

2006 Season Review...

HIGH SCHOOL TRACK AT A GLANCE

Boys

Fremont Ross

Coach: Cathy Esposito

Outlook: Large numbers should allow for great depth. With the graduation of a very successful senior class that included current Ohio State athletes Adam Wilhelm and Elon Simms from a team that finished fourth at state last season, the Little Giants have to reload and refocus. "This will be easy to do with the amount of talent that will continue to provide a strong team during this season." Esposito said her throwers have the strength and depth to dominate. Esposito thinks her team has the components or tools to capture a GBC title. "We are not predicted to be a force on the boys side due to the graduation of so many tremendous athletes last year."

Girls

Fremont Ross

Coach: Cathy Esposito

Last year: Fifth at GBC meet

Outlook: The girls team should also be rather deep. Esposito said the Greater Buckeye Conference title is not out of reach for a combination of experience and youth following a strong finish to the previous season. The Little Giants should compete with most teams on the track. "The girls have leadership and depth in every event, which will make them difficult to tackle head to head." Junior Ashley Fischer returns as the top point earner from a year ago. She was a regional qualifier and finished sixth in the state at the Indoor Meet two weeks ago.

HIGH SCHOOL TRACK

Ross boys defeat Sandusky

By KYLE TIMMONS
News-Messenger correspondent

Fremont Ross coach Cathy Esposito was ecstatic Wednesday during the season's opening track meet against league rival Sandusky.

And she had every right to be as the Little Giant boy's team defeated the Blue Streaks 74.5 to 58.5 while the girl's fell 80-46.

Following an inspiring race in the 300-meter hurdles in which Little Giant sophomore Emma Ellenberger earned the top spot, Esposito vocalized her excitement to her team.

"You guys got me really fired up today," Esposito said. "How can you not be fired up about that (300) hurdle race."

Trailing by just the smallest of margins, Ellenberger said she saw her chance to win the race with approximately 100 yards left.

"She was slowing down," Ellenberger said of Sandusky's second place finisher. "It was in the last 100 yards or so and I needed to pick it up because she was within reach."

Esposito credited Ellenberger's courage in the heat.

"For someone like her to be able to pick up a girl and two hurdles at the finish line is impressive," said Esposito. "She blew past that girl. That's guts."

See ROSS, B2

Ross outruns Sandusky

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Also finishing with high performances on the girl's side was junior Ashley Fischer, who captured first place in the 800 (2:32), 1600 (5:32) and 3200 (12:22) meter runs.

"She did really awesome today," said Esposito. "As a junior she's having a lot of good success and has a lot to look forward to."

Fischer was pleased with her performance as well.

"It feels good," Fischer said of her top finishes in the opening meet. "It's nice to do good and it helps mentally."

In the boy's meet, the youth and athletic ability of the Little Giants shone through as freshman Terence Davis and sophomore Xavier Forney excelled throughout the meet.

In the 400-meter dash, Forney fought

off early jitters to capture the race in 55.18.

"At the beginning of the race I was extremely nervous and had butterflies in my stomach," Forney said. "I was just in awe that I was in first place and I just tried to keep it up."

For Davis, he was inspired by the encouragement of his team.

"My cousin Tyrone (Lemley) is a fast guy," Davis said in his first varsity track meet. "He made me push myself in the 100 and 200. It's good running with these guys."

Davis finished first in the 100 meter dash (11.61) and second in the 200 meter dash (24.07).

"He's a tremendous athlete," said Esposito. "He's so young, and with the talent you see in him, you can really see his potential."

The track team will be back in action Tuesday, traveling to Findlay.

Ross beats Findlay

The Ross boys and girls beat Findlay in a Greater Buckeye Conference meet.

The boys won 76.5-60.5, while the girls topped the Trojans 69.5-66.5 for their first win of the season.

"It was just a really awesome meet," said coach Cathy Esposito.

By

John

Shaffer

Track & Field

High School Boys.

Fremont Ross 70.5, Findlay 60.5

Ross results

4x400 relay: 1. Ross 3:40.66.

4x800 relay: 2. Ross.

4x100 relay: 1. Ross (Terence Davis, Pierre Johnson, Jordan Jones, Tyrone Lemley) 46.5.

4x200 relay: 1. Ross (T. Davis, P. Johnson, Julius Salgado, Jeff Beier) 132.2.

110 hurdles: 1. DJ Brown, 2. Salgado 16.4.

Shot put: 1. George Perez 46.0.5, 2. Robert Zucker 46-0, 3. Boston Beckley 37-7.

100m: 2. T. Lemley 11.6, 3. P. Johnson 11.61.

Long jump: 1. D. Brown 17-5, 2. Zach Emly 17-0.

400m: 2. Xavier Forney 55.71, 3. J. Beier 55.78.

