed to the Little Giants' victory by taking first place in the 50-free (27.57) and the 100-breast (1:18.06).

"It was fun watching Jenny swim the breast stroke," Moran said. "(The breast stroke) is something she doesn't normally do."

Schaaf was given the opportunity to swim in the event after the senior girls were given the privilege of creating the lineup. Their creativity paid off as they watched some of their younger swimmers contribute to the team.

"It's kind of tough, working so hard in practice and not having anything to show for it."

— Amber Barnes
Ross swimmer

"As a whole, the younger kids did well," said Moran. "We put them in stuff and they swam well."

Other first place finishers for the girls include Amy Barnes in the 200-free (2:03.98) and 500-free (5:26.66), and Nicole Farrell in the 100-fly (1:11.56).

Amber Barnes, who took third in the 100-back (1:18.19), said she was just glad that the team was back in action.

"It's kind of tough," she said. "Working so hard in practice and not having anything to show for it. I am just glad that we got back and swam a meet."

Ross will travel to Napoleon Saturday to compete in the Napoleon Invitational.

Swimming

High School Boys

Ross 52, Sandusky 42

200 Relay: 1-Sandusky (Shawn Dolan, Cooter Patterson, Andy Cebull, Paul Daughy) 1:52.18, 2-Ross (Buck Young, Seth Geib, JJ Glaspy, Adam Bundschuh) 1:56.28, 3-Ross (Josh Tooman, Dan Schrickel, Jon Oliver, Mervin Forbes) 1:59.41

200 Free: 1-Cebull (Sandusky) 1:56.87, 2-Brett Spicer (Ross) 1:57.29, 3-Young (Ross) 2:03.21

200 IM: 1-Patterson (Sandusky) 2:15.27, 2-Glaspy (Ross) 2:26.32, 3-Tooman (Ross) 2:35.11

50 Free: 1-Pryde Yost (Ross) 22.98, 2-Chris Bravard (Sandusky) 26.12, 3-Joel Peugeot (Ross) 27.21

100 Fly: 1-Jon Oliver (Ross) 1:00.55, 2-Tooman (Ross) 1:10.16, 3-Calderon (Sandusky) 1:20.66

100 Free: 1-Yost (Ross) 51.71, 2-Dolan (Sandusky) 54.36, 3-Daughy (Sandusky) 56.32

500 Free: 1-1-Cebull (Sandusky) 5:18.47, 2-Spicer (Ross) 5:29.65, 3-Glaspy (Ross) 5:49.14

200 Free Relay: 1-Ross (Yost, Schrickel, Spicer, Josh Fate) 1:35.78, 2-Sandusky (Dolan, Bravard, Peugeot, Daughy) 1:42.67, 3-Ross (Bundschuh, Matt Clark, Forbes, Paul Nalley) 1:51.96

100 Back: 1-Dolan (Sandusky) 59.27, 2-Fate (Ross) 1:00.11, 3-Young (Ross) 1:04.21

100 Breast: 1-Patterson (Sandusky) 1:12.26, 2-Seth Geib (Ross) 1:15.23, 3-Chris Howard (Sandusky) 1:22.33

400 Free Relay: 1-Ross (Yost, Spicer, Schrickel, Fate) 3:34.47, 2-Sandusky (Patterson, Daughy, Bravard, Cebull) 3:46.74, 3-Bundschuh, Oliver, Forbes, Nalley) 4:10.25

Record: Ross 7-0

High School Girls

Ross 53, Sandusky 41

200 Relay: 1-Ross (Morgan O'Connor, Jenny Schaaf, Nicole Farrell, Noelle Stroempl) 2:07.27, 2-Sandusky (Lisa Rose, Sarah Hohler, Allison Cebull, Jenny Wilke) 2:09.37, 3-Sandusky (Simone Schaner, Maggie Prout, Jamie Drake, Dana Lyons) 2:12.66

