

**Fremont Night Relays Records. 1961-1978**

Shot Put:	Doug Rhodus Ron Bash			
	Tom Rhea	148'2"	Findlay	1964
Discus:	Johnson Lemon			
	Arft	415'1.25"	Port Clinton	1967
Long Jump:	Jeff Brown Fred Vance			
	Larry Lindsey	60'4.25"	Fremont Ross	1978
Pole Vault	Jeff Opelt Keith Pettiford			
	Steve Gowitzka	37'9"	Fremont Ross	1973
High Jump:	Steve Philips Karl Hinesman			
	John Titus	17'5"	Bowling Green	1975
440 Relay	Jim Harvey Randy Dorsey			
	Rayfus Campbell			
	Mike Powell	44.7	Sandusky Perkins	1976
2Mile Relay	Mike Zahn Matt Miller			
	Tom Grimes			
	Rick Hartzell	8:20.7	Tiffin Columbian	1976
Shuttles	Ralph Warren Ned Warren			
	Donald White			
	Mike Cortland	52.8	Toledo Scott	1975
Sprint Medley	Rusty Williams Larry Sheffield			
	Jon Schwartz			
	Steve Parker		Fremont Ross	1968
Sprint Medley	Earl Smith Larry Sheffield			
	Len Ferguson Jon Schwartz		Fremont Ross	1969
Sprint Medley	John Heidelberg Earl Smith			
	Len Ferguson Larry Sheffield	1:35.8	Fremont Ross	1970

Distance Med.	Ken Toft			
Dave Lee				
Chuck Bosart				
Randy Russell	11:02.6	Sandusky Perkins		1978
880 Relay	1:31.5	Toledo Scott		1973
Mile Relay	3:30.1	Toledo Scott		1973
Obstacle	Brund			
Hurdle	Remner			
Relay	Hartsook			
Bula	47.9	Toledo Clay		1962

#### Team Winners Through The Years

1961	Findlay	54 points
1962	Bowling Green	53 points
1963	Bowling Green	49 points
1964	Findlay	51 points
1965	Bowling Green	48.5 points
1966	Bowling Green	49 points
1967	Fremont Ross	47.5 points
1968	Fremont Ross	55 points
1969	Fremont Ross	43 points
	Port Clinton	43 points
1970	Fremont Ross	55 points
1971	Fremont Ross	57 points
1972	Fremont Ross	55 points
1973	Fremont Ross	40 points
1974	Fremont Ross	45 points
1975	Bowling Green	82 points
1976	Fremont Ross	87 points
1977	Tiffin Columbian	104 points
1978	Fremont Ross	51 points

### Fremont INVITATIONAL RECORDS - BOYS 1979-2021

Shot Put:	Cody Riffle	63'7.5"	St. John's Jesuit	2010
Discus:	Jared Ballenger	179'9"	Fremont Ross	2014
Long Jump:	Joe Allen	23'2"	Toledo Rogers	1996
Pole Vault	Adam Alexander	14'2"	Old Fort	2014
High Jump:	Scott Postma	6'4"	Port Clinton	1993
	D.J. Brown	6'4"	Fremont Ross	2006
	Brett Mierke	6'4"	Fremont Ross	2009
Hammer	Josh Ballenger	163'5"	Fremont Ross	2010
6400 Relay		18:39.62	Central Catholic	2004
3200 Relay	Koerper Yocum M. Reedy			
	Boos	8:11.0	Tiffin Columbian	1991
110 Hurdles	Dailyn Moore	13.98	Sandusky	2009
100 Meters	Joe Allen	10.50	Elyria	1996
	Kelly Lytle	10.50	Fremont Ross	2000
1600 Meters	Josh Souder	4:26.94	St. Wendelin	2002
	Louis Guardiola	4:26.94	Fremont Ross	2014
4x100 Relay	Xavier Darden David Rhodes Jose Simms			
	Kelly Lytle	43.10	Fremont Ross	2000
4x200 Relay		1:30.36	Sandusky	2004
400 Meters	Adam Wilhelm	48.72	Fremont Ross	2004
400 Shuttles		62.07	Clyde	2005
300 Hurdles	Williams	37.70	Sandusky	1997
800 Meters	Elon Simms	1:55.90	Fremont Ross	2005
200 Meters	Demar Adock	21.57	Sandusky	2010
3200 Meters	Kevin Spalding	9:53:33	Central Catholic	2004
4x400 Relay		3:24.97	Fremont Ross	2005

#### Team Winners Through The Years

1979	Fremont Ross	100 points
1980	Port Clinton	82 points
1981	Marion Harding	86 points
1982	Marion Harding	85 points
1983	Marion Harding	98 points
1984	Tiffin Columbian	87 points
1985	Fremont Ross	76 points
1986	Bowling Green	74 points

1987	Bowling Green	68 points
1988	Tiffin Columbian	74 points
1989	Toledo Start	92 points
1990	Fremont Ross	120 points
1991	Elyria	96 points
1992	Tiffin Columbian	106 points
1993	Fremont Ross	115 points
1994	Cancelled rain out	
1995	Fremont Ross	139 points
1996	Fremont Ross	131.5 points
1997	Fremont Ross	165.5 points
1998	Cancelled	(track unusable)
1999	Cancelled	(track unusable)
2000	Sandusky	113 points
2001	Sandusky	152.3 points
2002	Fremont Ross	147.5 points
2003	Sandusky	138 points
2004	Fremont Ross	158 points
2005	Fremont Ross	195 points
2006	Fremont Ross	188 points
2007		not available
2008		not available
2009	Cleveland St. Ignatius	143 points
2010	Fremont Ross	150 points
2011	Central Catholic	141 points
2012		not available
2013	Fremont Ross	134 points
2014		not available
2015		not available
2016		not available
2017		not available
2018		not available
2019	Fremont Ross	137 points
2020		Cancelled Covid
2021	Lakota	143 points