

2003 NWOAC...

Ross swimmers work hard at NWOAC

News-Messenger reports

NAPOLEON — Following the Fremont Ross girls' seventh-place and boys' 10th-place finishes Saturday at the Northwest Ohio Aquatic Conference Championships, head swim coach Phil Moran had a smile on his face.

"They're just where I want them to be. Tired," he said. "If I haven't worked them hard enough going into this meet, then the taper they're about to go through won't get the results we want at sectionals and districts, where it really counts. I really don't want to see time drops here. That would be too early."

Toledo Notre Dame, Sandusky

Girls finish seventh, boys 10th in conference meet

Perkins and Napoleon finished 1-2-3 in the girls meet, with Port Clinton taking sixth and Oak Harbor 11th. It was Napoleon, Toledo St. John's and Bowling Green 1-2-3 in the boys meet. Port Clinton was ninth and Oak Harbor 11th. Five meet records were set over the course of the day.

Even swimming tired, Ross managed to place a number of swimmers and relays in high scoring positions.

Brittany O'Connor, Wendy Farrell, Megan Wasserman and Jaymelee Glaspy swam a two-

minute medley relay for fifth place to start out the meet. Wasserman, O'Connor, Glaspy and Jenny Fate came back with a third-place finish in the final event, the 400-yard freestyle relay.

O'Connor scored a team-high 32 individual points with a pair of third-place finishes, one in the 100 freestyle (56.93 seconds) and the other in the 100 backstroke (1:03.13), a race in which Susan Johnson of Toledo Notre Dame finished a second better than the meet record with a time of 58.88 seconds.

Wasserman added 23 points

with a fifth in the 100 butterfly and a ninth in the 200 individual medley. Katie Carroll of Notre Dame took three seconds off the meet record with a 2:07.93. Glaspy contributed 18 points with an eighth-place finish in the 100 freestyle and 10th in the 50 freestyle. Farrell was 11th in the 100 breaststroke for six points.

Elliot Hogan led the boys team with 28 points with a pair of fifth-place finishes, one in the 50 freestyle (23.83 seconds) and the other in the 100 breaststroke (1:06.67 seconds).

"The 50's a gamble," Hogan said. "Your start and turn are everything. Everyone in the final heat at sectionals will finish at 21-point-something seconds. On any given day, any guy can be beat."

Another 25 points came from Jake Ickes, with a fifth in the 100 freestyle and an eighth in the 200 freestyle. Paul Ricard of Bowling Green set a new 200 freestyle record at 1:43.72. Noah Grayson added six points, finishing 13th in the 500 freestyle and 15th in the 200 individual medley, an event in which Dan Wohl of Sandusky

Perkins shattered the old meet record of 1:59.49 with a 1:57.08.

Matt Bachelder was 14th in the 50 freestyle for three points, and, despite dropping more than seconds for a season-best time of 1:10.22 in the 100 backstroke, he just missed scoring with a 17th-place finish. Dan Goldberg of Sylvania Southview clipped a second off the meet record with a 54.05. Brandon Spicer added one point with a 16th in the 100 butterfly.

Spicer, Hogan, Grayson and Ickes were fifth in the 200 medley relay.

The Little Giants swim on Saturday at the Port Clinton Relays.

High School Girls

NWOAC

Team Standings

1-Notre Dame Academy	550
2-Perkins	403
3-Napoleon	256
4-Sylvania Northview	229
5-Bowling Green	211
6-Port Clinton	207
7-Ross	145
8-Sandusky	125
9-Lima Shawnee	112
10-Sylvania Southview	53
11-Oak Harbor	34

200 Medley Relay: 1-NDA (Ellen Johnson, Lauren Barone, Katie Carroll, Kristen Frederichs) 1:54.89, 4-PC (Sandra Wozniak, Morgan Drusbacky, Alicia Jadwisiak, Hayley Manly) 1:57.83, 5-Ross (Brit O'Connor, Wendy Farrell, Megan Wasserman, Jaymelee Glaspy) 2:00.66, 11-OH (Ashley Gulvas, Stacy Laubacher, Tiffany Geiner, Ashlee Jenkins) 2:10.94, 12-PC (Beth Logsdon, Ashley Chapman, Jen Chura, Anna Oreskovich) 2:11.47, 18-Ross (Emily Zamora, Emily Grayson, Stephanie Mullins, Chelsea Earhart) 2:19.17, 20 OH (Amy Ottney, Amy Jenkins, Casey O'Shea, Mandy Young) 2:24.85.

200 Free: 1-Ellen Johnson (NDA) 1:55.07, 18-Farrell (R) 2:20.60, 21-Johannsen (PC) 2:25.70, 22-J. O'Shea (OH) 2:28.32, 23-C. O'Shea (OH) 2:28.23, 24-Genzman (PC) 2:29.96, 26-Earhart (R) 2:43.77.