200 Free: 1-Amy Barnes (Ross) 2:03.96, 2-Cebull (Sandusky) 2:14.55, 3-Tia Gilson (Ross) 2:19.71

200 IM: 1-Schaner (Sandusky) 2:31.75, 2-Farrell (Ross) 2:31.89, 3-Drake (Sandusky) 2:39.50

50 Free: 1-Schaaf (Ross) 27.57, 2-Stroempl (Ross) 28.29, 3-Wilke (Sandusky) 28.78

100 Fly: 1-Farrell (Ross) 1:11.56, 2-Drake (Sandusky) 1:15.02, 3-Hoeltzle (Ross) 1:23.66

100 Free: 1-Abbott (Ross) 59.03, 2-Wilke (Sandusky) 1:03.25, 3-Prout (Sandusky) 1:04.03

500 Free: 1-Amy Barnes (Ross) 5:26.66, 2-Schaner (Sandusky) 5:51.29, 3-O'Connor (Ross) 6:05.66

200 Free Relay: 1-Ross (Abbott, Schaaf, Hoeltzle, Amy Barnes) 1:50.06, 2-Sandusky (Hohler, Prout, Lyons, Drake) 1:59.91, 3-Sandusky (Jen Dietrich, Virginia Baron, Erin Dolan, Beth Charville) 2:12.94

100 Back: 1-Rose (Sandusky) 1:10.05, 2-Cebull (Sandusky) 1:11.17, 3-Amber Barnes (Ross) 1:18.19

100 Breast: 1-Schaaf (Ross) 1:18.06, 2-Hohler (Sandusky) 1:18.61, 3-Prout (Sandusky) 1:20.69

400 Free Relay: 1-Ross (Gilson, Abbott, O'Connor, Amy Barnes) 4:04.98, 2-Sandusky (Cebull, Lyons, Wilkes, Shauer) 4:18.33, 3-Ross (Sarah Berger, Kristen Sachs, Meg Nalley, Hoeltzle) 4:28.63

Record: Ross 5-2

Ross boys win 'mythical' GLL title

News-Messenger reports

NAPOLEON — The Fremont Ross boys swimming team won the mythical Great Lakes League swimming title at Saturday's Wildcat Classic in Napoleon, and the Little Giants girls took second place. Non-GLL host Napoleon finished first overall in both boys and girls at the Classic, which also included teams from Findlay, Fostoria and Sandusky.

Ross coach Phil Moran said the presence of four GLL teams gives the event the feel of a league meet, but since the league mandates five GLL schools participating for an event to be official, the Classic was merely a mythical GLL event. Of the four GLL teams in attendance, the Ross easily outdistanced Sandusky 406-267, while the Findlay girls beat Ross 432-392.

Swimming

Neither Ross team had a first-place overall finisher, but several competitors took second place. Diver Jon Oliver was second with 133.15 points, Pryde Yost was second in the 50 freestyle in 23.22 seconds and the 400 freestyle relay team or Yost, Josh Fate, Brett Spicer and Dan Schrickel was second in 3:33.76. The same foursome finished second in the 200 freestyle relay.

For the girls, Amy Barnes was second in the 200 freestyle in 2:02.94 and second in the 500 freestyle in 5:31.03.

Ross next competes Tuesday at Margareta.

Inside: SBC swimming results. **Page B2**

1:16.87

Boys 100 Free

9— Dan Schrickel 54.97, 10— Aron Osvald 55.04, 19— Paul Nalley 1:03.85, 20— Mervin Forbes 1:05.98, 23— Matt Clark 1:09.35

Girls Senior 500 Free 2— Amy Barnes 5:31.03, 9— Meg Naleey 6:15.87

Boys 500 Free

6— Brett Spicer 5:27.10, 7— J.J. Glaspy 5:46.11

Girls 200 R- Free

3— A Team 1:50.30, 7— B Team 2:02.67

Boys 200 R-Free

2— A Team 1:35.74, 7— B Team 1:52.02

Girls 100 Back

9— Noelle Stroempl 1:15.57, 10— Kristen Van Dyne 1:18.80, 12— Amber Barnes 1:20.02, 14— Anna Obregon 1:22.17

Boys 100 Back

4— Josh Fate 1:02.10, 5— Buck Young 1:02.22, 8— Josh Tooman 1:15.44

Girls 100 Breast

4— Jenny Schaaf 1:17.17, 9— Sam Glaspy 1:22.40, 15— Erica Showelter 1:31.79

Boys 100 Breast

3— Dan Schrickel 1:08.65, 5— Seth Geib 1:18.00

Girls 400 R-Free

3— A Team 4:07.64, 6— B Team 4:22.04

Boys 400 R-Free

2— A Team 3:33.76, 5— B Team 3:56.07

Little Giant swimmers beat Huron

News-Messenger reports

CASTALIA — The Fremont Ross boys and girls swim teams earned victories against Huron Tuesday night at Margaretta High School.

