

2006 Season Review...

SWIMMING

Foursome takes two events

Jessica Ickes, Caley Miller, Megan Wasserman and Jacque Fate were first in the 400-yard freestyle relay and 300 butterfly, and third in the 400 medley relay as Fremont Ross finished the NWOAC Relays tied for fifth with 90 points.

Perkins won the event with 158 and Oak Harbor also had 90.

Matt Bachelder, Chris Beier, Spencer Schabel and Kevin Held were second in the 800 freestyle, and Andre Velez, Josh Bowen, Lincoln Fahrbach and Bachelder were second in the 300 butterfly as the Little Giant boys were fifth with 102 points.

Napoleon won with 138 points and the Rockets were sixth with 96. Lucas Bechtel, Kyle Beck and Stevyn Perry won the 300 medley for Oak Harbor.

Brad Nuhfer, Bowen and Velez were third in the 300 medley. Bachelder, Beier, Velez and Fahrbach were second in the 400 freestyle.

Zach Porter, Brent Browning, Josh Young and Beck were second in the 300 backstroke for the Rocket boys.

NWOAC Relays

Team Rankings

1. Napoleon	138
5. Ross	102
6. Oak Harbor	96
10. Port Clinton	22

1 meter Diving

3. S Oak Harbor	119.40
400 Yard Medley	
4. Port Clinton (D. Lonneman, A. Hehr, M. Burkert, J. Que), 4:15.96	5. Oak Harbor (K. Beck, S. Perry, B. Browning, J. Young), 4:16.52

400 Yard Medley

4. Port Clinton (D. Lonneman, A. Hehr, M. Burkert, J. Que), 4:15.96	5. Oak Harbor (K. Beck, S. Perry, B. Browning, J. Young), 4:16.52
10. Ross (E. White, M. Yuhas, K. Wasserman, A. Widman), 4:53.64	

800 Yard Freestyle

2. Ross (M. Bachelder, C. Beier, S. Schabel, K. Held), 8:31.95	8. Oak Harbor (P. Cervantes, P. O'Shea, D. Wilburn, D. Witt), 10:01.00
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200 Yard Freestyle

5. Ross (K. Held, B. Osborne, D. Tucker, B. Nuhfer), 1:47.83	7. Oak Harbor (E. Miller, P. Cervantes, B. Andryc, Z. Porter), 1:50.96
9. Port Clinton (S. Anderson, E. Sneath, T. McLean, J. Que), 2:12.56	

300 Yard Butterfly Relay

2. Ross (A. Velez, J. Bowen, M. Bachelder, L. Fahrbach), 2:50.99	6. Oak Harbor (E. Miller, P. Cervantes, B. Browning, S. Perry), 3:12.35
9. Port Clinton (S. Anderson, E. Sneath, T. McLean, J. Que), 2:41.51	

500 Yard Freestyle

4. L. Fahrbach, Ross, 5:18.21	5. L. Bechtel, OH, 5:41.44
9. A Woods, PC, 7:26.09	

300 Yard Backstroke Relay

2. Oak Harbor (Z. Porter, B. Browning, J. Young, K. Beck), 3:08.63	7. Ross (D. Tucker, K. Wasserman, E. White, K. Held), 3:33.17
8. Port Clinton (H. Baldwin, B. Jones, D. Lonneman, T. Brand), 3:44.92	

300 Yard Breaststroke Relay

4. Ross (B. Osborne, M. Yuhas, J. Bowen, S. Schabel), 3:44.20	
9. A Woods, PC, 4:27.70	

High School Girls

NWOAC Relays

Team Standings

1. Perkins	158
5. Oak Harbor	90
5. Ross	90
10. Port Clinton	24

1 meter Diving

4. H. Oak Harbor	140.30
400 Yard Medley	

3. Ross (J. Fate, M. Wasserman, J. Ickes, C. Miller), 4:25.03	7. Oak Harbor (S. Greggila, J. Grover, K. Hallett, K. Goldstein), 4:46.91
8. Port Clinton (J. Higgins, L. Oreskovich, T. Letterhos, F. Blackburn), 11:23.65	

800 Yard Freestyle

5. Oak Harbor (H. Dahlhofer, C. Diefenthaler, K. Bechtel, S. Greggila), 9:09.40	9. Port Clinton (S. Higgins, L. Oreskovich, T. Letterhos, F. Blackburn), 11:23.65
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200 Yard Medley

5. Ross (A. Moyer, J. Serrick, S. Zimmerman, J.), 3:45.99	6. Oak Harbor (J. O'Shea, S. Reynolds, K. Bechtel), 3:50.71
7. Port Clinton (J. Chura, H. Below, E. Lahdesmaki), 3:52.97	

200 Yard Freestyle

4. Oak Harbor (K. Hallett, C. Diefenthaler, J. Grover, K. Goldstein), 1:54.42	6. Ross (A. Kim, S. Wallther, H. Morris, S. Zimmerman), 2:02.88
10. Port Clinton (K. Fisher, T. Letterhos, L. Oreskovich, C. Nickel), 2:09.65	

300 Yard Butterfly

1. Ross (J. Fate, C. Miller, M. Wasserman, J. Ickes), 3:07.79	5. Oak Harbor (J. O'Shea, S. Reynolds, K. Hallett, K. Bechtel), 3:35.40
7. Oak Harbor (J. Overmyer, K. Fisher, S. Wallther, J. Serrick), 4:02.38	7. Port Clinton (B. Fleming, K. Fisher, L. Below, J. Schoder), 3:53.06

Girls 500 Yard Freestyle

5. S. Greggila, OH, 5:48.93	9. B. Haussman, Ross, 7:22.44
10. T. Rust, PC, 7:58.88	

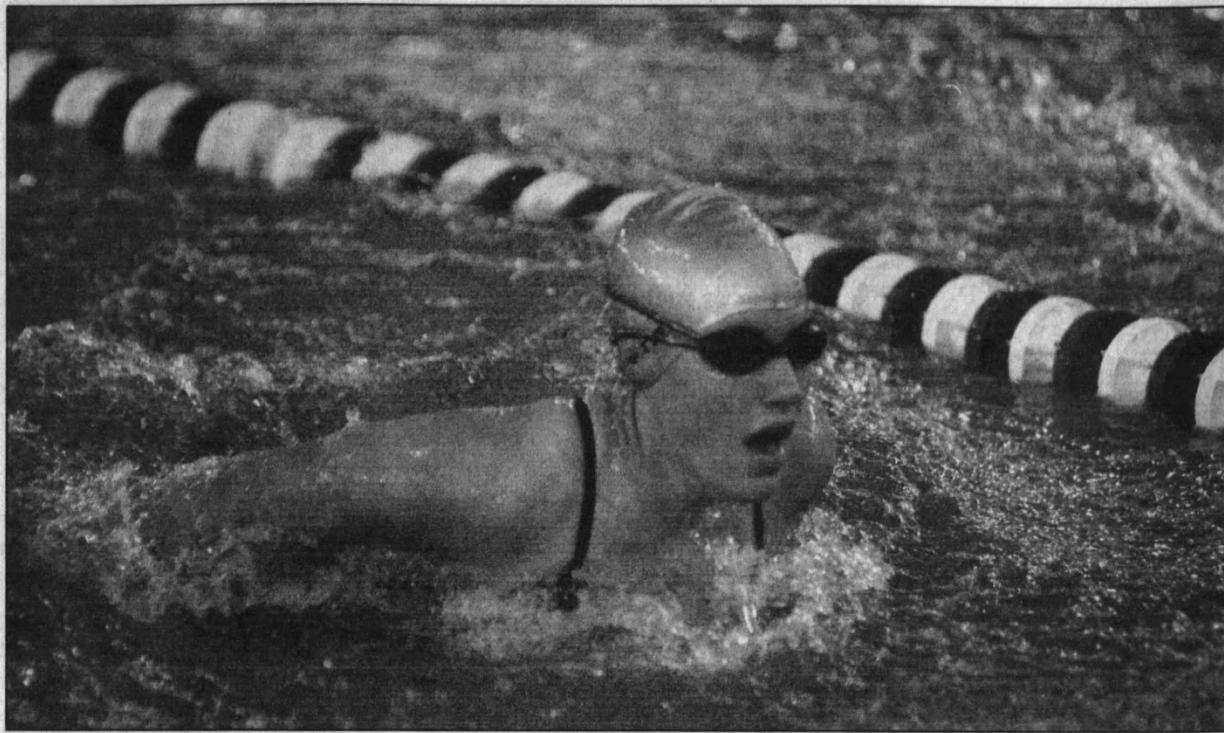
300 Yard Backstroke

5. Oak Harbor (H. Schings, T. Belknap, A. Burbach, H. Dahlhofer), 3:53.54	7. Ross (J. Overmyer, K. Fisher, S. Wallther, J. Serrick), 4:02.38
8. Port Clinton (M. Cervantes, J. Doering, T. Tabbert, J. Grover), 4:27.01	

400 Yard Freestyle

1. Ross (J. Ickes, C. Miller, M. Wasserman, J. Fate), 3:52.30	7. Oak Harbor (J. O'Shea, C. Diefenthaler, K. Goldstein, S. Reynolds), 4:18.34
9. Port Clinton (A. Moore, S. Messa, R. Ramirez, B. Allen), 4:51.53	

HIGH SCHOOL SWIMMING



News-Messenger/Polly Ann Bauman

OAK HARBOR'S Meghan Cervantes swims in Monday's dual meet. The Rockets defeated Fremont Ross and Port Clinton.

