

1990 State meet...



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ROSS SENIOR Amy Ritzman runs to a 68th-place finish at the state cross country meet Saturday.

Arndt takes 21st at state

Ross's Ritzman finishes 68th

By MARK GRIFFIN
Staff writer

COLUMBUS — While St. Joseph Central Catholic sophomore Scott Reineck was smiling, senior teammate Tim Arndt was shaking his head and wondering what went wrong Saturday at Scioto Downs.

Arndt finished 21st and Reineck took 67th Saturday in the Division III boys race at the 62nd state cross country meet.

"I haven't had the desire anymore," Arndt, a three-time state qualifier, said after finishing in 16 minutes, 39 seconds.

Asked if he was suffering from burnout, Arndt said, "I guess so."

"I'm happy that I have the ability, but I could have done better. I didn't have the energy."

Arndt, who finished 22nd a year ago, said the pace of the race got to him early on.

"My first mile was 4:50-something, and that's too fast," he said. "It's usually around five (minutes) flat. It was a fast race. It was a perfect day — I knew it was going to be fast — but I couldn't hang up there."

St. Joe coach Gary Logsdon said Arndt "ran a good race, but it wasn't good enough to bring him down to the top 10 or 12."

"Both of them hit their (average) times for the season. Nothing less and nothing more. Just a good, solid race."

Genoa boys third, B-4

Reineck was nothing short of awed by the state meet. He finished in 17:26.

"Everybody just takes off ... it was a lot different than I expected," he said.

"I ran pretty good today. I think I could have done a little better, but this is only my first (state meet). I didn't really know how to run this, but my time was good."

Senior Amy Ritzman of Ross, also making her first appearance at the state meet, finished 68th in 20:23 in the Division I race.

"I didn't run very well," she said. "I didn't run how I wanted to. I got a side cramp the first half-mile. I just tried to keep running and finally it went away after the two-mile mark."

Upper Arlington won the Division I girls race with 89 points.

Margaretta's girls, led by freshman Andrea Lindsley, took 11th place in the Division II race with 235 points.

Lindsley was 13th in 19:44, followed by teammates Angie Lewis (68th, 21:17), Marlene Parker (88th, 21:54), Marina Ensign (89th, 21:59) and Angie Sessler (101st, 22:17).

Sandusky St. Mary's won its record fourth straight Division II girls title, finishing with 85 points.