The boys defeated the Tigers 114-67 to improve to 8-0 behind strong performances from Pryde Yost and Josh Fate, both earning two first place finishes.

Yost won the 50 freestyle (24.00) and 100 freestyle (53.18) and Fate won the 200 IM (2:14.15) and 100 backstroke (1:02.84).

Dan Schrickel also picked up a first place finish in the 100 breaststroke, finishing in 1:10.95.

Amy Barnes took first place in the 500 free (5:37.37) and 50 free (26.98) to boost the girls' record to 6-2, beating Huron 107-80.

Tia Gilson also took first in the 200 freestyle (2:20.89).

Ross coach Phil Moran said the team is beginning to experience some exhaustion.

"The kids are swimming tired," he said. "They are at the pinnacle in their training, now we need to bring that down and let them rest."

The swim team next competes Saturday at Napoleon. The meet begins at 11 a.m.

Swimming

High School Boys

Ross 114, Huron 67

Ross results

200 Medley Relay: 2— Buck Young, Seth Geib, JJ Glaspy, Adam Bundshcuh 2:23.53; 3— Brett Spicer, Matt Clark, Josh Tooman, Paul Nalley 2:52.57

200 Freestyle: 1— Young 2:05.22, 2— Dan Schrickel 2:06.77, 5— Mervin Forbes 2:32.71

200 1 Meter: 1— Josh Fate 2:14.15, 3— Aron Ozsvald 2:20.58, 5— Tooman 2:45.37

50 Freestyle: 1— Pryde Yost 24.00, 3— Nalley 28.17, 5— Mervin Forbes 31.44

100 Butterfly: 2— Jon Oliver 1:02.08, 4— Tooman 1:17.37

100 Freestyle: 1— Yost 53.18, 2— Ozsvald 55.81, 3— Bundshcuh 59.74

500 Freestyle: 1— Spicer 5:29.75, 2— Glaspy 5:46.53

200 Freestyle Relay: 1— Ozsvald, Yost, Bundshcuh, Forbes 1:45.60, 2— Schrickel, Nalley, Oliver, Glaspy 1:46.77

100 Backstroke: 1— Fate 1:02.84, 2— Young 1:04.18, 3— Bundshcuh 1:12.63

100 Breaststroke: 1— Schrickel 1:10.95, 3— Geib 1:18.43, 5— Matt Clark 1:22.82

400 Freestyle Relay: 1— Yost, Spicer, Fate, Schrickel 3:45.12, 3— Tooman, Oliver, Nalley, Geib 4:14.99, 4— Glaspy, Forbes, Clark, Ozsvald 4:31.36

Sandusky 102, Oak Harbor 40

Oak Harbor results

200 medley relay: 2-Oak Harbor (Gloer, Laubacher, Lange, Brian Dammeyer) 2:13.07

200 free relay: 2-Oak Harbor (Gloer, Laubacher, Lange, Brian Dammeyer) 1:59.17

500 free: 2-Zach Gloer 6:22.56

100 back: 2-Jeremy Laubacher 1:35.97

100 breast: 2-Justin Lange 1:13.62

High School Girls

Ross 107, Huron 80

Ross results

200 Medley Relay: 1— Amy Barnes, Nicole Farrell, Jenny Schadt, Courtney Abbott 2:06.41, 3— Beth Hoelzie, Meg Nalley, Noelle Stroempl, Sam Glaspy 2:13.21, 5— Anna Obregon, Erica Showalter, Kristen Sachs, Amber Barnes 2:30.59

