

1999 NWOAC...

# Ross boys third at NWOAC meet

## Yost leads Little Giants to their highest finish

News-Messenger reports

OAK HARBOR — The Fremont Ross boys swimming team placed third Saturday, tying its best finish ever at the Northwest Ohio Aquatic Conference Championships at Oak Harbor.

Pryde Yost led the way for the Little Giants, earning a first and second place finish. Ross finished with 283 points, behind only champion Napoleon and runner-up Perkins.

Northview was fourth with 255, followed by Sandusky with 198, Bowling Green (180), St. John's with (175), Shawnee (123.5), Port Clinton (106), Southview (54), Ayersville (34) and Oak Harbor (23).

### Swimming

Yost won the 50 freestyle with a 22.60, and was second in the 100 free 50.91 seconds.

Dan Schrickel was fourth in the 100 breaststroke in 1:06.23, Josh Fate was fourth in the 200 I.M. in 2:09.53.

Ross's 200 free and 200 medley relay teams were fourth and the 400 free team was third.

The girls were seventh, led by a record-setting performance by Amy Barnes.

She swam the 500 freestyle race in 5:21.80, breaking a record of 5:21.70 set by Mindy Icker in 1996.

She placed fifth in the race.

Napoleon won the event with 558 points, followed by Notre Dame with 343, Northview (275), Oak Harbor (254), Shawnee (192), Perkins (179), Ross (139), Bowling Green (131), Southview (110), Port Clinton (75), Sandusky (41) and Ayersville (28).

Barnes was also fifth in the 200 freestyle in 2:01.84. Jenny Straight was fifth in the diving competition with 308.75 points.

"The kids are starting to look a lot better," said Ross coach Phil Moran.

"We've backed off the yardage (in practice) and they are starting to respond."

# Swimming

## High School Boys

### NWOAC Championship

at Oak Harbor

Team standings

Napoleon 534, Perkins 344, Ross 283.5, Northview 255, Sandusky 198, Bowling Green 180, St. John's 175, Shawnee 123.50, Port Clinton 106, Southview 54, Ayersville 34, Oak Harbor 23.

Event results

200 medley relay

4— Ross A 1:48.94; 6— Ross B 1:55.68

200 freestyle

11— Brett Spicer 1:58.28; 13— Buck Young 2:00.13

200 IM

4— Josh Fate 2:09.53; 16— JJ Glaspy 2:29.82

50 free

1— Pryde Yost 22.60; 8— Dan Schrickel 24.51; 19— Adam Bundschuh 26.13

100 fly

6— Jon Oliver 1:00.31; 15— Josh Tooman 1:08.62

100 free

2— Pryde Yost 50.91; 25— Seth Geib 1:01.88; 27— Mervin Forbes 1:02.78; 30— Paul Nalley 1:03.60.

500 free

14— Spicer 5:19.75; 17— Glaspy 5:43.58

200 relay free

3— Ross A 1:36.31; 13— Ross B 1:49.55

100 backstroke

7— Josh Fate 1:00.65; 8— Buck Young 1:01.10; 18— Bundschuh 1:09.02; 22— Tooman 1:13.45.

100 breast

4— Schrickel 1:06.23; 12— Aron-Ozsva

ld 1:11.26; 16— Seth Geib 1:14.78

400 free

3— Ross A 3:30.15; 12— Ross B 3:57.33

## High School Girls

### NWOAC Championship

at Oak Harbor

Team standings

Napoleon 558, Notre Dame 343, Northview 275, Oak Harbor 254, Shawnee 192, Perkins 179, Ross 139, Bowling Green 131, Southview 110, Port Clinton 75, Sandusky 41, Ayersville 28.

Event results

12— Ross A 2:09.27; 18— Ross B 2:15.04

200 freestyle

5— Amy Barnes 2:01.84; 17— Morgan O'Connor 2:15.09; 23— Sarah Berger 2:21.67

200 IM

12— Nicole Farrell 2:29.88; 23— Sam Glaspy 2:40.15; 24— Tina Gilson 2:40.21; 26— Beth Heelzie 2:41.61

50 free

8— Courtney Abbott 26.92; 12— Jenny Schaaf 27.50; 21— Noelle Stroempl 28.68; 38— Krista Sachs 32.85

Diving

5— Jenny Straight 308.95, 13— Rachel Rusch 204.85

100 fly

17— Nicole Farrell 1:09.95; 20— Meg Nalley 1:15.73; 24— Sarah Berger 1:20.60; K. Van Dyne 1:23.47

100 free

12— Courtney Abbott 1:00.77; 22— Tina Gilson 1:05.38; 31— Erika Parker 1:00.79; 33— Abby Cominsky 1:09.81

500 free

5— Amy Barnes 5:21.80; 20— O'Connor 6:00.90

200 free

6— Ross 1:49.33; 16— Ross B 1:56.45

100 backstroke

20— Stroempl 1:12.65; 23— Beth Heelzie 1:14.12; 26— Amber Barnes 1:17.57; 28— Anna Obregon 1:19.24

100 breast

9— Jenny Schaaf 1:15.45; 18— Sam Glaspy 1:20.59; 20— E. Weatherby 1:20.71; 33— E. Showalter 1:30.35

400 free

9— Ross A 4:00.31; 16— Ross B 4:17.10