Little Giants stand tall in pool

By MATTHEW HORN
Sports Writer

OAK HARBOR — Fremont Ross coach Phil Moran puts very little credence in dual meet scores choosing instead to focus on the meets at the end of the campaign.

However, he is unlikely to find qualms with having seven event winners on each side of a meet Monday. The Little Giant boys topped Oak Harbor 100-83 and Port Clinton 123-47, while the girls defeated the Redskins 112-58 and fell to the Rockets 99-81.

The Oak Harbor girls beat Port Clinton 136-44 and the boys won 110-70.

Lincoln Fahrbach (200 individual medley, 500

freestyle), Matt Bachelder (200 freestyle) and Chris Beier (50 freestyle) each captured individual event wins for Ross. Bachelder, Beier, Fahrbach and Brad Nuhfer combined to win the 200-freestyle relay, and Beier, Fahrbach, Bachelder and Andre Velez teamed up on a winning 400-freestyle relay.

Bachelder, Nuhfer and Fahrbach went to state as part of a 200-freestyle relay last season. Fahrbach went in the 100 butterfly.

Spencer Schabel won the 100 breaststroke for the Little Giants.

Jessica Ickes (200 IM, 100 backstroke), Caley Miller (100 butterfly), Jacque Fate (100 freestyle) and Megan



News-Messenger/Polly Ann Bauman
OAK HARBOR'S Sam Reynolds swims in Monday's dual meet. The Rocket boys beat Port Clinton but fell to Fremont Ross.

Wasserman (100 breaststroke) each won individual events for Ross. Ickes, Wasserman, Miller and Fate also comprised the

last year. Fate also qualified in the 50 and 100 freestyles.

Kyle Beck (100 backstroke) and Josh Young (100 freestyle) each won one event and participated on the winning 200 medley relay for Oak Harbor.

"We had great times (Monday) and you love to see that early in the season," Rocket coach Andrea Sorg said. "We're in good shape for this time of year on both sides."

Stephanie Greggila (200 freestyle), Kristin Goldstein (50 freestyle) and Katie Bechtel (500 freestyle) each won one event and swam on the winning 400-freestyle relay for

the Rocket girls.

Sorg was particularly excited about Greggila's time of 2 minutes, 8.88 seconds in the 200 freestyle.

Sorg said her teams never cease to amaze her. And this is coming off an unbeaten regular season for the boys last year.

"They work so hard in practice. This is the first time in three years I'm satisfied with the times and technique that we saw," Sorg said of the Rockets first meet earlier this season.

And even with some key departures Sorg's expectations have not been lowered.

See ROCKETS, B2

Rockets coach is impressed

Continued from B1

"I don't have team expectations but individual expectations and those haven't let up," she said. "We lost a strong group of boys but the expectations for individuals still have not been lowered."

Sorg is getting her first opportunities to see many of her swimmers in a competitive setting and is pleased with their progress — especially considering their

bodies are tired from the time and energy they've put in preparing for the season.

Stevyn Perry and Brent Browning rounded out the 200 Medley Relay for Oak Harbor. Adam Andryc won the boys diving competition and Carrie Andryc took the girls portion for the Rockets.

Sorg said Alyssa Perry's swims in the 50 and 100 freestyles stood out.

"She continues to lower her times — she had some really nice splits," Sorg said.

Swimming

High School Boys

Ross 100, Oak Harbor 83

Ross 123, Port Clinton 47

Oak Harbor 110, Port Clinton 70

200 Medley Relay: 1. OH (Kyle Beck, Stevyn Perry, Brendt Browning, Josh Young) 1:51.77, 2. Ross (Andre Velez, Spencer Schabel, Josh Bowen, Brad Nuhfer) 1:55.86, 3. PC (David Lonneman, Adam Hehr, Mickey Burkett, Justin Que) 1:56.43.

200 Free: 1. Matt Bachelder (R) 1:58.20, 2. Josh Young (OH) 2:04.32, 3. Austin McDonough (PC) 2:06.68.

200 IM: 1. Lincoln Fahrbach (R) 2:05.92, 2. Lucas Bechtel (OH) 2:21.78, 3. Stevyn Perry (OH) 2:23.03.

50 Free: 1. Chris Beier (R) 24.01, 2. Brad Nuhfer (R) 24.55, 3. Brendt Browning (OH) 24.75.

1-Meter Diving: 1. Adam Andryc (OH) 149.75, 2. Clayton Finken (OH) 1:41.80, 3. Dillon Perkins (OH) 128.50.

100 Fly: 1. Mickey Burkett (PC) 56.90, 2. Beck (OH) 1:03.48, 3. Bowen (R) 1:04.27.

100 Free: 1. Josh Young (OH) 52.19, 2. Beier (R) 54.07, 3. Nuhfer (R) 56.79.

500 Free: 1. Fahrbach (R) 5:01.11, 2. Burkett (PC) 5:02.52, 3. Bechtel (OH) 5:38.61.

200 Free Relay: 1. Ross (Bachelder, Beier, Nuhfer, Fahrbach) 1:34.25, 2. PC (Justin Que, Josh Smith, Hehr, Burkett) 1:43.03, 3. OH (Perry, Zach Porter, PJ Cervantes, Lucas Bechtel) 1:44.40.

100 Back: 1. Beck (OH) 1:01.40, 2. Bachelder (R) 1:03.32, 3. Lonneman (PC) 1:10.65.

100 Breast: 1. Spencer Schabel (R) 1:12.12, 2. Hehr (PC) 1:14.24, 3. Bowen (R) 1:15.36.

400 Free Relay: 1. Ross (Andre Velez, Beier, Fahrbach, Bachelder) 3:33.32, 2. OH (Bechtel, Beck, Browning, Young) 3:38.73, 3. Ross (Held, Brad Osborne, Adam Widman, DJ Tucker) 4:13.36.

Swimming

High School Boys

Ross 97, Sylvania Northview 79

Ross Results

200 Medley Relay: 1. Ross. (Matt Bachelder, Spencer Schabel, Andre Velez, Brad Nuhfer) 2:03.84.

200 Free: 1. Derek Balogh (SN) 2:01.98, 2. Lincoln Fahrbach 2:02.09, 3. Matt Bachelder 2:14.76, 6. Michael Yuhas 2:34.17.

200 IM: 1. Andre Velez 2:43.61, 5. Kevin Held 2:52.84, 6. DJ Tucker 2:52.88.

50 Free: 1. Chris Beier 26.75, 2. Brad Nuhfer 27.20, 6. DJ Tucker 33.69.

100 Fly: Josh Bowen 1:11.58, 2. Velez 1:13.22, 3. Kyle Wasserman 1:14.59.

100 Free: 1. Michael Pelechaty (SN) 57.76, 2. Beier 1:00.25, 3. Nuhfer 1:03.20, 5. Adam Brandt 1:22.92.

500 Free: 1. Derek Balogh 5:32.83, 2. Fahrbach 5:37.96, 4. Held 6:52.45.

200 Free Relay: 1. Ross (Bachelder, Nuhfer, Beier, Fahrbach) 1:45.33, 2. Ross (Bowen, Spencer Schabel, Erick White, Adam Widman) 1:55.33.

100 Back: 1. Michael Pelechaty (SN) 1:07.88, 3. White 1:19.21, 4. Wasserman 1:21.14, 5. Brad Osborne 1:28.77.

100 Breast: 1. Bowen 1:23.79, 3. Schabel 1:24.78, 6. Yuhas 1:40.66.

400 Free Relay: 1. Ross (Fahrbach, Velez, Beier, Bachelder) 3:55.77, 3. Ross (Widman, White, Bowen, Schabel) 4:34.60.

High School Girls

Sylvania Northview 110, Ross 73

Ross Results

200 Medley Relay: 1. Ross (Jessica Ickes, Megan Wasserman, Caley Miller, Jacque Fate) 2:13.01, 4. Ross (Alyssa Moyer, Staci Zimmerman, Jenn Serrick, Stephanie Walther) 2:33.75.

200 Free: 1. Karen Borysiak (SN) 2:18.83, 2. Ickes 2:22.24, 5. Brittany Hausman 2:59.41, 6. Brittnay Slaughter 2:59.86.

200 IM: 1. Wasserman 2:38.17, 5. Alyssa Moyer 3:12.27, 6. Julie Overmyer 3:26.29.

50 Free: 1. Fate 28.14, 2. Caley Miller 30.64, 5. Amy Kim 34.03.

100 Fly: 1. Ickes 1:12.83, 5. Jenn Serrick 1:25.41, 6. Julie Overmyer 1:30.91.

100 Free: 1. Fate 1:03.20, 4. Kim 1:13.31, 6. Walther 1:16.81.

500 Free: 1. Borysiak (SN) 6:07.82, 3. Miller 6:39.97, 5. Zimmerman 7:18.19, 6. Hausman 7:58.85.

200 Free Relay: 1. Ross (Ickes, Wasserman, Fate, Miller) 1:59.06, 3. Ross (Serrick, Slaughter, Kim, Overmyer) 2:19.40, 5. Ross (Ellen Defrance, Hannah Hoffman, Kayla Bowen, Hanna Morris) 2:32.11.