1600m: 3. Josh Bowen 5:00.

High jump: 1. DJ Brown 5-10, 3. Travis Miller 5-6.

300 hurdles: 1. Salgado 41.47, 3. DJ Brown 47.17.

Pole vault: 1. 3. J Bowen 9-6.

Discus: 1. Jorge Perez 135.3, 2. Robert Zucker 132.7, 3. Travis Miller.

200m: 1. T. Davis 24:04.

High School Girls

Fremont Ross 69.5, Findlay 66.5

4x400 relay: 2. Ross.

4x800 relay: 2. Ross 11:28.3.

4x200 relay: 1. Ross (Nicole Guzman, Briana Harrison, Taylor Brown, Jessica Rollins) 1:53.

4x100 relay: 1. Ross (Guzman, Harrison, Brown, Rollins) 54.0.

100 hurdles: 1. Emma Ellengerger 18.0, 3. Allison Adams 18.7.

High jump: 2. Guzman 4-8, 3. Rollins 4-2.

Shot put: 1. Victoria Logan 30-6.5, 2. Brittany Connors 26-7, Ebony Vasques 35-5.5.

800m: 1. Ashley Fischer 2:30.5.

100m: 1. Brown 13.3.

Discus: 1. Logan 91-4, 2. Eve McElfresh 87-7.

400m: 3. Allison Adams 1:07.6.

200m: 1. Brown 28.02, 2. Harrison 28.46, 3. Rollins 29.23.

1600m: 1. A. Fischer 5:28.8.

300 hurdles: 1. Ellengerger 54.26.

3200m: 4. Fisher 12:21.

HIGH SCHOOL TRACK

Ross girls getting better

By KYLE TIMMONS

News-Messenger correspondent

Success isn't always measured in wins or finishing in first place.

The Fremont Ross girls' track team exemplified that Tuesday as they took second place in a three-team meet with Napoleon and Port Clinton.

Napoleon captured the top spot with 96 points, the Little Giants 62 and Port Clinton finished with 16.

Several Little Giant athletes continued to improve their times as the team continues to come together.

Freshman Taylor Brown fueled Ross in several races including a first place finish in the 200 meter run with a time of 27.7.

Little Giant coach Cathy Esposito said she is impressed with Brown's performances.

"Brown has been dropping about two-tenths of a second every time she runs in the (200)," said Esposito.

Brown also had a first place finish in the 100-meter dash finishing in 12.9 and took third in the 400 meter run with a time of 1:05.09.

Port Clinton's Tonya Tigner won the Redskins' only event, capturing the 300 meter hurdles with a time of 51.07.

Another consistent runner for the Little Giants has been junior Ashley Fischer.

Fischer, a distance runner, won the 1600 meter run (5:33.4) and came in second in the 800 meter run (2:33.28).

"We started off pretty

See LITTLE GIANTS, C3

High School Girls

Napoleon 96, Fremont Ross 62, Port Clinton 16

100-Meter Hurdles

Rolander (Nap) 16.22, T. Tigner (PC) 17.12, Emma Ellenberger (FR) 17.71.

100-Meter Dash

Taylor Brown (FR) 12.9, Jessica Rollins (FR) 13.10, Nicole Guzman (FR) 13.42.

Shot Put

Hartman (Nap) 34'8", Victoria Logan (FR) 32'2", Gilgenbeck (Nap) 30'9".

1600-Meter Run

Ashley Fischer (FR) 5:33.4, Heaston (Nap) 5:57.08, Kuser (Nap) 6:00.38.

Long Jump

Seekin (Nap) 15'8", Funchion (Nap) 14'1", Shelly Wagner (PC) 13'2".

400-Meter Run

Allison Edmonds (FR) 1:01.17, Guzman (FR) 1:04.9, Brown (FR) 1:05.09.

300 Hurdles

Tigner (PC) 51.07, Rollander (Nap) 53.19, Haase (Nap) 53.51.

800-Meter Run

Gerken (Nap) 2:25.86, Fischer (FR) 2:33.28, Amy Kim (FR) 2:50.75.

Pole Vault

Mack (Nap) 8, Damman (Nap) 8, Ducis (Nap) 8.

200-Meter Run

Brown (FR) 27.7, Briana Harrison (FR) 28.21, Baden (Nap) 28.73.

High Jump

Rolander (Nap) 5'2, Haase (Nap) 4'8, Guzman (FR) 4'6.

Discus

Gilgenbeck (Nap) 109'8, Weaver (Nap) 100', Eve McElfresh (FR) 96'3.

3200-Meter Run

Huddle (Nap) 13:08, Bell (Nap) 13:25, No Name (PC) 13:35.