200 Freestyle: 1— Tia Gilson 2:20.89, 4— Erin Weatherby 2:42.12, 5— Erika Parker 2:44.99

200 Meter: 2— Abbott 2:45.06, 3— Glaspy 2:47.71, 6— Obregon 2:22.31

50 Freestyle: 1— Barnes 26.98, 2— Schaaf 27.55, 6— Obregon 22:34

Diving: 2— Rusch, 3— Nicki Straight

100 Butterfly: 1— Farrell 1:12.28, 2— Kristen Van Dyne 1:21.03, 3— Barnes 1:24.73

100 Freestyle: 2— Abbott 1:02.49, 5— Kristen Sachs 1:15.15

500 Freestyle: 1— Barnes 5:37.37, 2— Morgan O'Connor 6:02.13, 4— Nalley 6:27.63

200 Freestyle Relay: 1— Stroempl, Weatherby, O'Connor, Farrell 1:55.90, 2— Gilson, Abbott, Nalley, Hoelzie 1:55.94, 5— Parker, R. Sachs, K. Sachs, Obregon 2:11.82

100 Backstroke: 2— Stroempl 1:14.91, 6— Hoelzie 1:15.00, 5— Barnes 1:21.42

100 Breaststroke: 2— Schaaf 1:17.90, 3— Glaspy 1:24.42, 4— Showalter 1:30.16

400 Freestyle Relay: 2— Schaaf, Farrell, Amy Barnes, Hoelzie 4:13.88, 3— O'Connor, Gilson, Van Dyne, Glaspy 4:17.33, 5— Nalley, Sachs, Barnes, Amber Sachs

Napoleon sweeps Ross swimmers

News-Messenger reports

NAPOLEON — Pryde Yost won two individual events and was part of a winning relay, but Fremont Ross's boys team lost to Napoleon, 110-70, in a dual swimming meet Saturday.

Yost won the 100 freestyle in 51.41, and the 50 freestyle in 23.03. He teamed up with Brett Spicer, Dan Schrickel and Josh Fate to finish first in 1:34 in the 200 freestyle relay.

Fate won the 200 individual medley in 2:07.90 and Buck Young took the 100 backstroke in

Swimming

1:00.46.

Spicer finished the 200 free in 1:57.87 and the 500 free in 5:23, good for second in both events. He, along with Yost, Schrickel and Fate finished second in 3:31.59.

Jon Oliver was second in the 100 butterfly in 1:00.47, and second in diving with 112.55.

The Little Giants fell to 8-1 in dual meet action.

Napoleon's girls took first in every event and beat the Fremont Ross

girls 127-59, in a dual meet.

Amy Barnes swam the 500 freestyle in 5:27, Nicole Stroempl finished the 100 backstroke in 1:12, Jenny Schaaf swam the 100 breaststroke in 1:15, and the 400 freestyle relay team finished in 1:15.89 to earn second place finishes for the Little Giants. Jenny Straight was second in the diving with 198.70 points.

The girls are 6-3 in dual meets.

Both Ross teams next compete Saturday in the NWOAC meet. Competition begins at 9 a.m.

Swimming

High School Girls

Napoleon 127, Ross 59

Ross Finishers

200 Medley Relay

3— A. Barnes, J. Schaaf, N. Farrell, C. Abbott 2:05.16, 4— N. Stroempl, S. Glaspy, M. Nalley, B. Hoelzle 2:14.74, 6— A. Obregon, E. Weatherby, A. Barnes, A. Cominsky 2:22.32

200 Freestyle

5— K. VanDyne 2:24.63, 3— M. O'Connor 2:12.96, 6— K. Sachs 2:43.72

200 Individual Medley

DQ— S. Glaspy 2:42.31, 3— N. Farrell 2:33.24, 5— T. Gilson 2:42.77

50 Freestyle

3— S. Berger 29.16, 4— N. Stroempl 29.33, 5— A. Obregon 31.29

Diving

2— J. Straight 198.70, 3— R. Rusch 156.80, 6— N. Straight 98.30

100 Butterfly

5— S. Berger 1:17.22, 4— N. Farrell 1:14.05, 6— K. Van Dyne 1:26.21

100 Freestyle

3— C. Abbott 1:01.55, 4— M. O'Connor 1:01.58, 6— B. Hoelzle 1:03.94

500 Freestyle

2— A. Barnes 5:27.67, 5— M. Nalley 6:13.77, 6— T. Gibson 6:15.24

200 Freestyle Relay

2— C. Abbott, M O'Connor, J. Schaaf, A. Barnes 1:50.71, 4— S. Berger, T. Gilson, M. Nalley, K. VanDyne 1:57.69, 5— A. Cominsky, A. Obregon, A. Barnes, K. Sachs 2:09.69