100 Back: 1. Emily Gould (SN) 1:23.69, 3. Moyer 1:26.01, 5. Walther 1:33.53, 6. Bowen 1:38.70.

100 Breast: 1. Wasserman 1:23.12, 5. Defrance 1:52.63.

400 Free Relay: 1. SN 4:41.71, 3. Ross (Serrick, Walther, Moyer, Zimmerman) 4:59.90, 4. Ross (Hausman, Overmyer, Slaughter, Kim) 5:18.90, 6. Ross (Bowen, Brooke Ratcliff, Hoffman, Ashley Wood) 5:58.85.

HIGH SCHOOL ROUNDUP

Fate wins 50-meter freestyle at Reeb

News-Messenger reports

Jacque Fate won the 50-meter freestyle at the Ned Reeb Invitational in Columbus over the weekend.

Fate also finished ninth in the 100 freestyle, and was part of a sixth-place 200 freestyle relay with Caley Miller, Megan Wasserman and Jessica Ickes.

On the boys side, Lincoln Fahrbach finished fourth in both the 100 butterfly and the 100 freestyle, and was part of a fourth-place 200 freestyle relay with Matt Bachelder, Brad Nuhler and Chris Beier.

Swimming

High School Boys

Ned Reeb Memorial

at Ohio State University

Ross Results

50 Free: 8. Matt Bachelder 22.88; 15. Chris Beier 23.56.

100 Fly: 4. Lincoln Fahrbach 54.26.

100 Free: 4. Fahrbach 49.25.

200 Free Relay: 4. Ross (Bachelder, Brad Nuhfer, Beier, Fahrbach) 1:32.76.

400 Free Relay: 7 Ross (Bachelder, Beier, Andre Velez, Fahrbach) 3:29.92.

High School Girls

Ned Reeb Memorial

at Ohio State University

Ross Results

200 IM: 15. Megan Wasserman 2:23.84.

50 Free: 1. Jacque Fate 24.65.

100 Fly: 12. Jessica Ickes 1:03.25.

100 Free: 9. Jacque Fate 54.81.

200 Free Relay: 6. Ross (Jessica Ickes, Caley Miller, Megan Wasserman, Jacque Fate) 1:45.11.

100 Back: 14. Jessica Ickes 1:06.89.

HIGH SCHOOL SWIMMING

Chances of relay teams' return trip look good

By MATTHEW HORN
Sports Writer

Fremont Ross sent an entry to state in the 200-yard freestyle relay for both the girls and boys last year.

Jessica Ickes, Caley Miller, Megan Wasserman and Jacque Fate — who are each back for a run at a second trip — are already only 2 seconds off their district time from a year ago. They established a pool record at 1 minute, 44.84 seconds Wednesday as the girls fell to Findlay 67-26.

"That was a tremendous swim in our 75-year old pool," said Little Giant coach Phil Moran. "That record stood for about 30

years. That's a great sign of what they're capable of doing at the end."

The foursome swam the event in 1:45.11 over the weekend at the Ned Reeb Invitational at Ohio State in what was supposed to be the fastest pool in the U.S., according to Moran.

"They were faster in our little old pool," he said. "There is something about being at home to find that extra special effort — especially when you're tired. It was all guts on that relay."

The Ross boys beat Findlay 59-35.

Chris Beier has replaced graduated Jake Ickes on the boys 200-freestyle relay.

Matt Bachelder, Lincoln Fahrbach and Brad Nuhfer each returns, but the foursome didn't swim the event together Wednesday.

The group is currently 3 seconds faster than this time last year as Nuhfer said Beier has fit right in.

"He's filling in the position very well," Nuhfer said. "He's a fast kid. He's working hard. If it was anybody he'd be the one I'd choose to fill that spot."

The boys swam a 1:29.5 at districts last season and the school record of 1:29.27 is a definite goal, Nuhfer said.

"We'd like to get to 1:30 before districts and 1:27 or faster to get to state," he

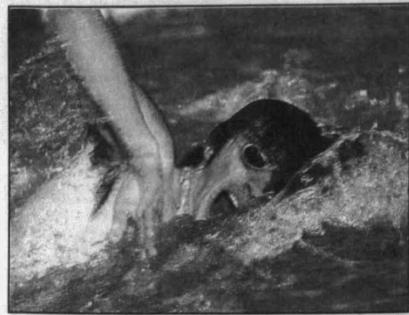
said. "I think we can do that for sure. Everybody on the relay wants it."

"We had a ball at state. It's just fun to get there and it's amazing to think you're one of the top ranked relays. We're trying to get Beier there. We have the experience and we know what we want and we're going for it."

Nuhfer would also like to qualify for state in the 50 or 100 freestyle. And an unbeaten regular-season record would certainly work as well.

"We're trying," Nuhfer said. "We practice hard and

See RELAYS, B3



News-Messenger/Charlie Longton
FREMONT ROSS'S LINCOLN Fahrbach swims in the 500-meter freestyle during a meet against Findlay on Wednesday. The Ross boys won, while the girls lost.

Relays look good for Ross

Continued From B1

work hard. We just jump in and swim fast and whatever happens, happens. So far so good."

Fahrbach, Bachelder, Spencer Schabel and Andre Velez won the 200-medley relay. Bachelder took the 200 freestyle, Fahrbach the 200 IM and 500 freestyle, and Velez the 100 butterfly.

Schabel, Beier, Nuhfer and Josh Bowen won the 200-freestyle relay, Fahrbach, Beier, Velez and Bachelder the 400-freestyle relay, and Schabel the 100 breaststroke.

Fate captured the 50 freestyle and Ickes the 100 butterfly.

"The kids swam well," Moran said. "A lot of young kids had personal-best times. Findlay is tough. That's who we'll have to beat at districts so it's good to

see them. The (girls) relays should definitely be competitive — relay to relay getting kids to state we can compete."

Erick White and Bachelder each shaved 2 seconds off their best times in the 100 backstroke

Brooke Ratcliff (50 and 100 freestyles), D.J. Tucker (200 freestyle), Brittany Hausman (200 freestyle), Miller (IM), Michael Yuhas (50 freestyle), Jordan Beck (50 freestyle) and Joy Risner (50 freestyle) established personal-best times for Ross. Brad Osborne's split in the 200-freestyle relay also set a personal mark.

"We had freshmen already posting times that could get to districts," Moran said.

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Swimming

High School Boys

Fremont Ross 59, Findlay 35

200 Medley Relay

1. Lincoln Fahrbach, Spencer Schabel, Andre Velez, Matt Bachelder (Ross) 1:48.76
2. Brian Pellam, Chris Price, Michael Taylor, Todd Geise (F) 1:51.29
3. Eric Coletta, Zach Dominique, Kyle Wasserman, Brad Nuhfer (Ross) 1:59.49
4. Devin Woeste, Woody Hostler, Kyle Hemmiller, Greg Acuna (F) 2:10.33

200 Freestyle

1. Bachelder (R) 1:57.41
2. Pellam (F) 1:58.21
3. Robby Craun (F) 1:58.38
4. D.J. Tucker (Ross) 2:22.87

200 IM

1. Fahrbach (R) 2:09.55
2. Chris Price (F) 2:16.21
3. Velez (R) 2:31.42
4. Taylor (F) 2:33.27

50 Freestyle

1. Geise (F) 24.01
2. Chris Beier (R) 24.03
3. Nuhfer (R) 25.08
4. Woeste (F) 28.31

100 Butterfly

1. Velez (R) 1:04.24
2. Taylor (F) 1:04.28
3. Bowen (R) 1:06.09

100 Freestyle

1. Geise (F) 52.00
2. Beier (R) 54.44
3. Nuhfer (R) 57.09
4. Craun (F) 1:02.35

500 Freestyle

1. Fahrbach (R) 5:06.03
2. Price (F) 5:17.10
3. Kevin Held (R) 6:09.75
4. Hemmiller (F) 6:28.59

200 Freestyle Relay

1. Bowen, Schabel, Beier, Nuhfer (R) 1:39.21
2. Adam Widman, Brian Hoelzle, Jordan Beck, Brad Osborne (R) 1:49.78
3. Connor, Woeste, Brad Line, Acuna (F) 1:50.41
4. Kyle Coletta, Hostler, Zach Dominique, Patrick Worstell (F) 1:57.18

100 Backstroke

1. Pellam (F) 1:00.94
2. Bachelder (R) 1:01.47
3. Erick White (R) 1:09.89
4. Woeste (F) 1:10.00

100 Breaststroke

1. Schabel (R) 1:14.56
2. Hostler (F) 1:17.75
3. Bowen (R) 1:17.93
4. Jeff Karhoff (F) 1:24.83

400 Freestyle Relay

1. Fahrbach, Beier, Velez, Bachelder (R) 3:34.32
2. Geise, Price, Taylor, Pellam (F) 3:40.10
3. Widman, Osborne, Held, Tucker (R) 4:11.46
4. Craun, Acuna, Anthony Baratta, Hemmiller (F) 4:16.85

High School Girls

Findlay 67, Fremont Ross 26

200 Medley Relay

1. Rachel Price, Amber Arnette, Brittny Bills, Annie Donovan (F) 1:59.96
2. Jessica Ickes, Megan Wasserman, Cailey Miller, Jacque Fate (R) 2:00.21
3. Lisa Geise, Jackie Walsh, Deldra Weber, Courtney Meuser (F) 2:28.77
4. Brooke Ritter, Ellen Defrance, Julie Overmyer, Britney Slaughter (R) 2:33.39

