

2007 Greater Buckeye Conference...

# Fahrbach continues to impress

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Lincoln Fahrbach was named Greater Buckeye Conference Swimmer of the Year following another record setting day for the Fremont Ross junior at the GBC Championships on Saturday at the Fremont Aquatic Center.

Napoleon's Samantha Zuch was named GBC Female Swimmer of the Year following her record swims in the 100- and 200-yard freestyles. Napoleon won both sides of the meet as the boys had 420.5 points and the girls 448.

The Ross boys were second at 346 while the girls were third at 253.

Fahrbach swam the 200 freestyle in 1 minute, 44.62 seconds, finishing seven seconds ahead of his heat to break the GBC and Mike Mowry's 26-year old Ross school record of 1:45.01.

"Mike kidded me all the time about getting this record," said Fahrbach, who also won the 500 freestyle Saturday. "He's one of my biggest fans.

"I took it out way too fast for a 200, like 49.2 seconds for the first hundred, and I really struggled with my kick at the end."

Fahrbach broke Mowry's 100 freestyle record last season.

Mowry was glad to hear Fahrbach finally added the 200 freestyle to his other five individual school records, including the 50, 100 and 500 freestyles, the 100 backstroke and 100 butterfly.

"Twenty-six years is long enough," Mowry said. "Lincoln works so hard, there was no doubt in my mind he'd get it."

That leaves just two individual records for Fahrbach to break — Chris Black's 200 individual medley record of 1:56.93 that dates back to 1984 and Elliot Hogan's 2003 100-yard breaststroke record of 1:00.60.

"In each event I have to swim the breaststroke, and that's not my stroke," Fahrbach said. "And on top of that, those are events I usually don't swim, so I won't have as many shots at them as I did the others. But I will try."

Ross's Chris Beier was also a double winner at the GBCs, taking first in the 50 and 100 freestyles.

Kyle Wasserman and Tom Hohman added to Ross's point total with second- and third-place finishes, respectively, in the 100 butterfly.

Josh Bowen was third in the 200 IM.

The Little Giants' Andre Velez, Beier, Bowen and Fahrbach won the 400-freestyle relay.

Ross was within 15.5 points of Napoleon until late in the meet, when the Wildcats picked up 40 points to the Little Giants' nine in the 100 backstroke and 31 to Ross's five in the 100 breaststroke.

"That gives us something to work on for next year," Little Giants coach Phil Moran said.

Ross divers, in their first season, had an exceptional day on the boards. Ethan Ackerman finished second for the boys while Brittany Stout was second for the girls.

# Ickes establishes 100 fly mark

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## **Girls set 10 GBC records**

The Little Giants' Jessica Ickes set one of 10 GBC records established at Saturday's meet, winning the 100 butterfly with a time of 1:01.58. She was third in the 200 freestyle.

Napoleon's girls captured five GBC records and the Findlay girls four.

Ross junior Jacque Fate finished 3/10 of a second behind Findlay's Annie Donovan for second in the 50 freestyle, and was third in the 100 freestyle — an event in which the first three finishers, including Fate, topped the old GBC record.

Ickes and Fate teamed up with Caley Miller and Amy Kim for second in the 200 and third in the 400 freestyle relays.

"Some teams come into GBC tapered, which is a training technique we hold off on until the end of the season," Moran said. "It helps us push more swimmers through sectionals, districts and hopefully on to states. That's when dropping time really counts."

## **Boys bleach out**

Today is bleach-out day for the Ross boys.

Each of the swimmers dyes his hair purple before shaving it off the day before sectionals.