Track & Field

High School Boys

Fremont Ross 137, Port Clinton 0

High Jump

Travis Miller (FR) 5'10, Ty Haralson (FR) 5'8, Jeff Beier (FR) 5'4.

Discus:

Jorge Perez (FR) 144'9", Robert Zucker (FR) 128'1", Boston Beckley (FR) 115'5".

110 Hurdles

Julius Salgado (FR) 15.5, Alex Daugherty (FR) 17.02, Haralson (FR) 17.57.

100-Meter Dash

Terence Davis (FR) 11.50, Xavier Forney (FR) 11.83, Tony Zimmerman (FR) 11.88.

1600-Meter Run

Josh Bowen (FR) 4:57, Michael Flores (FR) 4:58, Jordan McMurray (FR) 5:00.

Long Jump

Zach Emly (FR) 18'6, Haralson (FR) 17'10, Miller (FR) 17'5.

400-Meter Run

Forney (FR) 54.8, David Jones (FR) 56.56, Mariel Pugh (FR) 57.48.

Shot Put

Zucker (FR) 45'8", Perez (FR) 43'8", Justin Pasch (FR) 42'1".

300 Hurdles

Daugherty (FR) 46.6, Emly (FR) 47.40, Haralson (FR) 48.1.

Pole Vault

Bowen (FR) 10.6, Jordan Beck (FR) 8.5.

800-Meter Run

McMurray (FR) 2:20, Wyatt Harvey (FR) 2:21.30, Michael Slayton (FR) 2:21.57.

200-Meter Run

Salgado (FR) 23.0, Davis (FR) 23.42, Jones (FR) 25.1.

3200-Meter Run

Adam Brandt (FR) 11:27, Zach Pinkerton (FR) 11:36.93, Travis Seich (FR) 11:45.



News-Messenger/Charlie Longton

ROSS'S ZACH EMLY jumped 18.5 feet in the long jump at Tuesday's track meet at Fremont.

Little Giants improving

Continued From C1

good," Brown said. "Our times keep getting better each time we run a meet.

"We have a strong team. We're doing good overall and we'll keep progressing."

Freshman Victoria Logan took second place in the shot put with a throw of 32'2" and Nicole Guzman (4'6) and Eve McElfresh (9'6) each took third place in the high jump and discuss respectively.

In the boys' meet, Fremont took advantage of a short-handed Port Clinton roster defeating the Redskins 137-0.

"When you have what you have going on right now you have different people running different events," Port Clinton coach Seth Benner said of having just seven boy runners available. "We had to figure out if we wanted to run this relay or not, or split them up and run them in open events."

With no competition in the

field events, the Little Giants worked on getting experience and improving their distances.

Winning for Fremont were Travis Miller in the high jump (5'10), Jorge Perez throwing the discuss (14'9"), Zach Emly in the long jump (18'5), Robert Zucker in the shot put (45'8") and Josh Bowen in the pole vault (10.6).

Bowen also won the 1600 meter run finishing with a time of 4:57.

Julius Salgado may have had one of the more interesting races Tuesday as he fought the first several hurdles in the 110 meter hurdles to win in 15.5 seconds.

"I could have had a way better start," said Salgado, who hit the first four hurdles. "It kind of made my legs tender and I was hurting as I was coming down, but I learned and I made up for it."

Salgado also won the 200 meter run with a time of 23 seconds.

Xavier Forney won the 400 meter run in 54.8 seconds and took second in the 100 meter dash (11.83).

Redmen triumph; Berberick named Clyde meet MVP

Woodmore's Pendleton unofficially breaks own state record

By SCOTT BLACK
News-Messenger correspondent

CLYDE — The A.W. Hendricks Invitational Track and Field meet might have been at Clyde High School on Saturday, but Bellevue turned it into a Redmen day as both the boy's and girls teams ran there way to titles.

In addition to taking both titles, Bellevue's Derrick Berberick was named the MVP of the boys' meet.

On the boy's side Bellevue edged out Northern Ohio League rival Tiffin Columbian 129.4 to 102.5 to win the title with Toledo St. Francis third at 85. Fremont Ross was fourth with 75.40 and the host Fliers were fifth with 54. Woodmore was seventh with 23.40.

On the girls' side it was Bellevue just edging out Woodmore 99 to 92.50 with Clyde third at 82. Ross was fifth with 62 points.

Berberick earned his MVP trophy by winning the 100 meter dash with an 11.2 and the 200 with a 23.0. Berberick also ran on the winning 400 meter relay team with Will Sumser, Mitch Frost and Mike Flores that ran 45.10 and was on the 1600 meter relay team that finished fourth.

"I felt like I got a really good 100 start, I got my jump going and just made sure that nobody passed me," Berberick said. "There was a little pressure on me coming in here with the best time but I knew what I had to do. Everybody pushes me hard to get me where I'm at. It feels good to win the MVP. That's a first for me. I felt good all day and ran pretty decent today and the 200 was my best time."