200 Freestyle

1. Emily Church (F) 2:07.12
2. Jamie Malloy (F) 2:24.43
3. Brittany Hausman (R) 2:37.23
4. Emily Haubert (R) 3:00.70

100 IM

1. All Church (F) 2:22.34
2. Price (F) 2:23.92
3. Miller (R) 2:37.76
4. Staci Zimmerman (R) 2:38.15

50 Freestyle

1. Fate (R) 25.28
2. Donovan (F) 25.64
3. Amy Zelinsky (F) 27.31
4. Joy Ritsner (R) 33.12

100 Butterfly

1. Ickes (R) 1:03.76
2. Price (F) 1:05.02
3. Wasserman (R) 1:07.24
4. Bills (F) 1:23.23

100 Freestyle

1. All Church (F) 59.92
2. Zelinsky (F) 1:00.20
3. Jenn Serrick (R) 1:04.68
4. Raittill (R) 1:12.70

500 Freestyle

1. Emily Church (F) 5:50.75
2. Weber (F) 6:08.01

400 Freestyle Relay

1. Ickes, Miller, Wasserman, Fate (R) 1:44.84 (pool record)
2. Donovan, Meuser, Zelinsky, All Church (F) 1:45.33
3. Bills, Arnette, Malloy, Emily Church (F) 1:53.82
4. Serrick, Haubert, Hailey Bowen, Julie Auen (R) 2:20.54

100 Backstroke

1. Meg Jastal (F) 1:17.40
2. Lisa Geise (F) 1:17.69
3. Julie Overmyer (R) 1:34.04
4. Kait Fisher (R) 1:35.95

100 Breaststroke

1. Arnette (R) 1:14.59
2. Bills (F) 1:19.05
3. Zimmerman (R) 1:22.77
4. Ellen Defrance (R) 1:39.63

400 Freestyle Relay

1. Zelinsky, Emily Church, Alli Church, Donovan (F) 3:50.22 (pool record)
2. Ickes, Miller, Wasserman, Fate (R) 3:51.87
3. Weber, Price, Malloy, Meuser (F) 4:09.33
4. Kayla Bowen, Hausman, Hannah White, Hannah Hoffmann (R) 5:06.63

Swimming

Ross boys third, girls sixth

Lincoln Fahrbach, Matt Bachelder, Brad Nuhfer and Chris Beier finished the 200-yard freestyle relay in second as Fremont Ross was third at the St. Francis Invitational with 258.5 points.

Toledo St. Francis DeSales won the boys portion with 452.5.

St. Joseph Central Catholic was 12th with 32 points as Nick Swint was third in the 100 backstroke.

Fahrbach was second in the 50 and 100 freestyles.

Caley Miller, Jessica Ickes, Megan Wasserman and Jacque Fate were second in the 200-freestyle relay as the Little Giant girls were sixth with 152 points.

Findlay won the girls portion with 333.

Fate was second in the 100 freestyle. The Little Giants won the 200-medley relay, finished second in the 400-freestyle relay and Ickes was third in the 100 backstroke.

Chris Ronski (100 freestyle), Mike Wagner (50 and 100 freestyles), Mini Karakaraj (50 freestyle and 100 breaststroke), Diana Ruatti (100 freestyle and 100 breaststroke), Sarah Keating (100 freestyle) and Brooke Eicher (50 freestyle and 100 freestyle) established personal best times for SJCC.

Swimming

High School Boys

St. Francis Invitational

Team Scores

1. Toledo St. Francis De Sales	452.5
2. Cleveland Orange High School	412
3. Fremont Ross High School	258.5
4. Mariemont High School	230
5. Findlay High School	163.5
6. Mishawaka-Marian High School	135.5
7. Miamisburg High School	91
8. Lima Central Catholic	74
9. Perrysburg High School	55
10. Wauseon High School	53
10. Maumee High School	53
12. Fremont St Joseph Central Cath.	32
13. Anthony Wayne High School	26
14. Bowling Green High School	17
15. Dayton Chaminade-Julienne	6
15. Toledo Central Catholic	6
17. Eastwood High School	4
17. Start High School	4

Ross and SJCC Results

400 Yard Freestyle Relay

4. Ross	3:34.03
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100 Yard Breaststroke

7. Schabel, Spencer	1:11.95
11. Bowen, Josh P	1:14.90

100 Yard Backstroke

3. Swint, Nick (SJCC)	59.24
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200 Yard Freestyle Relay

2. (1. Fahrbach, Lincoln, 2. Bachelder, Matt, 3. Beier, Chris, 4. Nuhfer, Brad)	1:32.46
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8. (1. Bowen, Josh 2. Schabel, Spencer 3. Widman, Adam 4. Beck, Jordan)	1:46.54
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500 Yard Freestyle

9. Beier, Chris	5:30.39
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100 Yard Freestyle

2. Fahrbach, Lincoln	49.31
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6. Bachelder, Matt	52.57
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9. Nuhfer, Brad	55.58
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15. Schabel, Spencer	59.04
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100 Yard Butterfly

7. Swint, Nick (SJCC)	1:00.03
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11. Velez, Andre	1:02.79
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13. Bowen, Josh	1:04.13
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50 Yard Freestyle

2. Fahrbach, Lincoln	22.54
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5. Bachelder, Matt	23.20
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7. Beier, Chris	24.01
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12. Nuhfer, Brad	24.61
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200 Yard IM

11. Velez, Andre	2:27.58
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13. Wasserman, Kyle	2:31.97
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14. Held, Kevin	2:33.18
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200 Yard Medley Relay

5. Ross	1:54.78
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High School Girls

St. Francis Invitational

Team Scores

1. Findlay High School	333
2. Cleveland Orange High School	325
3. Miamisburg High School	281
4. Mariemont High School	262
5. Saint Ursula Academy	164
6. Fremont Ross High School	152
7. Wauseon High School	136
8. Sylvania Southview	107
9. Dayton Chaminade-Julienne	84
10. Perrysburg High School	75
11. Mishawaka-Marian High School	62
12. Toledo Central Catholic	59
13. Bowling Green High School	17
14. Maumee High School	16
15. Anthony Wayne High School	9
17. Rossford High School	4

Ross Results

400 Yard Freestyle Relay

2. Ross	3:49.44
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100 Yard Breaststroke

8. Wasserman, Megan	1:15.13
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100 Yard Backstroke

3. Ickes, Jessica	1:06.28
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200 Yard Freestyle Relay

2. (1. Miller, Caley, 2. Ickes, Jessica, 3. Wasserman, Megan, 4. Fate, Jacque)	1:44.66
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100 Yard Freestyle

2. Fate, Jacque	55.28
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200 Yard Medley Relay

1. Ross	1:58.61
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HIGH SCHOOL SWIMMING

Practice pays off for Ross

By KYLE TIMMONS

News-Messenger correspondent

SANDUSKY — The grueling workouts the Fremont Ross boys and girls swim teams faced over the holidays paid off, as the Little Giants posted big victories over Sandusky on Tuesday night.

The girl's team, led by a variety of swimmers, handed the Lady Blue Streaks a 111-58 defeat, finishing first in all eleven events.

"We definitely swam well today," said senior swimmer Megan Wasserman. "I'm proud of the whole team's performance. They really stepped it up today."

Wasserman aided the Little Giant attack by taking first place in the 100-meter butterfly (1:05.78) and the 100 breaststroke (1:17.79).

Wasserman was also part of the winning 200 medley relay team of freshmen Alyssa Moyer and sophomores Jenn Serrick and Amy Kim that finished in 2:12.45, and the 200 freestyle relay of junior Caley Miller, Kim and sophomore Jessica Ickes that finished in 1:51.60.

Miller was just as impressive as she captured first place in the 200 freestyle (2:14.21), the 100 freestyle (1:00.53) and a part of the winning 400 freestyle relay team of Ickes, Moyer and Jacque Fate.

"This meet has been good," Miller said. "We're all kind of tired, but we did our best."

Fremont coach Phil Moran said he was pleased with the performances of Wasserman and Miller.

"(Wasserman and Miller) did a nice job," Moran said. "The kids swam about 70,000 yards last week but they swam hard for being broken down."

Other first place finishes for the Lady Giants included Ickes in the 200 medley (2:27.97) and the 500 freestyle (5:55.20) and sophomore Jacque Fate in the 50 freestyle (25.41) and the 100 backstroke (1:10.24).

See ROSS, B2

Ross wins both ends of swim meet

Continued From B1

The boys were nearly as successful, taking first place in 10 of the 11 events as they defeated Sandusky 107-63 to keep their dual meet record perfect at 7-0.

The boys were led by sophomore standout Lincoln Fahrbach, who won the 500 freestyle in 5:08.64 and the 100 backstroke in 1:00.06.

"(Fahrbach) was hurting by the end of the week," Moran said of last week's grueling practice schedule. "He's a tired kid and he still swam some pretty good times."

Fahrbach was also part of the winning 200 freestyle relay team of senior Brad Nuhfer, senior Spencer Schabel and junior Andre Velez which finished

with a time of 1:38.97, edging out another Ross relay team by less than two seconds.