100 Backstroke

2— N. Stroempl 1:12.47, 3— B. Hoelzle 1:16.11, 5— A. Barnes 1:17.18

100 Breaststroke

2— J. Schaaf 1:15.89, 4— E. Weatherby 1:22.54, 5— S. Glaspy 1:22.82

400 Freestyle Relay

2— A. Barnes, J. Schaaf, M. O'Connor, C. Abbott 4:07.39, 4— N. Farrell, K. VanDyne, S. Berger, B. Hoelzle, 5— K. Sachs, T. Gibson, E. Weatherby, A. Cominsky 4:47.93

Record: 6-3 in duals

High School Boys

Napoleon 110, Ross 70

Ross Finishers

200 Medley Relay

3— Young, Schrickel, Glaspy, Bundschuh 1:52.30, 5— Nalley, Geib, Tooman, Moore 2:07.45

200 Freestyle

2— Spicer 1:57.87, 5— Young 1:59.85, 6— Tooman 2:35.42

200 Individual Medley

1— Fate 2:07.90, 5— Glaspy 2:28.28, 6— Tooman 2:35.42

50 Freestyle

1— Yost 23.03, 5— Bundschuh 25.14, 6— Moore 27.19

Diving

2— Jon Oliver 112.55

100 Butterfly

2— Oliver 1:00.47, 5— Tooman 1:11.16

100 Freestyle

1— Yost 51.41, 3— Schrickel 53.63, 6— Forbes 1:07.19

500 Freestyle

2— Spicer 5:23.96, 4— Glaspy 5:44.20, 6— Clark 7:36.41

200 Freestyle Relay

1— Yost, Spicer, Schrickel, Fate 1:34.98, 4— Oliver, Tooman, Nalley, Glaspy 1:48.52, 5— Geib, Clark, Moore, Forbes 1:55.48

100 Backstroke

1— Young 1:00.46, 2— Fate 1:00.90, 6— Bundschuh 1:10.96

400 Freestyle Relay

2— Yost, Spicer, Schrickel, Fate 3:31.59, 4— Nalley, Oliver, Bundschuh, Young 3:56.71, 6— Geib, Forbes, Moore, Clark 4:23.87

Record: 8-1 in duals

Ross boys, girls win PC relays for first time

News-Messenger reports

PORT CLINTON — The Fremont Ross boys and girls swimming team swept the Port Clinton Relays Saturday at Port Clinton High School, the first time either team had finished first at the 31st annual event.

It was also the first time Ross had all its boys and girls teams qualify for the finals.

The Little Giants boys team, which had finished second in each of the last three years, won by a comfortable 74-44 margin over second place Sandusky Perkins. Sandusky finished third with 40 points, and Colonel Crawford was fourth with 38 points.

The Ross girls team, which had never finished higher than third, beat Oak Harbor by a slim 53-50 score.

The girls were led by a first place finish from divers Jenny Straight and

Swimming

Rachael Rusch, who racked up 281.5 points.

Finishing second were the 850 freestyle team of Jenny Schaaf, Amy Barnes, Courtney Abbott and Nicole Farrell, which finished in 9:04.62, and the 400 freestyle team of Barnes, Abbott, Schaaf and Morgan O'Connor, which finished in 3:58.72.

The 200 freestyle team of Erin Weatherby, Kristin Van Dyne, Sarah Berger and Tia Gilson was fourth in 2:19.30.

The boys racked up wins in the 200 medley, 200 backstroke, 400 freestyle and 200 butterfly.

The 200 medley team of Buck Young, J.J. Glaspy, Dan Schrickel and Pryde Yost finished in 1:49.63, and the 200 backstroke team of Jon Oliver, Young, Josh Fate and Brett Spicer finished in 1:48.56.