The Redmen also got a first in the 400 from Jordon Manlet (52.8) and a second from Jon Weasner. The Redmen also went one-two in the pole vault with Sumser (13'6") winning and Lee Miller second. Geoff Dendlinger was second in both the discus (15'2") and the shot put (50'6"). Judd Lutz of Tiffin set a new meet record in the discus with a 164'8".

"I'm excited about our finish here today," said Bellevue coach Nick Lill. "We had a busy week, we had a Tuesday and a Thursday meet and I wasn't sure how much the kids had left in their legs. We came over to have a good time and I think we did that. We had a lot of PR's and Mother Nature helped us out quite a bit."

Julius Salgado of Ross had a nice day winning the 110 meter hurdles at 15.0 and finishing in second place in the 300 hurdles. Salgado was also on the 800 me-



News-Messenger/Scott Black

BELLEVUE'S JORDON MANLET and Clyde's Erik Birkholz run the 400-meter dash during the Clyde Invitational on Saturday. Manlet won.

ter relay team of Jeff Beier, Terence Davis, and Andre Velez that finished second and the 1600 meter relay team that finished third.

"Last year in the 110's I finished third," Salgado said. "This year I felt like I could win it and I went all out. They had me at like the third fastest time and I wanted to prove that I could win it. I felt like I won this race at the start. I came out strong and powerful."

Ross coach Cathy Esposito added, "Julius had a good day over here today. As a team though, we have a lot of improving to do. We're getting better; we just have to get more consistent."

Nick Tea won the high jump for the Fliers with a jump of 6'2" and teammate Justin Cook was second with a jump of 5'10". The Flier 800 meter relay team of Kyle Birkholz, Andy Sherman, Nate Caudill and Erik Birkholz also took first place with a time of 1:34.8.

"The weather was perfect and we had very good competition here today," Clyde coach Mike Martin said. "We do have a young team and we've definitely got some things that we've got to work on and we just have to keep improving every week."

Many athletes on the girls' side were making their mark on the leader board. Bellevue's Jen-

na Iannello won both the 100 and 300 hurdle races and ran on the winning 1600 meter relay team with Sami Corbett, Emily Mayes and Rachel Smith. Iannello also ran on the sixth place 400 meter relay team. Kelly Beamer set the meet record in the pole vault with a vault of 11'6" and finished third in the 100.

"It's been an enjoyable year and today was certainly an enjoyable day," said Bellevue girls' coach Earl Miller. "We've been moving kids around into different events this year so this year has been somewhat of a surprise to us."

Emily Pendleton of Woodmore won the shot put at 39'8" and the discus with a 158'5". Pendleton's discus throw broke her own state record pending verification. Erin Pendleton was second in the discus and fourth in the shot put.

Tatjana Jacobson of Woodmore won the high jump with a 5'4" jump and was second in the 400. Danielle Thomas won the 800 meter run. Jennifer Wright was second in the 100 meter hurdles and third in the 300 meter hurdles.

Ashley Fisher was the big gun for Ross as she won the 1600 meter run with a 5:25.6, finished second in both the 800 and 3200 meter runs and was on the 3200 meter relay team that finished sixth.

"The 1600 was a good race for me," Fisher said. "I felt good out there and my time went down and I'm happy about that. I'm pretty good at pushing myself even with a big lead. The best part of my race comes at the beginning and the end and I kind of pace myself in the middle although that pace was kind of slow today. Right now I'm about five seconds off of my PR. Our team is getting better each time out and I'm happy about that."

Taylor Brown of Ross finished second in both the 100 and 200 meter dashes and was on the 400 and 800 relay teams that finished third.

"Ashley Fisher had a real good day for us here," Esposito said. "It was a tremendous day for her. Our times today were pretty consistent to what they've been but they are getting more

efficient in their handoffs. We've still got a lot of things that we're working on. It's a short trip here and that's nice and the competition is always good and we have a good camaraderie over here."

The Flier team of Ashley Alejandro, Chelsea Ebert, Allison Bessken and Alex Lizarribar won the 3200 meter relay with a time of 10:27.6. The 400 meter relay team of Arica Vogel, Lindsay Smetzler, Tayla Meade and Bethany Aldrich was second and the 800 team of Meghan Gill, Vogel, Smetzler and Aldrich was second as was the 1600 team of Aldrich, Smetzler, Lizarribar and Vogel. Gill was also second in the high jump.

"I thought that we had a phenomenal day," Clyde girls' coach Joel Clay said. "Last year we finished eighth and had 34 points. Today we more than 32 points before the afternoon session even started. The girls did great and I'm very proud of them. It was a home meet with great weather and the girls stepped up."