"(Fremont) has a lot of good swimmers, both young and old," said Sandusky coach Tom Patterson. "They had a really good meet."

Freshmen Kyle Wasserman also tallied two first place finishes as he finished the 200 individual medley in 2:32.13 and the 100 butterfly in 1:04.64.

"Wasserman dropped four seconds on his fly today and swam a 1:04 out of nowhere," Moran said. "He had just an insane swim today."

The Little Giants will return to action this Saturday at 1 p.m. as they will face league foe Marion Harding in a dual meet.

Swimming

High School Boys

Ross 107, Sandusky 63

Ross Results

200 Yard Medley Relay

1.1) Erick A White 2) Spencer Schabel
3) Josh P Bowen 4) Adam C Widman
1:58.16

4. Ross B 2:09.49 - 1) Kevin J Held 2)
Jordan D Beck 3) Kyle J Wasserman 4)
D.J. Tucker

200 Yard Freestyle

1. Matt B Bachelder 1:58.91

2. Chris Beier 2:03.19

5. Andre R Velez 2:08.61

200 Yard IM

1. Kyle J Wasserman 2:32.13

3. Travis Steinemann 2:37.73

5. D.J. Tucker 2:40.27

6. Michael J Yuhas 2:47.95

50 Yard Freestyle

1. Brad Nuhfer 24.57

2. Chris Beier 24.60

6. Adam C Widman 27.22

100 Yard Butterfly

1. Kyle J Wasserman 1:04.64

4. Kevin J Held 1:14.47

6. D.J. Tucker 1:23.07

100 Yard Freestyle

2. Brad Nuhfer 55.91

3. Andre R Velez 56.70

6. Adam Brandt 1:13.45

500 Yard Freestyle

1. Lincoln D Fahrbach 5:08.64

2. Matt B Bachelder 5:29.64

5. Erick A White 6:06.21

200 Yard Freestyle Relay

1. Lincoln D Fahrbach 2) Brad Nuhfer 3) Spencer Schabel 4) Andre R Velez
1:38.97

2. Ross B 1:40.84 - 1) Chris Beier 2)
Josh P Bowen 3) Adam C Widman 4)

Matt B Bachelder

5. Ross C 2:01.81 - 1) Michael J
Yuhas 2) Jordan D Beck 3) Travis Seich

4) Adam Brandt S

100 Yard Backstroke

1. Lincoln D Fahrbach 1:00.06

3. Erick A White 1:12.00

4. Kevin J Held 1:13.89

100 Yard Breaststroke

1. Spencer Schabel 1:12.32

2. Josh P Bowen 1:14.10

6. Michael J Yuhas 1:26.36

400 Yard Freestyle Relay

1.1) Andre R Velez 2) Brad Nuhfer 3)
Spencer Schabel 4) Matt B Bachelder
2:51.84

2. Ross B 3:49.10 - 1) Chris Beier 2)
Erick A White 3) Josh P Bowen 4) Lincoln
D Fahrbach

6. Ross C 4:15.06 - 1) Kyle J Wasserman
2) Kevin J Held 3) D.J. Tucker 4) Jordan D Beck

Ross 111, Sandusky 58

200 Yard Medley Relay

1. 2:12.45 - 1) Alyssa L Moyer 2)
Megan A Wasserman 3) Jenn M Serrick
4) Amy Kim

2) Brooke Ratcliff 2)
Hannah J White 3) Julie Overmyer 4)
Brittney A Slaughter

5. Ross C 2:35.06 - 1) Katie L Fisher
2) Ellen T Defrance 3) Stephanie J
Walther 4) Samantha Kopp

200 Yard Freestyle

1. Caley A Miller 2:14.21

2. Ashley Waddington 2:25.55

3. Alyssa L Moyer 2:28.55

5. Brittney A Slaughter 2:38.81

6. Alyssa Berger 2:45.58

200 Yard IM

1. Jessica R Ickes 2:27.97

2. Jenn M Serrick 2:44.05

4. Julie Overmyer 2:58.27

50 Yard Freestyle

1. Jacque N Fate 25.41

3. Amy Kim 29.98

5. Stephanie J Walther 31.86

100 Yard Butterfly

1. Megan A Wasserman 1:05.78

2. Jenn M Serrick 1:16.06

5. Julie Overmyer 1:19.63

100 Yard Freestyle

1. Caley A Miller 1:00.53

4. Amy Kim 1:08.04

5. Stephanie J Walther 1:10.53

500 Yard Freestyle

1. Jessica R Ickes 5:55.20

4. Brittany N Johnson 7:53.16

5. Samantha Kopp 8:00.42

200 Yard Freestyle Relay

1. 1:51.60 - 1) Megan A Wasserman
2) Caley A Miller 3) Amy Kim 4) Jessica
R Ickes

3. Ross B 1:58.56 - 1) Stephanie J
Walther 2) Jenn M Serrick 3) Brittney A
Slaughter 4) Jacque N Fate

4. Ross C 2:13.03 - 1) Emily L Adams

2) Emily Haubert 3) Ellen T Defrance 4)

Joy Risner

100 Yard Backstroke

1. Jacque N Fate 1:10.24

3. Alyssa L Moyer 1:29.49

4. Katie L Fisher 1:32.45

100 Yard Breaststroke

1. Megan A Wasserman 1:17.79

4. Hannah J White 1:30.97

5. Ellen T Defrance 1:42.58

400 Yard Freestyle Relay

1. 4:08.39 - 1) Jessica R Ickes 2) Caley
A Miller 3) Alyssa L Moyer 4) Jacque N
Fate

4. Ross B 4:55.31 - 1) Julie Overmyer
2) Brittney A Slaughter 3) Brooke Ratcliff
4) Emily L Adams

5. Ross C 5:15.70 - 1) Samantha
Kopp 2) Katie L Fisher 3) Brittany N John-
son 4) Hailey Bower

Swimming

Fahrbach sets pool record

Lincoln Fahrbach won two events as Fremont Ross defeated Marion Harding 78-15 in the Greater Buckeye Conference. The Little Giant boys won every event except the 100-yard backstroke and finished first and second in nine of 11 events.

Seven different Ross girls earned individual wins as the team secured nine of 11 events in a 64-30 victory.

Fahrbach won the 100 freestyle and 100 breaststroke, and Josh Bowen took the 200 freestyle for the Little Giants. Fahrbach set a new pool record in the 100 freestyle in a time of 49.35 seconds, breaking the 25-year-old record of former Ross All-American Mike Mowry.

Chris Beier won the 200 IM, Matt Bachelder the 50 freestyle, Erick White the 100 butterfly and Andre Velez the 500 freestyle.

Jessica Ickes (200 IM), Caley Miller (50 freestyle), Megan Wasserman (100 butterfly), Amy Kim (100 freestyle), Jenn Serrick (500 freestyle), Jacque Fate (100 backstroke) and Alyssa Moyer (100 breaststroke) each took a race for Ross.

Ross 78, Marion Harding 15

Ross Results

200 Yard Medley Relay

1. Fremont A 2:03.05 (Brad Nuhfer, Kevin Held, Erick White, Spencer Schabel)
2. Fremont B 2:03.34 (Josh Bowen, Brad Osborne, Kyle Wasserman, Adam Widman)

200 Yard Freestyle

1. Josh Bowen.....2:15.46
2. Kevin Held.....2:16.31

200 Yard IM

1. Chris Beier.....2:19.91
2. Brian Huelze.....2:39.06

50 Yard Freestyle

1. Matt Bachelder.....23.60
2. Chris Beier.....26.06

100 Yard Butterfly

1. Erick White.....1:11.58
2. Brad Osborne.....1:20.07

100 Yard Freestyle

1. Lincoln Fahrbach.....49.35
2. Kyle Wasserman.....1:01.04

500 Yard Freestyle

1. Andre Velez.....5:52.83
2. Kevin Held.....6:15.94

200 Yard Freestyle Relay

1. Fremont A 1:39.04 (Matt Bachelder, Brad Nuhfer, Lincoln Fahrbach, Michael Yuhas)
2. Fremont B 1:46.98 (Chris Beier, Spencer Schabel, Travis Seich, Andre Velez)

100 Yard Backstroke

2. Josh Bowen.....1:08.22
3. Brad Nuhfer.....1:12.72

100 Yard Breaststroke

1. Lincoln Fahrbach.....1:10.75
2. Spencer Schabel.....1:12.56

400 Yard Freestyle Relay

1. Fremont A 3:59.41 (Andre Velez, Adam Widman, Erick White, Kyle Wasserman)
2. Fremont B 4:24.22 (Brad Osborne, Jordan Beck, Adam Brandt, D.J. Tucker)

High School Girls

Ross 64, Marion Harding 30

Ross results

200 Yard Medley Relay

1. Fremont A 2:03.35 (Megan Wasserman, Jessica Ickes, Jacque Fate, Caley Miller)
3. Fremont B 2:21.75 (Alyssa Moyer, Hannah White, Jenn Serrick, Amy Kim)

200 Yard Freestyle

2. Brittney Slaughter.....2:36.10
3. Amy Kim.....2:47.33

200 Yard IM

1. Jessica Ickes.....2:26.78
3. Julie Overmyer.....2:54.66

50 Yard Freestyle

1. Caley Miller.....27.37
2. Stephanie Walther.....30.89

100 Yard Butterfly

1. Megan Wasserman.....1:05.19
3. Julie Overmyer.....1:19.31

100 Yard Freestyle

1. Amy Kim.....1:06.12
2. Staci Zimmerman.....1:07.84

500 Yard Freestyle

1. Jenn Serrick.....6:15.43
3. Alyssa Moyer.....6:51.35

200 Yard Freestyle Relay

1. Fremont A 1:46.80 (Megan Wasserman, Jacque Fate, Caley Miller, Jessica Ickes)
2. Fremont B 2:09.78 (Staci Zimmerman, Stephanie Walther, Brittney Slaughter, Brittany Johnson)

100 Yard Backstroke

1. Jacque Fate.....1:09.72
4. Joy Risner.....1:38.33

100 Yard Breaststroke

2. Alyssa Moyer.....1:28.25
4. Hannah White.....1:30.31

400 Yard Freestyle Relay

1. Fremont A 3:53.39 (Jessica Ickes, Megan Wasserman, Caley Miller, Jacque Fate)
2. Fremont B 4:29.68 (Amy Kim, Jenn Serrick, Alyssa Moyer, Stephanie Walther).