200 IM: 1-Katie Carroll (NDA) 2:07.93, 9-Wasserman (R) 2:26.23, 17-Jenny Fate (R) 2:32.79, 23-Chapman (PC) 2:44.53, 24-Gulvas (OH) 2:44.72, 25-Lorell Kubick (PC) 2:54.24.

50 Free: 1-Susan Johnson (NDA) 24.97, 5-Frey (PC) 26.66, 6-Wozniak (PC) 26.87, 10-Glaspy (R) 27.46, 15-Jenkins (OH) 28.79, 18-Michelle Wilson (PC) 29.22, 22-Benner (OH) 29.88, 23-Young (OH) 30.01, 32-Laura McAllister (R) 31.46, 35-Caryn Diefenthaler (OH) 31.80, 36-Courtney Paxson (R) 32.21.

100 Fly: 1-Michelle Silva (NDA) 1:02.13, 5-Wasserman (R) 1:06.91, 13-Jadwisiak (PC) 1:08.88, 18-Fate (R) 1:10.98, 23-Logsdon (PC) 1:14.40, 26-Genzman (PC) 1:20.47, 28-Geiner (OH) 1:21.07, 29-C. O'Shea (OH) 1:23.1, 31-Diefenthaler (OH) 1:28.55, 32-Kubick (PC) 1:28.64.

100 Free: 1-Carolyn Routh (P) 55.17, 2-Manly (PC) 56.47, 3-O'Connor (R) 56.93, 8-Glaspy (R) 59.64, 16-Chura (PC) 1:02.23, 19-Jenkins (OH) 1:02.91, 25-Geiner (OH) 1:05.48, 27-Becky Hegemeir (OH) 1:07.48, 28-Zamora (R) 1:08.10, 33-O'Shea (OH) 1:08.95, 39-Earhart (R) 1:13.55, 41-Long (PC) 1:13.90.

500 Free: Katie Carroll (NDA) 5:06.67, 10-Frey (PC) 5:50.63, 19-Benner (OH) 6:20.92, 20-Jenkins (OH) 6:31.61, 21-Johannsen (PC) 6:36.80, 22-Mullins (R) 6:38.89, 24-Paxson (R) 7:02.80.

200 Free Relay: 1-NDA 1:42.59, 3-PC (Wozniak, Drusbacky, Frey, Manly) 1:46.60, 10-PC (Jadwisiak, Chura, Oreskovich, Logsdon) 1:53.81, 14-Ross (Fate, Farrell, Grayson, Zamora) 1:56.71, 15-OH (Geiner, Amy Jenkins, Benner, Ashlee Jenkins) 1:58.74, 19-OH (Hegemeir, Diefenthaler, O'Shea, Laubacher) 2:03.99, 21-Ross (Earhart, McAllister, McDonald, Paxson) 2:08.53.

100 Back: 1-Susan Johnson (NDA) 58.88, 3-O'Connor (R) 1:03.13, 8-Laubacher (OH) 1:09.23, 18-Gulvas (OH) 1:14.67, 23-Ottney (OH) 1:18.70, 26-Mullins (R) 1:21.05, 28-Young (OH) 1:21.64, 31-Zamora (R) 1:22.22, 32-Shoemaker (PC) 1:25.31, 36-Brittany Wynn (PC) 1:35.69, 37-McAllister (R) 1:36.08, 38-Heschel (PC) 1:40.48.

100 Breast: 1-Sara Carver (P) 1:11.30, 2-Drusbacky (PC) 1:11.41, 11-Farrell (R) 1:18.57, 13-Chapman (PC) 1:17.82, 16-Laubacher (OH) 1:20.72, 25-Grayson (R) 1:25.53, 26-Jenkins (OH) 1:27.93, 27-Savu (PC) 1:28.56, 32-Ottney (OH) 1:31.59, 33-Hegemeir (OH) 1:35.95.

400 Free Relay: 1-NDA 3:44.33, 3-Ross (O'Connor, Glaspy, Wasserman, Fate) 3:58.49, 7-PC (Wozniak, Frey, Drusbacky, Manly) 3:59.92, 13-PC (Jadwisiak, Oreskovich, Chura, Logsdon) 4:14.54, 15-OH (Gulvas, Young, Hegemeir, Benner) 4:32.74, 17-OH (O'Shea, Diefenthaler, Ottney, O'Shea) 4:37.31, 19-Ross (Paxson, Mullins, McDonald, McAllister) 4:57.85.