Track & Field

High School Boys

Hendricks Invitational

at Clyde

Team Standings

1. Bellevue 129.4

2. Columbian 102.5

3. St. Francis de Sales 85

4. Fremont Ross 75.4

5. Clyde 54

7. Woodmore 23.4

3200 relay: 1. St. Francis 8:21.90; 3.

Bellevue (Brian Ackerman, Jordan Manlet, Nathan Ateinmetz, Brett Veach)

8:29.40, 4. Ross (Michael Slayton, Wyatt Harvey, David Jones, Jeff Beier) 8:58.30,

5. Clyde (Justin Cook, Jake Rader, Adam Whitaker, Aric Thurn) 9:14.20, 6. Wood-

more (William Wegert, Chris Jacobson,

Vinny Nufer, Tyler Schroder) 9:24.40.

100m: 1. Derrick Berberick (Bellevue)

11.20; 2. Tyrone Lemley (Ross) 11.40; 3.

Terence Davis (Ross) 11.50; 4. Chris

Wieland (Woodmore) 11.5; 6. Andy Sher-

man (Clyde) 11.70.

110 hurdles: 1. Julius Salgado (Ross)

15.0, 4. Cory Wetzel (Clyde) 16.4, 5. Alex

Daugherty (Ross) 16.7.

800 relay: 1. Clyde (Kyle Birkholz, Andy

Sherman, Nate Caudill, Erik Birkholz)

1:34.80, 2. Ross (Jeff Beier, Terence

Davis, Andre Velez, Julius Salgado)

1:35.10, 3. Bellevue (Mitch Frost, Mike

Flores, Jon Wessner, Jordan Manlet)

1:36.0, 6. Woodmore 1:38.10.

1600m: 1. Colin Pettiford (TSF) 4:42.5,

2. Brian Ackerman (Bell) 4:46.20.

400 relay: 1. Bellevue (Will Sumser,

Mitch Frost, Mike Flores, Derrick Berber-

ick) 45.10, 4. Clyde (Andy Sherman, Kyle

Birkholz, Seth Caudill, Nate Caudill)

45.40, 5. Ross (Lemley, Tony Zimmer-

man, Andre Velez, Terence Davis) 45.50.

400m: 1. Jordan Manlet (Bellevue)

52.80, 2. Jon Weasner (Bellevue) 53.40,

3. Joe Schettine (Woodmore) 53.40, 4.

Erik Birkholz (Clyde) 53.70, 5. Jeff Beier

(Ross) 54.20.

300 hurdles: 1. Eric Ziegler (TC) 39.60,

2. Julius Salgado (Ross) 40.20, 6. Joe

Ray (Bellevue) 43.80.

800m: 1. Chris Douglas (TSF) 2:01.5,

4. Brian Ackerman (Bellevue) 2:07.40, 6.

Aric Thurn (Clyde) 2:09.40.

200m: 1. Derrick Berberick (Bellevue)

23.0, 3. Terence Davis (Ross) 23.10, 4.

Eric Birkholz (Clyde) 23.50.

3200m: 1. Nick Zychowicz (TSF)

10:11.20, 2. William Wegert (Woodmore)

10:35.10, 3. Brett Veach (Bell) 10:43.90,

5. Adam Brandt (Ross) 10:54.80.

1600 relay: 1. TSF 3:33.20, 3. Ross

(David Jones, Jeff Beier, Josh Bowen,

Julius Salgado) 3:35.40, 4. Bellevue

3:38.90, 5. Woodmore 3:43.90.

Shot put: 1. Judd Lutz (TC) 52-10.50,

2. Geoff Dendlinger (Bell) 50-6, 3. Jorge

Perez (Ross) 49-3.5, 4. Matt Guhn

(Clyde) 47-9.

Discus: 1. Judd Lutz (TC) 164-8, 2.

Dendlinger (Bell) 155-2, 4. Perez (Ross)

142-6, 5. Guhn (Clyde) 138-3.

Long jump: 1. Kail Niederkohr (US) 20-

2.5, 4. Lee Miller (Bell) 18-4.25, 6. Caio

Chen (Bell) 18-1.

High jump: 1. Nick Tea (Clyde) 6-2, 2.

Justin Cook (Clyde) 5-10, 3. Mitch Frost

(Bell) 5-6, 4 (tie). Kurt Ferrell (Bell) 5-6,

Travis Miller (Ross) 5-6.

Pole vault: 1. Will Sumser (Bell) 13-6, 2.

Lee Miller (Bell) 13-0.

