

2013 THREE RIVERS ATHLETIC CONFERENCE

Three Rivers Athletic Conference track championships

Jared Ballenger of Fremont Ross won the discus at 171 feet in the Three Rivers Athletic Conference meet.

Shanquise Mills was fourth in the long jump and Jeff Barnett was eighth. Jalen Oman cleared a personal best 12 feet to finish fifth in the pole vault.

Mills advanced to Friday's finals in the 110 hurdles, Barnett and Jacob Luc in the 100, and Barnett in the 300 hurdles. De Churchya advanced in the 400 and Dylan Starks did so in the 200.

Justin Schaffer, Lou Guardiola, Mike Muffler and Churchya were sixth in the 4X800 relay Wednesday.

Erin Slaughter was fourth in the high jump and Cassie Woleslagel was fifth for the Little Giants' girls. Valerie Bixler, Emily Muffler, Cassidi Lovell and Faye Sloma were sixth in the 4X800 relay.

Mariah Matthews qualified to the finals in the 100 and 200 while Woleslagel did so in the 300 hurdles. Elayna Ackerman moved on in the 100 hurdles and Brooklyn Swaisgood advanced in the 400.

Roundup

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through the game but it was tied at 7 in the sixth.

Three Rivers Athletic Conference Championship

Fremont Ross's boys track team established two meet relay records to finish third at the Three Rivers Athletic Conference championships.

Jacob Luc, Dylan Starks, Drew Starks and De Churchya ran the 4X200 relay in 1 minute, 29.06 seconds to top the old mark of 1:29.64 from last season. Luc, Jeff Barnett and the Starkses finished the 4X100 relay at 43.04 to top the 43.08 from last season.

Ariana Spencer won the long jump as the Little Giants' girls were fifth.

Jared Ballenger won both

throwing events.

"Jared has consistently been throwing great week in and week out," Ross coach John Elder said. "There were some outstanding performances by our kids this week. We competed very well.

"We expect our champions to advance to regionals and we think many can get out of regionals."

Lou Guardiola established a school record to finish fourth in the 3,200 at 9:37. Jeremiah Wagner set the old mark at state at 9:38 in 1995.

Notre Dame Academy won the girls portion while Whitmer took the boys.

Lake 7, Woodmore 3

Jake Matwiejczyk and freshman Tristan Roth each drove in a run and Woodmore's baseball team scored twice in the bottom of the seventh but fell in the Northern Buckeye Conference.