In the 400 freestyle, Fate, Yost, Aron Oszvald and Adam Bundschuh were first in 3:35.22, and the 200 freestyle team of Oliver, Oszvald, Schrickel and Seth Geib finished in 1:55.42.

The Little Giants enter sectional competition this weekend at Napoleon.

Oak Harbor's girls won two events in meet-record time and finished second in another event.

The 200 butterfly-breaststroke team of Andrea Lajti, Amber Noggle, Kelly Van Horn and Lindsay Lange set a meet record with a time of 2:01.23.

The 300 individual medley team of Lajti, Lange and Van Horn won in 3:11.48, a new meet record. The Rockets' 200 backstroke team of Lauren Grover, Fran Darr, Angie Benner and Leanne Ernsthause took second in 2:09.61.

Swimming

High School Girls

PC Relays

Team standings

1— Ross 53, 2— Oak Harbor 50, 3— Perkins 40, 4— Sandusky 34, 5— Colonel Crawford 30, 6— Port Clinton 28, 7— Huron 24, 7— Tiffin Calvert 24, 7— Mansfield 24, 10— Margaretta 16, 11— Ontario 14, 12— Fostoria 11

Ross results

850 Free: 2— Jenny Schaaf, Amy Barnes, Courtney Abbott, Nicole Farrell 9:04.62

200 Fly: 5— Meg Nalley, Morgan O'Connor, Sara Glaspy, Erin Weatherby 2:17.20

200 Back: 5— Noelle Stroempl, K. VanDyne, Beth Hoelzle, Amber Barnes 2:15.71

400 Free: 2— Amy Barnes, C. Abbott, Jenny Schaaf, Morgan O'Connor 3:58.72

300 Medley: 5— Tia Gilson, Meg Nalley, Nicole Farrell 3:39.97

200 Medley: 6— Noelle Stroempl, Sara Berger, Sara Glaspy, Beth Hoelzle 2:11.58

200 Free: 4— Erin Weatherby, K. VanDyne, Sarah Berger, Tia Gilson 2:19.30

1 M Diving: 1— Ross 281.5

Oak Harbor results

200 Medley: 1—Oak Harbor (Andrea Lajti, Amber Noggle, Kelly Van Horn, Lindsay Lange) 2:01.23 (new meet record, breaking previous record of 2:02.33 set by Oak Harbor in 1997).

200 Back: 2—Oak Harbor (Lauren Grover, Fran Darr, Angie Benner, Leanne Ernsthäusen) 2:09.61

300 IM: 1—Oak Harbor (Lajti, Lange, Van Horn) 3:11.48 (new meet record, breaking previous mark of 3:12.28 set by Oak Harbor in 1997).

400 Free: 3—Oak Harbor (Darr, Ernsthäusen, Janelle Montano, J. Baumgartner) 4:08.64.

200 Medley: 5—Oak Harbor (Angie Benner, Noggle, Montano, Baumgartner) 2:10.18.

High School Boys

Team standings

1— Ross 74, 2— Perkins 44, 3— Sandusky 40, 4— Colonel Crawford 38, 5— Ontario 26, 6— Huron 24, 6— Fostoria 24, 6— Mansfield 24, 9— Margaretta 22, 10— Port Clinton 16, 11— Tiffin Calvert 12

Ross results

850 Free: 4— David Moore, Adam Bundschuh, Brett Spicer, Jim Glaspy 8:57.45

200 Free: 5— Mervin Forbes, Josh Tooman, Matt Clark, Paul Nalley 2:13.06

200 Medley: 1— Buck Young, Jim Glaspy, Dan Schrickel, Pryde Yost 1:49.63

200 Back: 1— Jon Oliver, Buck Young, Josh Fate, Brett Spicer 1:48.56

300 Medley: 3— Josh Tooman, Paul Nalley, Seth Geib 3:31.20

400 Free: 1— Josh Fate, Pryde Yost, Aron Osvald, Adam Bundschuh 3:35.22

200 Fly: 1— Jon Oliver, Aron Osvald, Seth Geib, Dan Schrickel 1:55.42