High School Girls

Hendricks Invitational

at Clyde

Team Standings

1. Bellevue 99

2. Woodmore 92.5

3. Clyde 82

4. Upper Sandusky 66

5. Ross 62

3200 relay: 1. Clyde (Ashley Alejandro, Chelsea Ebert, Allison Besaken, Alexandra Lizarribar) 10:27.60, 3. Bellevue (Krista Gibson, Wendy Sumser, Lynsay Alt, Rachel Smith) 10:35, 6. Ross (Megan Mills, Allison Edmonds, Amy Kim, Ashley Fischer) 10:55.20.

100 hurdles: 1. Jenna Iannello (Bell) 17.0, 2. Jennifer Wright (Wood) 17.40, 3. Brittny Meed (Clyde) 17.5.

100m: 1. Chantel Ankney (US) 12.8, 2. Taylor Brown (Ross) 13.4, 3. Kelly Beamer (Belle) 13.5, 4. Bethany Aldrich (Clyde) 13.6, 6. Jessica Rollins (Ross) 13.8.

800 relay: 1. US 1:50.20, 2. Clyde (Lindsay Smetzler, Arica Vogel, Meghan Gil, Bethany Aldrich) 1:51.10, 3. Ross (Taylor Brown, Briana Harrison, Kesha Jones, Jessica Rollins) 1:51.30, 5. Bellevue 1:53.90, 6. Woodmore 1:54.30.

1600m: 1. Ashley Fischer (Ross) 5:25.60, 4. Wendy Sumser (Belle) 5:23.30, 6. Ashley Alejandro (Clyde) 5:55.50.

400 relay: 1. US 51.80, 2. Clyde (Vogel, Smetzler, Tayla Meade, Bethany Aldrich) 52.90, 3. Ross (Taylor Brown, Briana Morrison, Kesha Jones, Jessica Rollins) 53.0, 6. Bellevue 54.10.

400m: 1. Abby Elmore (US) 1:03.40, 2. Tatjana Jacobson (Wood) 1:03.50, 3. Emily Mays (Bell) 1:03.70, 4. Sami Corbett (Bell) 1:04.20.

300 hurdles: 1. Iannello (Bell) 48.10, 3. Jennifer Wright (Wood) 50.80.

800m: 1. Danielle Thomas (Wood) 2:25.30, 2. Ashley Fischer (Ross) 2:27.0, 3. Alexandra Lizarribar (Clyde) 2:33.0, 4. Katie Buck (Wood) 2:34.30, 5. Rachel Smith (Bell) 2:38.20.

200m: 1. Chantel Ankney (US) 26.40, 2. Taylor Brown (Ross) 27.40, 3. Briana Harrison (Ross) 27.50, 4. Lindsey Smetzler (Clyde) 27.70, 5. Danielle Dupler (Wood) 27.90, 6. Abby Rowland (Bell) 28.30.

3200m: 1. Kalie Hauenstein (Ashland) 11:55.0, 2. Ashley Fischer (Ross) 12:22.80, 4. Sumser (Bell) 12:55.60, 6. Adriana Lizarribar (Clyde) 13:21.90.

1600 relay: 1. Bellevue (Jenna Iannello, Sami Corbett, Emily Mays, Rachel Smith) 4:17.10, 2. Clyde (Bethany Aldrich, Alexandra Lizarribar, Arica Vogel, Lindsay Smetzler) 4:17.60, 3. Woodmore (Katie Buck, Kelsey Giesler, Danielle Thomas, Jacobson) 4:17.90.

Shot put: 1. Emily Pendleton (Wood) 39-8, 3. Amanda Meyers (Bell) 33-6, 4. Erin Pendleton (Wood) 32-4, 5. Emily Spears (Bell) 31-9.

Discus: 1. Emily Pendleton (Wood) 158-5, 2. Erin Pendleton (Wood) 132-6, 3. Katie Stein (Clyde) 99-6, 4. Sarah Howerton (Bell) 99-5, 5. Amanda Meyers (Bell) 97-4.

High jump: 1. Jacobson (Wood) 5-4, 2. Meghan Gill (Clyde) 5-2, 3. Mays (Bell) 5-0, 5. Danielle Lowry (Wood) 5-0.

Pole vault: 1. Beamer (Bell) 11-6, 3. Brittany Lesher (Clyde) 7-6.

Long jump: 1. Sharyana Spears (SU) 15-4.75, 3. Gill (Clyde) 14-10, 4. Bridgett Betka (Wood) 14-6.5, 5. Abbey Rowland (Bell) 14-4.5, 6. Candice Wolfe (Bell) 14-1.5.

Ross splits at Marion

The Little Giants boys track team won 12 events in a Greater Buckeye Conference meet against Marion Harding, beating the Presidents 88-40.

The girls team took first in four events, falling 76-52 to Marion Harding.

Track & Field

High School Boys

Ross 88, Marion Harding 40

Ross results

3200 relay: 1. Ross 9:09.
110 hurdles: 1. D.J. Brown 15.1, 2. Salgado 15.8, 3. Alex Daugherty 16.5.
100m: 1. Davis 11.3, 3. Tyrone Hemley 11.4.
800 relay: 1. Ross 1:37.3.
1600m: 2. Bowen 4:57.
400 relay: 1. Ross (Lemley, Ross, Davis, Zimmerman) 45.7.
400m: 1. Beier 54.0, 4. Forney 55.3.
300 hurdles: 1. Brown 47.3, 3. Daugherty.
800m: 1. Bower 2:15, 3. Flores 2:19.
200m: 1. Salgado 22.7, 2. Davis 23.5, 3. D. Jones 24.4.
3200m: 3. Pinkerton 11:19.
1600 relay: 1. Ross 3:40.
Discus: 1. Perez 139-7, 2. Miller 131-8, 3. Beckley 113-5.
Shot: 3. Perez 46-4.
Long jump: 2. Haralson 17-11.
High jump: 1. Brown 5-7, 3. Haralson 5-6.

High School Girls

Marion Harding 76, Ross 52

Ross results

3200 relay: 2. Ross 11:39.
100 hurdles: 1. Kristin Mills 18.2.
100m: 2. Jessica Rollins 13.2, 3. Taylor Brown 12.8.
800m: 2. Ross 1:52.9.
1600m: 1. Fischer 5:29.1, 3. Munoz 6:27.
400 relay: 1. Ross (Jones, Genzman, Brown, Rollins) 53.1.
400m: 2. Jones 1:10.3, 3. Adams 1:10.8.
300 hurdles: 2. Bulger 52.0, 3. K. Mills 1:01.6.
800m: 3. Fischer 2:34.7.
200m: 1. Brown 27.2, 3. Dorbeck 32.0.
3200m: 2. Munoz 14:24.8, 3. Brunthaver 15:47.
1600 relay: 2. Ross 4:43.3.
Discus: 2. McElfresh 88-5, 3. Logan 81-4.
Shot: 2. Logan 29-6.
Long jump: 2. Mills 12-8.75.
High jump: 2. Guzman 4-8.

Track

Ross boys win 7 events

The Fremont Ross boys won seven events en route to a first-place finish at the 42nd annual Sandusky Relays at Strobel Field.

The 4 x 100 Shuttle Hurdle team of Julius Salgado, Alex Daughtry, Ty Haralson and D.J. Brown won with a time of 1:02.80, four seconds better than their personal best, said coach Cathy Esposito.

The girls finished tied for second with Olmsted Falls with 58 points.

Track & Field

High School Boys

Sandusky Relays

Team Standings

1. Fremont Ross.....	86
2. Olmstead Falls	73
3. Elyria.....	52
4. Sandusky	35
5. Tol. Libbey	12

4x100 relay: 1. Olmsted 44.40, 5. Ross (Tyrone Lemley, Tony Zimmerman, Mariel Pugh, Terrence Davis) 45.80.

4x200 relay: 1. Olmsted 1:33.80, 2. Ross (Andrew Velez, Mariel Pugh, Terrence Davis, Xavier Forney) 1:33.90.

4x400 relay: 1. Ross (Forney, Davis, D.J. Brown, Julius Salgado) 3:39.0.

4x800 relay: 1. Olmsted 8:58.50, 2. Ross (Jeff Beier, Andre Velez, Michael Flores, Josh Bowen) 9:02.0.

4x1600 relay: 1. Ross (Bowen, Zach Pinkerton, Adam Brandt, Michael Flores) 20:15.50.

800 Sprint Medley: 1. Ross (Tyrone Lemley, Mariel Pugh, David Jones, Julius Salgado) 1:38.30.

Distance Medley: 1. Ross 11:40.10.

Distance Medley 2: 1. Ross (Velez, Jeff Beier, Flores, Bowen) 3:53.20.

4x100 shuttle hurdles: 1. Ross (Salgado, Alex Daugherty, Ty Haraison, D.J. Brown) 1:02.80.

High jump: 1. Olmsted 12-0, 2. Ross 12-0.

Pole vault: 1. Elyria 23-0, 2. Ross 20-0.

Shot put: 1. Olmsted 96-1.5, 2. Ross 94-10.50

Discus: 1. Ross 293-10.

High School Girls

Sandusky Relays

Team Standings

1. Sandusky	92
2. Fremont Ross.....	58
3. Olmsted Falls	58
4. Elyria.....	38
5. Toledo Libbey	4

4x100 relay: 1. Elyria 49.60, 4. Ross (Taylor Brown, Briana Harrison, Emma Ellengerger, Jessica Rollins) 54.40.