HIGH SCHOOL ROUNDUP

Ross boys stay perfect with victory

News-Messenger reports

The Fremont Ross boys swim team won six of eight individual events and all three relays to run its record to a perfect 9-0 with a 58-36 victory over Colonel Crawford on Thursday.

Erick White (100 backstroke), Josh Bowen (100 butterfly), Chris Beier (200, 500 freestyles) and Lincoln Fahrbach (200 IM, 100 freestyle) each won individual races for the Little Giants.

Megan Wasserman recorded a personal-best time in winning the 200 IM but the Ross girls fell 52-42 to drop to 4-5.

Wasserman, Caley Miller, Jacque Fate and Jessica Ickes comprised all three winning relays. Staci Zimmerman (200 freestyle), Miller (500 freestyle) and Fate (50 freestyle) took individual events.

HIGH SCHOOL SWIMMING

Ross beats Margaretta; boys stay undefeated

Jacque Fate sets record in 100 freestyle

By KYLE TIMMONS
News-Messenger correspondent

Fremont Ross senior Kevin Held has been swimming at the Fremont Middle School pool since his seventh grade year.

On Tuesday, Held accomplished a first.

Held captured first place in the 200-Individual Medley (2:30.85) as the Little Giants' boys swim team kept its perfect season intact by defeating Margaretta 64-30.

"It feels really good," Held said. "I've been swimming here six years and it feels good to finally get first."

Held fought off freshman Kyle Wasserman who finished less than a second later at 2:31.32.

"(Held) was fighting for it," said Fremont coach Phil Moran. "He really wanted it."

The Little Giants, who improved to 10-0 in dual meets, were led by a handful of individuals.

Junior Chris Beier took first in the 200-free (1:58.70) and was part of the first place 200-free relay team of Lincoln Fahrbach, Matt

Bachelder and Brad Nuhfer which finished in 1:34.09.

Beier had a (personal record) in the 200-free," Moran said. "He's never been under two minutes so that was a nice swim."

Beier said he was pleased with his performance.

"It felt pretty good," said Beier of his personal best time.

Margaretta coach Joe Grosco said he was pleased with the performance of Caleb Griffith and Ross Wrikter.

"The biggest surprise was Wrikter in 500-free,"

Grosco said. "He's never swam that in his life and he finished in 5:46.9. He's typically a sprinter."

"Caleb also did very well. He finished third in the 100-free (2:07.87), and the 100-butterfly (1:04.57).

"I'm pretty tired right now," Ickes said after completing the 200-freestyle event. "The team has been doing really good."

Fate set the pool record in the 100-free with a time of 55.06. The previous pool record was 55.98.

Fate also earned first place in the 100-back (1:08.51) and was a part of the 200 and 400-freestyle re-

lay teams which finished first in 1:45.51 and 3:57.52.

Ickes joined Fate on the 200 and 400 freestyle relay teams and she won the 200-free (2:07.87), and the 100-butterfly (1:04.57).

"I'm pretty tired right now," Ickes said after completing the 200-freestyle event. "The team has been doing really good."

The girls finished first in every event except the 200 Medley Relay.

"Phil (Moran) has a good team," Grosco said. "He's worked really hard with his team and he has good kids coming up and a good program."

The Little Giants will conclude their home season Saturday against league nemesis Napoleon.

Napoleon, who beat out Fremont for first place last Saturday at the Greater Buckeye Conference meet, has beaten the Little Giants 12 out of the last 13 years in dual action.

"It will be one of the toughest swims this season," Moran said. "(Napoleon) has no real weaknesses."

The meet will be the final meet ever held at the Fremont Middle School. Construction is underway for a new pool at the high school.

Swimming

High School Boys

Ross 64, Margareta 30

200 Yard Medley Relay

1. Fremont Ross High School 'A' (Erick White, Spencer Schabel, Lincoln Fahrbach, Brad Nuhfer) 1:51.07 2. Margaretta 1:52.00 3. Hayes 1:52.00 4. Fremont Ross High School 'B' (D.J. Tucker, Brad Osborne, Kyle Wasserman, Brian Hoelze) 1:52.68 3. Fremont Ross High School 'B' (A Shupp, K Baldwin, N Mullins, M Trautman) 2:09.49

200 Yard Freestyle

1. Chris Beler, Fremont, 1:58.70 2. T Hayes, CAMA, 1:58.93 3. C. Grealy, CAMA, 2:06.15 4. Andre Velez, Fremont, 2:06.90

200 Yard IM

1. Kevin Held, Fremont, 2:08.45 2. Kyle Griffeth, Fremont, 2:31.32 3. A Shupp, CAMA, 2:38.93 4. J Schaeffer, CAMA, 2:52.71

50 Yard Freestyle

1. Matt Bachelder, Fremont, 23.92 2. B Barnes, CAMA, 24.37 3. Brad Nuhfer, Fremont, 24.41 4. R Wirk, CAMA, 26.19

100 Yard Butterfly

1. Chris Beler, Fremont, 54.75 2. Josh Bowers, Fremont, 56.75 3. C Grealy, CAMA, 56.88 4. B Barnes, CAMA, 1:00.54

1. Andre Velez, Fremont, 5:46.32 2. R Wirk, CAMA, 5:46.90 3. Erick White, Fremont, 5:47.38 4. K Bryant, CAMA, 6:51.20

200 Yard Freestyle Relay

1. Fremont Ross High School 'A' (Lincoln Fahrbach, Matt Bachelder, Chris Beler, Brad Nuhfer) 1:34.09 2. Fremont Ross High School 'B' (Jordan Beck, Spencer Schabel, Jordan Beck, Josh Bowers) 1:45.02 3. Margaretta 'A' (Caleb Griffith, A Shupp, M Trautman, C Grawford) 1:46.44 4. Margaretta 'B' (J Eisenhauer, K Baldwin, J Schaeffer, N Mullins) 2:00.62

100 Yard Backstroke

1. Matt Bachelder, Fremont, 1:02.29 2. A Shupp, CAMA, 1:09.65 3. Brian Hoelze, Fremont, 1:11.96 4. D Oehart, CAMA, 1:27.32

100 Yard Breaststroke

1. Caleb Griffith, Fremont, 1:11.12 2. Spencer Schabel, Fremont, 1:11.90 3. Josh Bowen, Fremont, 1:15.50 4. K Baldwin, CAMA, 1:22.88

400 Yard Freestyle Relay

1. Fremont Ross High School 'A' (Lincoln Fahrbach, Andre Velez, Brad Nuhfer, Matt Bachelder) 3:35.53 2. Margaretta 'A' (T Hayes, B Barnes, C Grealy) 3:41.51 3. Fremont Ross High School 'B' (Adam Widman, Josh Bowen, Adam Brantl, Travis Seich) 4:17.34 4. Margaretta 'B' (M Trautman, J Schaeffer, N Mullins, J Eisenhauer) 4:28.28

High School Girls

Ross 66, Margareta 39

200 Yard Medley Relay

1. Margaretta 'A' (m Griffith, M Craig, A Dewey, A Wahl) 2:11.63 2. Fremont Ross High School 'A' (Alyssa Moyer, Staci Zimmerman, Jeni Serrick, Stephanie Volden) 2:13.00 3. Fremont Ross High School 'B' (Brittany Hausman, Hannah White, Julie Overmyer, Samantha Kopp) 2:23.22 4. Margaretta 'B' (E Toms, K Trautman, K Stewart, C Crawford) 2:25.20

200 Yard Freestyle

1. Jessica Ickes, Fremont, 2:07.87 2. A Malott, CAMA, 2:14.69 3. Staci Zimmerman, Fremont, 2:22.74 4. A Brown, Margareta, 2:31.58

200 Yard IM

1. Megan Wasserman, Fremont, 2:22.38 2. K Gray, Margareta, 2:32.53 3. Jeni Serrick, Fremont, 2:44.11 4. M Craig, Margareta, 2:46.38

50 Yard Freestyle

1. Caley Miller, Fremont, 27.19.2, A Wahl, Margareta, 28.57 3. A Dewey, Margareta, 29.01.4, Amy Kim, Fremont, 29.61

100 Yard Butterfly

1. Jessica Ickes, Fremont, 1:04.57.2, A Malott, Margareta, 1:12.99 3. Julie Overmyer, Fremont, 1:16.33 4. H Traczek, Margareta, 1:28.54