Swimming

High School Boys

NWOAC

Team Standings

1-Napoleon	371
2-Toledo St. John	327
3-Bowling Green	306
4-Perkins	301
5-Sylvania Northview	184
6-Lima Shawnee	174
7-Sandusky	155
8-Sylvania Southview	139
9-Port Clinton	129
10-Ross	109
11-Oak Harbor	90.5
12-Ayersville	29.5

200 Medley Relay: 1-BG (Ryan Wichman, Jeff Nelson, Paul Ricard, Ben Titus) 1:46.98, 5-Ross (Brandon Spicer, Elliot Hogan, Noah Grayson, Jake Ickes) 1:54.67, 8-PC (Joe Walker, Alex Darr, Mickey Burket, Jordan Darr) 1:55.88, 10-OH (Kyle Beck, Don Tabbert, Jared Diekmann, Thomas McRitchie) 1:59.99, 16-OH (Chris Greggila, Drew Grover, Josh Young, Nick Burns) 2:11.76, 19-PC (David Lonneman, Dan Heschel, George Hurrell, Eric Christiansen) 2:17.92.

200 Free: Paul Ricard (BG) 1:43.72, 8-Ickes (R) 1:58.02, 20-Greggila (OH) 2:1-Burns (OH) 2:26.83, 23-Kevin Held (R) 2:35.65.

100 Fly: 1-Daniel Goldberg (SYS) 56.30, 11-Jared Dickman (OH) 1:05.03, 16-Spicer (R) 1:07.86, 18-Mickey Burket (PC) 1:11.05, 20-Hurrell (PC) 1:13.54, 24-Josh Young (OH) 1:26.57.

200 IM: 1-Dan Wohl (P) 1:57.08, 15-Grayson (R) 2:22.44, 21-Burket (PC) 2:29.92, 22-Kyle Beck (OH) 2:35.38, 24-Hurrell (PC) 2:40.98, 25-Grover (OH) 2:47.82.

50 Free: 1-Dave Fournier (TSJ) 22.50, 5-Hogan (R) 23.83, 7-Jordan Darr (PC) 24.12, 10-Tyler Thieret (PC) 25.39, 11-Thomas McRitchie (OH) 25.67, 14-Matt Bachelder (R) 25.96, 20-Dan Tabbert (OH) 27.30, 23-Dan Heschel (PC) 28.21, 24-Brett Laub (OH) 28.73, 35-Josh Smith (PC) 30.73, 37-Jim Kuli (OH) 32.97, 41-Kyle Huffman (R) 40.73.

100 Free: 1-John Drum (SHAW) 50.24, 5-Ickes (R) 54.09, 6-J. Darr (PC) 54.15, 8-Diekman (OH) 54.85, 11-Joe Walker (PC) 56.32, 12-McRitchie (OH) 56.99, 15-Thieret (PC) 57.71, 21-Schabel (R) 1:01.40, 22-Burns (OH) 1:01.63, 31-Derek Hill (R) 1:09.07, 35-Josh Smith (PC) 1:13.72.

500 Free: 1-Paul Ricard (BG) 4:46.07, 13-Grayson (R) 5:38.78, 17-Greggila (OH) 6:20.89, 18-Brad Slomsky (OH) 6:22.75.

200 Free Relay: 1-Perkins 1:34.54, 7-PC (Walker, A. Darr, Thieret, J. Darr) 1:40.27, 9-OH (McRitchie, Burns, Beck, Diekmann) 1:43.78, 16-Ross (Greg Vandyn, Spicer, Bowen, Gamble) 1:51.25, 17-OH (Jim Kuli, Young, Slomsky, Laub) 1:57.43, 18-PC (Heschel, Christiansen, Lonneman, Hurrell) 1:57.95.

100 Back: 1-Daniel Goldberg (SYSO) 54.05, 10-Walker (PC) 1:05.68, 13-Beck (OH) 1:08.23, 17-Bachelder (R) 1:10.22, 18-Spicer (R) 1:10.60, 20-Lonnemen (PC) 1:15.27, 27-Young (OH) 1:22.46, 28-Hill (R) 1:22.85, 29-Held (R) 1:23.99, 30-Slomsky (OH) 1:24.75.

100 Breast: 1-Kevin O'Hara (NAP) 1:04.34, 5-Hogan (R) 1:06.67, 6-A. Darr (PC) 1:10.76, 15-Tabbert (OH) 1:15.67, 24-Grover (OH) 1:20.62, 25-Heschel (PC) 1:20.74, 28-Bowen (R) 1:23.33, 29-Spencer Schabel (R) 1:23.89, 35-Christiansen (PC) 1:36.91.

400 Free Relay: 1-BG 3:23.22, 11-Ross (Spicer, Ickes, Grayson, Hogan) 3:49.49, 12-PC (Burket, A. Darr, Lonnemen, Thieret) 3:58.09, 17-OH (Grover, Tabbert, Greggila, Slomsky) 4:21.13.