4x200 relay: 1. Sandusky 1:47.70, 2. Ross (Taylor Brown, Harrison, Ellengerger, Rollins) 1:48.70.

4x400 relay: 1. Olmsted 4:23.80, 3. Ross (Nicole Guzman, Allison Adams, Kesha Jones, Harrison) 4:35.80.

4x800 relay: 1. Sandusky 10:47.40, 2. Ross (Ashley Brunthaver, Allison Edmonds, Ashley Fischer, Amy Kim) 11:06.80.

4x1600 relay: 1. Ross (Brunthaver, Luz Munoz, Fischer, Kim) 24:24.60.

800 Sprint: 1. Sandusky 1:49.90, 3. Ross (Taylor Brown, Rollins, Ellengerger, Guzman) 2:03.0.

Distance medley: 1. Ross (Fischer, Harrison, Brown, Guzman) 4:33.20.

Distance medley 2: 1. Sandusky 13:56.70, 2. Ross (Kesha Jones, Kim, Brunthaver, Fischer) 14:24.0.

4x100 shuttle hurdle: 1. Sandusky 1:09.60, 3. Ross (Allison Adams, Kristen Mills, Shanee Bulger, Ellengerger) 1:17.60.

High jump: 1. Sandusky 9-6, 3. Ross 9-2.

Pole vault: 1. Olmsted 17-0.

Shot put: 1. Elyria 68-3.5, 4. Ross 61-8.5.

Discus: 1. Sandusky 190-11.5, 3. Ross 186-6.

HIGH SCHOOL ROUNDUP

Little Giants win at Defiance

News-Messenger reports

The Fremont Ross boys track team took first place in three events to win the Palmer Relays at Defiance on Thursday.

The Little Giants won with 98 points, 10 ahead of second-place Defiance.

Jorge Perez finished first in the discus relay and third in the shot put relay. Travis Miller was third in the discus and high jump relay.

The boys finished 12 points ahead of Greater Buckeye Conference rival Napoleon, which pleased coach Cathy Esposito.

"That was the team in the league we were worried about," she said.

The girls scored 56 points for a fifth-place finish. Defiance won the meet with 96 points.

The 4 x 100 relay of Taylor Brown, Briana Harrison, Nicole Guzman and Jessica Rollins won for the Little Giants.

Track & Field

High School Boys

Palmer Relays

at Defiance

Team Standings

1. Fremont Ross	98
2. Defiance	88
3. Napoleon	86
4. Whitmer	57.5
5. Toledo C.C.	54
6. Lima Sr.	24
7. Bath	10

Ross results

Long jump relay: 8. Zach Emly 19-8, 11. DJ Brown 19-5.5.

Shot put relay: 3. Jorge Perez 47-2, 4. Robert Zucker 46-5, 7. Justin Pasch 43-5.

High jump relay: 3. Travis Miller, DJ Brown 5-8, 7. Ty Harason 5-6.

Pole vault relay: 7. Josh Bowen 10-6.

4x100 shuttle hurdles: 2. Ross 56.99.

Distance medley: 5. Ross 9:01.01.

4x1600 relay: 2. Ross 20:21.92.

4x800 relay: 3. Ross 8:51.26.

800 sprint medley: 1. Ross 1:37.69.

Discus relay: 1. Jorge Perez 149-10, 3. Travis Miller 138-03, 11. Boston Beckley 116-11.

4x100 throwers relay: 2. Ross 50.54.

4x100 relay: 4. Ross 45.04.

4x200 relay: 3. Ross 1:34.96.

4x400 relay: 1. Ross 3:30.69.

800 sprint relay: 1. Ross 1:37.69.

High School Girls

Palmer Relays at Defiance Team Standings

1. Defiance.....	96
2. Napoleon.....	84
3. Toledo C.C.....	82
4. Whitmer.....	65
5. Fremont Ross.....	56
6. Bath.....	23
7. Archbold.....	20
8. Lima Sr.....	7

Ross results

4x100 throwers relay: 7. Ross 1:07.86
4x100 relay: 1. Ross (Taylor Brown, Briana Harrison, Nicole Guzman, Jessica Rollins) 51.33.
4x200 relay: 2. Ross 1:49.08.
4x400 relay: 3. Ross 4:21.40.
4x800 relay: 5. Ross 11:26.55.
4x1600 relay: 5. Ross 25:08.99.
800 sprint medley: 3. Ross 1:56.31.
Distance medley: 2. Ross 10:48.39.
4x100 shuttle hurdles: 5. Ross 1:16.15.
Long jump relay: 15. Emma Ellenberg-er 13-5.
Shot put relay: 6. Victoria Logan 31-10.
High jump relay: 5. Nicole Guzman 4-8,
9. Jessica Rollins 4-6.
Pole vault relay: 15. Bryleigh Linton 6-0.