100 Yard Freestyle

1. Jacque Fale, Fremont, 55.06* 2. L Gray, Margareta, 1:06.85 3. Stephanie Wallner, Fremont, 1:07.07 4. S Litti, Margareta, 1:13.47

500 Yard Freestyle

1. Caley Miller, Fremont, 5:50.01.2, J Fitz, Margareta, 6:17.37.3, Brittney Staugaitis, Fremont, 6:17.13.4, K Stewart, Margareta, 7:09.90

200 Yard Freestyle Relay

1. Fremont Ross High School 'A' (Jacque Fale, Jessica Ickes, Megan Wasserman, Caley Miller) 1:45.51 2. Margaretta 'A' (M Craig, A Dewey, A Wahl) 1:57.81.3, Fremont Ross High School 'B' (Jenn Serrick, Samantha Kopp, Emily Haubert, Hanna Morris) 2:03.74.4, Margaretta 'B' (C Crawford, M Bradin, K Trautman, H Traczek) 2:17.46

100 Yard Backstroke

1. Jacque Fale, Fremont, 1:08.51.2, m Griffith, Margareta, 1:10.81.3, Alyssa Moyer, Fremont, 1:17.52.4, A Wahl, Margareta, 1:19.98

100 Yard Breaststroke

1. Megan Wasserman, Fremont, 1:14.64 2. K Trautman, Margareta, 1:23.64 3. Hannah White, Fremont, 1:30.02 4. M Bradley, Margareta, 1:46.88

400 Yard Freestyle Relay

1. Fremont Ross High School 'A' (Alyssa Moyer, Jeni Serrick, Caley Miller, Jacque Fale) 3:57.82 2. Margaretta 'A' (E Toms, L Gray, J Fitz, A Malott) 4:23.88 3. Margaretta 'B' (A Brown, C Crawford, K Stewart, S Litti) 4:24.42 4. Fremont Ross High School 'B' (Brittney Johnson, Brooke Ratcliff, Ashley Wood, Katie Fisher) 5:09.40

Ross beats Napoleon in pool finale

Boys finish first undefeated dual season since 1953

By KYLE TIMMONS
News-Messenger correspondent

After 74 years of swimming action at Fremont Middle School, the Fremont Ross boys and girls swim teams closed the pool Saturday against Greater Buckeye Conference champion Napoleon.

And they did so in style. Napoleon, who captured the conference title on Jan. 14 fell to the Little Giants in boy's action 94-76 as the Fremont boys finished the season undefeated at 11-0, the first time they have finished with a perfect record since 1953 — coincidentally,

the last time Ross won a state swimming title.

"I told Phil (Moran) that if his boys swam last week like they did today, they could have won a league title," said Napoleon coach Larry Vocke said. "Our day was last week, their day was (Saturday)."

But the Fremont victory didn't come easily as both squads fought their way through event after event.

The Little Giants picked up their first top finish in the 200 meter freestyle as senior Matt Bachelder finished in 1:55.31 and junior Chris Beier (1:59.06) placed second, less than a second ahead of Napoleon's Adam Weirich.

"We've never had a crowd this big," said Fremont senior Megan Wasserman. "And when it started rocking during the 200 free for Chris Beier, it

was just phenomenal."

Things didn't calm down either as Wildcat Nick Saul set a Fremont pool record in the 200 individual medley in a time of 2:02.47.

"(Saul) can swim anything," Vocke said. "I can put him in any event and he is going to be very competitive at it."

Fremont junior Andre Velez (2:22.96) and freshman Kyle Wasserman (2:30.39) finished second and third in the event.

In the succeeding event, Little Giant sophomore Lincoln Fahrbach broke a 25-year old pool record, swimming the 50-free in 22.29, .01 seconds better than the previous mark.

"That was fun," said Fremont coach Phil Moran. "It's fun breaking a record by one-hundredth of a second. That's the way they ought to be broken."

Fahrbach would also earn first place in the 100 butterfly in 54.76.

Both teams continued to battle it out until Fremont captured the top two spots in a pivotal 200 free relay, giving the Little Giants the momentum they needed the rest of the way.

Led by Bachelder, Chris Beier, freshman Jordan Beck and senior Brad Nuhfer, Fremont took first in 1:37.10.

The team of junior Josh Bowen, senior Spencer Schabel, Fahrbach and freshman Adam Widman finished second in 1:38.61.

"Everyone stepped it up," Bachelder said. "I'm so proud of my team."

The victory marked just the second time Fremont has defeated Napoleon in Moran's 13-year tenure.

"This was tremendous," Moran said. "We knew we

were going to have our hands full. We got a little lucky with our lineup. That's the name of the game, sometimes you catch them and sometimes you don't."

In the girl's meet, Napoleon earned a 105-65 victory, establishing two pool records of their own.

Wildcat senior Allison Zuch established a new 500-Free record in 5:24.92, nearly five seconds faster than the old mark of 5:29.32 set in 2003.

Sophomore Chelsea Meyer broke the record in the 100-Breaststroke with a time of 1:09.03.

"(Meyer) is really coming on and becoming a real force," Vocke said. "She works hard and today was her best breaststroke time."

The final pool record was beaten on the final event for the girls.

Megan Wasserman, the only senior on the girl's squad, along with sophomores Jessica Ickes and Jacque Fate, and junior Cailey Miller finished the 400-Freestyle Relay in 3:48.65.

"We wanted that record for a long time and today was our last chance," Wasserman said. "I told them, 'Do it now or do it never.' We went out and put everything into it and just saw what we had and I'm very proud of them."

The dual meet brings the regular season to a close as well as a chapter on an era in Fremont swimming at the Middle School.

"In Napoleon, we call (the pool) 'the shoe box,'" said Vocke. "We don't say it to be derogatory, it's a term of endearment. I'm kind of sad to see it go."

Despite its age and size, many others are too.

Swimming

High School Boys

Fremont Ross 94, Napoleon 76.

Boys 200 Yard Medley Relay

2, Fremont Ross High School 'A' (Erick White FR, Spencer Schabel SR, Andre Velez JR, Brad Nuhfer SR), 1:52.35. 3, Fremont Ross High School 'B' (Brian Hoelzle FR, Brad Osborne SO, Kyle Wasserman FR, Jordan Beck FR), 1:59.26.

Boys 200 Yard Freestyle

1, Matt Bachelder, Fremont Ross, 1:55.31. 2, Chris Beier, Fremont Ross, 1:59.06. 5, Spencer Schabel, Fremont Ross, 2:09.41.

Boys 200 Yard IM

2, Andre Velez, Fremont Ross, 2:22.96. 3, Kyle Wasserman, Fremont Ross, 2:30.39. 5, Kevin Held, Fremont Ross, 2:30.90.

Boys 50 Yard Freestyle

1, Lincoln Fahrbach, Fremont Ross, 22.29. 2, Brad Nuhfer, Fremont Ross, 24.29.

Boys 100 Yard Butterfly

1, Lincoln Fahrbach, Fremont Ross, 54.76. 3, Josh Bowen, Fremont Ross, 1:01.64. 5, Kyle Wasserman, Fremont Ross, 1:05.10.

Boys 100 Yard Freestyle

2, Andre Velez, Fremont Ross, 54.57. 3, Brad Nuhfer, Fremont Ross, 55.07.

Boys 500 Yard Freestyle

2, Chris Beier, Fremont Ross, 5:24.44. 3, Erick White, Fremont Ross, 5:50.79. 5, Kevin Held, Fremont Ross, 6:00.60.

Boys 200 Yard Freestyle Relay

1, Fremont Ross High School 'A' (Matt Bachelder SR, Chris Beier JR, Jordan Beck FR, Brad Nuhfer SR), 1:36.54. 2, Fremont Ross High School 'B' (Josh Bowen JR, Spencer Schabel SR, Lincoln Fahrbach SO, Adam Widman FR), 1:39.65.

Boys 100 Yard Backstroke

2, Matt Bachelder, Fremont Ross, 1:01.74. 5, Erick White, Fremont Ross, 1:08.82.

Boys 100 Yard Breaststroke

1, Spencer Schabel, Fremont Ross, 1:10.77. 2, Josh Bowen, Fremont Ross, 1:12.86. 5, Brad Osborne, Fremont Ross, 1:20.85.

Boys 400 Yard Freestyle Relay

2, Fremont Ross High School 'A' (Chris Beier JR, Andre Velez JR, Adam Widman FR, Matt Bachelder SR), 3:39.98. 3, Fremont Ross High School 'B' (Lincoln Fahrbach SO, Erick White FR, Kyle Wasserman FR, Josh Bowen JR), 3:46.64.

High School Girls

Napoleon 105, Fremont Ross 65

Girls 200 Yard Medley Relay

3, Fremont Ross High School 'A' (Alyssa Moyer FR, Staci Zimmerman JR, Julie Overmyer FR, Stephanie Walther SO), 2:15.10. 5, Fremont Ross High School 'B' (Katie Fisher FR, Hannah White SO, Jenn Serrick SO, Brittney Slaughter FR), 2:23.26.

Girls 200 Yard Freestyle

2, Jessica Ickes, Fremont Ross, 2:06.22. 6, Amy Kim, Fremont Ross, 2:31.05.

Girls 200 Yard IM

2, Megan Wasserman, Fremont Ross, 2:20.55. 5, Jenn Serrick, Fremont Ross, 2:42.73.

Girls 50 Yard Freestyle

1, Jacque Fate, Fremont Ross, 25.38. 5, Staci Zimmerman, Fremont Ross, 29.99.

Girls 100 Yard Butterfly

1, Jessica Ickes, Fremont Ross, 1:03.46. 4, Caley Miller, Fremont Ross, 1:10.52. 5, Jenn Serrick, Fremont Ross, 1:14.00.

Girls 100 Yard Freestyle

1, Jacque Fate, Fremont Ross, 56.15. 6, Joy Risner, Fremont Ross, 1:15.49..

Girls 500 Yard Freestyle

3, Caley Miller, Fremont Ross, 5:55.06. 6, Brittney Slaughter, Fremont Ross, 6:52.17.

Girls 200 Yard Freestyle Relay

1, Fremont Ross High School 'A' (Jacque Fate SO, Megan Wasserman SR, Caley Miller JR, Jessica Ickes SO), 1:45.24. 4, Fremont Ross High School 'B' (Staci Zimmerman JR, Stephanie Walther SO, Samantha Kopp FR, Amy Kim SO), 2:01.04.

Girls 100 Yard Backstroke

2, Alyssa Moyer, Fremont Ross, 1:16.31. 5, Stephanie Walther, Fremont Ross, 1:20.50.

Girls 100 Yard Breaststroke

2, Megan Wasserman, Fremont Ross, 1:14.58. 6, Hannah White, Fremont Ross, 1:29.16.

Girls 400 Yard Freestyle Relay

1, Fremont Ross High School 'A' (Jessica Ickes SO, Megan Wasserman SR, Caley Miller JR, Jacque Fate SO), 3:48.65. 4, Fremont Ross High School 'B' (Amy Kim SO, Brittney Slaughter FR, Jenn Serrick SO, Alyssa Moyer FR), 4:29.68.

HIGH SCHOOL SWIMMING: KEN GYPE RELAYS

Ross boys, Oak Harbor girls finish second at Gipe relays

By MATTHEW HORN
Sports Writer

PORT CLINTON — The Fremont Ross boys and Oak Harbor girls finished the Ken Gipe Relays in second place on Saturday.

But winning wasn't the primary objective.

Instead, the meet serves as one final chance to relax — albeit in a competitive environment — before sectionals.

"It's fun," said Little Giant coach Phil Moran. "We want to be fast but fun is the whole point. It's a stress reliever before sectionals."

"All the kids swam well and did a nice job. We had a good meet. The older kids look tired — which is to be expected. This is a good barometer."

Saint John's Jesuit won the boys portion Saturday while Powell Olentangy took the girls. The Margareta boys finished fourth while the girls wound up seventh.

The Rocket boys tied for sixth and the Ross girls were also sixth.

Jessica Ickes, Megan Wasserman, Caley Miller and Jacque Fate of Ross were first in the 400-yard freestyle with a time of 3:54.59.

"The girls set a (meet) record in the 400," Moran said.

Ross also held the old record — established in 2002. "That was the relay that made it to state," Moran said. "The girls are right in line."

Lincoln Fahrbach, Matt Bachelder, Chris Beier and Andre Velez of the Little Giants were first in the 400 freestyle. Erick White, Spencer Schabel, Chris Beier and Brad Nuhfer finished second in the 200 Medley, and Velez, Schabel, Kyle Wasserman and Josh Bowen were second in the 200 butterfly-breaststroke.

Erika Fall, Kristin Goldstein, Caryn Diefenthaler and Kayce Hallett of Oak Harbor were second in the 400 freestyle.

"Our girls were solid in everything we put them in. They swam hard but came up a bit short," said Rocket coach Andrea Sorg of the two-point finishing margin. "All the girls came in knowing they had a chance to win and they put their hearts into it."

"Everybody swam hard. Some of the kids that typically finish third or fourth at dual meets took some points for us. You have to be proud."

Josh Young, Kyle Beck and Lucas Bechtel finished second in the 300 IM for Oak Harbor.

The event's namesake coached at Port Clinton for more than 30 years before he retired in 2001. The Relays — formerly known as the Port Clinton Relays — were held for the 38th time Saturday.

"The camaraderie of the teams and the way the coaches get along — the atmosphere of the meet," said Gipe, who functioned as meet manager, of what stands out. "They try to make it very friendly — like a family thing."

Gipe — who is still a major supporter of the Port Clinton program — is the former president of NISCA. He officiates at the district, sectional and state levels — which are elected positions.

"He's respected by his peers and he sets a standard for integrity," said Redskin coach Dan Diaz.

Teams came from as far as Columbus and Toledo on Saturday. Sectionals may be right around the corner but for a day everyone was friendly.

"It's competitive," Sorg said. "It's a non-stressful meet just before sectionals. It gets stressful next week."

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News-Messenger/Polly Ann Bauman

FREMONT ROSS'S JACQUE Fate competes in the Ken Gipe Relays at Port Clinton on Saturday. The Little Giants girls' team finished sixth, while the boys finished second in the tournament.

Swimming

High School Boys

Ken Gipe Relays

at Port Clinton

Team Standings

1. St. John's Jesuit	84
2. Ross	56
3. Sandusky	36
4. Margaretta	30
Lewis Center Olentangy	30
6. Oak Harbor	28
8. Port Clinton	18

850 Crescendo Relay: 1. TSJ 8:44.55, 3. Ross (Brad Nuhfer, Adam Widman, Lincoln Fahrbach, Matt Bachelder) 8:51.99, 4. Marg (Tim Haynes, Chase Grealy, Ross Wriker, Kurtis Bryant) 8:52.08, 8. PC (Tim McLean, Josh Smith, Justin Que, Kevin Donnelly) 9:34.80.

200 Fly-Breast Relay: 1. Colonel Crawford 1:57.0, 2. Ross (Andrew Velez, Spencer Schabel, Kyle Wasserman, Josh Bowen) 2:01.93, 4. OH (Jay Hanley, Robert Calvert, Jake Shifman, Jeff Cannon) 2:03.38, 7. Marg (John Schaeffer, Kevin Balduff, Matt Trautman, Nathan Mullins) 2:11.58, 8. OH (PJ Cervantes, Ben Andryc, Evan Miller, Zach Porter) 2:12.10.

200 Back Relay: 1. TSJ 1:57.61, 3. Ross (Erick White, Brian Hoelzle, Jordan Beck, Josh Bowen) 2:02.00, 5. PC (David Lonnemen, Josh Smith, Que, Randall Ruggles) 2:04.06.

300 Ind. Medley Relay: 1. TSJ 3:09.22, 2. OH (Josh Young, Kyle Back, Lucas Bechtel) 3:11.62, 3. PC (Eric Christiansen, Adam Hehr, Mickey Burket) 3:17.03, 6. Marg (Griffith, John Schaeffer, Andrew Shupp) 3:38.79.

400 Free Relay: 1. Ross (Fahrbach, Bachelder, Chris Beier, Velez) 3:37.37, 3. Marg (Chase Grealy, Matt Trautman, Brad Barnes, Shupp) 3:50.12, 7. OH (Bryan Winters, Drew Wilburn, Phillip O'Shea, Tyler McNutt) 4:32.23, 8. PC (Sean Anderson, Harry Baldwin, Ben Jones, Rob Szabo) 4:33.52.

200 Medley Relay: 1. Marg (Barnes, Griffith, Haynes, Ross Wriker) 1:51.45, 2. Ross (Erick White, Schabel, Beier, Nuhfer) 1:52.31, 3. PC (Lonnemen, Hehr, Christiansen, Austin McDonough) 1:58.56, 10. OH (Winters, A. Andryc, Wilburn, B. Andryc) 2:15.19.

200 Underwater-Free Relay: 1. Col. Craw. 1:49.40, 3. OH (Bechtel, Cervantes, Evan Miller, Brendt Browning) 1:57.47, 6. Ross (Osborne, D.J. Tucker, Hoelzle, Michael Yuhas) 2:08.19, 8. PC (Evan Sneath, Dayne McDonough, Que, Anderson) 2:12.23.

High School Girls

Ken Gipe Relays

at Port Clinton

Team Standings

1. Powell Olentangy	52
2. Oak Harbor	50
3. Colonel Crawford	36
4. Notre Dame Academy	34
6. Ross	30

7. Margaretta 24

10. Port Clinton 10

850 Crescendo Relay: 1. Mansfield

9:24.36, 3. Ross (Jacque Fate, Caley

Miller, Jessica Ickes, Megan Wasserman)

9:27.93, 4. OH (Andrea Behm, Erika Fall,

Katie Bechtel, Stephanie Greggila)

9:31.52, 7. Marg (Jessica Fitz, Alissa

Malott, Liz Gray, Heather Traczek)

10:02.03, 10. PC (Margaret Lile, Hanna

Below, Jen Chura, Brittany Mazur)

10:20.32.

200 Fly-Breast Relay: 1. Powell

2:17.25, 4. Marg (Morgan Craig, Audrey

Dewey, Lindsay Trautman, Alissa Malott)

2:19.53, 5. Ross (Jenn Serrick, