

2007 NWOAC...

HIGH SCHOOL SWIMMING

Fahrbach sets records at NWOAC

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A trio of Fremont Ross swimmers, including Jacque Fate, Jessica Ickes and Lincoln Fahrbach, spoke volumes with impressive wins against 11 other teams at the Northwest Ohio Aquatic Championships, held in Fremont on Saturday.

Toledo St. John Jesuit won the team total, with Fremont boys finishing 5th, just three points behind Sylvania Northview. Port Clinton boys finished 9th overall and Oak Harbor 10th. The Lady Giants finished 30 points ahead of Oak Harbor for seventh place, with the Perkins girls winning.

Ross Junior Lincoln



Fahrbach set two NWOAC, two pool and one school record on the day. His 46.97 in the 100-yard freestyle was two seconds ahead of the field, for a NWOAC and pool record. Port Clinton's Justin Que was 8th in the event, with Jordan Beck and Adam Widman 14-15 for Ross. Fahrbach's triple hit came in the 100-yard backstroke when he finished 1.25 seconds in front with a 53.39, a NWOAC, pool and school record. Andrew

Walsh was 13th for Oak Harbor.

Jacque Fate won the 50-yard free for Ross with a 25.02 over Sylvania Southview's LesLee Winfield at 25.43, in an event where a quarter of a second is an eternity. Olivia Porter was 5th for Oak Harbor and Cailey Miller 11th for Ross. Fate was 6th in the 200-yard free, with Katie Bechtel getting 10th and Stephanie Greggila 14th for Oak Harbor.

The Lady Giants team of Ickes, Miller and Alyssa Moyer was a half a pool back in the 200-yard free relay when Fate took over on the anchor leg. She chased down the field, swimming

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Ross girls seventh at NWOAC

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an amazing 24.23 split, which beat her own first place time in the 50 free, and missed beating Sandusky for first by just .04. The first place swimmer has the only individual time considered official in a relay, despite touch-pad electronic timing. Had it been official, Fate's 24.23 would have beat her tapered winning District time of 24.25 in 2006, her 3rd place state finish of 24.28 in 2005, and would have been a NWOAC and pool record.

"I love to chase," Fate said after the event. "When you go in behind, you can't lose anything, so you just give it everything you can, and then some."

Greggila, Samantha Reynolds, Bechtel and Olivia Porter were 5th in the 200 relay for Oak Harbor. Fremont's 200-free relay teamed up again for the 400, taking 7th with a 3:56.53 to Oak Harbor's 3:59.30 for 8th (Brielle Hantorn, Porter, Greggila, and Bechtel.)

Junior Jessica Ickes clocked a 1:01.56 and finished just over a second ahead to win the 100-yard butterfly for Ross. She was 7th in

the 500-yard free; Greggila and Bechtel were 11-12 for Oak Harbor.

"A lot of kids set personal best times in this meet, and that's good," said Ross girls coach John O'Connor, "but if they stay healthy, that's nothing compared to what they can and should do two weeks from now when they've tapered down for Sectionals. That's when it's really fun to watch their reactions. For us, pushing them through to Districts and hopefully on to State Finals is what it's all about."

Porter took 8th in the girl's 100-yard free, and teammate Samantha Reynolds was 11th in the 100-yard backstroke. Fremont's Carly Young was 16th in the 100-yard breaststroke.

Fremont continued to dominate in the boys 200-yard free relay. Chris Beier, Josh Bowen, Widman and Fahrbach won the event for 40 points, three seconds ahead of the field, with a 1:32.22. Fremont's B relay, Jordan Beck, Brian Hoelzle, Brad Osborne and DJ Tucker were 10th for another 14 team points. Evan Miller, P.J. Cervantes, Tim Smith and Zach Pfeil were 12th for Oak Harbor.

Fahrbach, Bowen, Wasserman

and Beier were 4th in the 200-yard medley relay. Beck, Wasserman, Widman and Erick White finished 8th in the 400-yard free relay for Ross; Miller, Cervantes, Lucas Bechtel and Tom Tabbert 14th for Oak Harbor.

Ross boys took another 40 points in the 50-yard free thanks to a second place finish by Beier, along with 7th, 9th and 14th places from teammates Bowen, Hoelzle, and Widman, respectively. Beier finished 6th in the 500-yard free. Oak Harbor's Lucas Bechtel finished 7th in the 500, and 8th in the 200-yard free. Ross' Kyle Wasserman took 9th in the 100-yard butterfly and 11th in the 200-yard free.

St. John's Jake Epperson won the 200 IM by 10 seconds, setting a pool record at 1:57.98. Epperson also set a pool and NWOAC record in the 100-yard breaststroke with an equally impressive 58.92. Josh Bowen was 12th for Ross in the breaststroke.

Fremont coaches spent Sunday afternoon preparing the swimmers for the Sectional Meet, in two weeks. But first comes the Port Clinton Relays this Saturday.