

2024 NORTHERN LAKES LEAGUE-CARDINAL



# NORTHERN LAKES LEAGUE XC

## CHAMPIONSHIPS 2024

Oct 12, 2024  
Walsh Park  
Fremont, OH

Hosted by: Fremont Ross

Meet History

[Home](#) [Results](#) [Teams](#) [Entries](#)

### Fremont Ross Results

Sort:

GIRLS	ATHLETE	PLACE	RESULTS
<b>5000 METER RUN</b>			
20:39.30	SB <a href="#">Sophia Metcalf</a>	10th	<i>Varsity Girls - Cardinal Divisio</i>
20:42.00	<a href="#">Kennedy Walker</a>	13th	<i>Varsity Girls - Cardinal Divisio</i>
22:17.50	SB <a href="#">Ariana Hinojosa-Williams</a>	21st	<i>Varsity Girls - Cardinal Divisio</i>
22:30.90	SB <a href="#">Malaya Hughes</a>	23rd	<i>Varsity Girls - Cardinal Divisio</i>
22:31.30	<a href="#">Kailani Long</a>	24th	<i>Varsity Girls - Cardinal Divisio</i>
23:25.50	SB <a href="#">Ella Lozano</a>	29th	<i>Varsity Girls - Cardinal Divisio</i>
24:29.30	<a href="#">Kenna Tooman</a>	33rd	<i>Varsity Girls - Cardinal Divisio</i>
BOYS	ATHLETE	PLACE	RESULTS
<b>5000 METER RUN</b>			
17:52.90	<a href="#">Daniel Sanchez</a>	15th	<i>Varsity Boys - Cardinal Division</i>
18:52.60	<a href="#">Aidan Weber</a>	26th	<i>Varsity Boys - Cardinal Division</i>
18:55.30	<a href="#">Andrew Tooman</a>	28th	<i>Varsity Boys - Cardinal Division</i>
18:58.60	<a href="#">Colin Rich</a>	29th	<i>Varsity Boys - Cardinal Division</i>
18:58.60	<a href="#">Lj Gabel</a>	30th	<i>Varsity Boys - Cardinal Division</i>
19:19.30	<a href="#">Jaheim Stratton</a>	33rd	<i>Varsity Boys - Cardinal Division</i>
21:21.80	<a href="#">Adrian Ontiveros</a>	37th	<i>Varsity Boys - Cardinal Division</i>

### Varsity Boys 5000 Meter Run Finals Team Scores



PLACE	TEAM	POINTS	SCORERS	TIMES
1	 <b>Bowling Green</b>	22	1+2+3+5+11 (12+13)	1:16 1-5 Split   16:14 Avg
2	 <b>Syl. Southview</b>	41	4+6+7+10+14 (21+27)	1:06 1-5 Split   16:45 Avg
3	 <b>Oregon Clay</b>	88	9+18+19+20+22 (25+31)	1:55 1-5 Split   18:15 Avg
4	 <b>Hol. Springfield</b>	102	8+16+17+23+38 (39+40)	5:38 1-5 Split   18:55 Avg
5	 <b>Fremont Ross</b>	128	15+26+28+29+30 (33+37)	1:05 1-5 Split   18:43 Avg
6	 <b>Napoleon</b>	161	24+32+34+35+36	2:30 1-5 Split   19:49 Avg

### Varsity Girls 5000 Meter Run Finals Team Scores



PLACE	TEAM	POINTS	SCORERS	TIMES
1	 <b>Bowling Green</b>	32	2+5+6+8+11 (12+15)	1:24 1-5 Split   20:03 Avg
2	 <b>Napoleon</b>	48	1+7+9+14+17 (19+25)	2:15 1-5 Split   20:26 Avg
3	 <b>Syl. Southview</b>	89	4+16+20+22+27 (30+36)	3:33 1-5 Split   21:40 Avg
4	 <b>Fremont Ross</b>	91	10+13+21+23+24 (29+33)	1:52 1-5 Split   21:44 Avg
5	 <b>Hol. Springfield</b>	140	3+31+34+35+37	7:39 1-5 Split   24:13 Avg
6	 <b>Oregon Clay</b>	142	18+26+28+32+38 (39)	5:53 1-5 Split   23:55 Avg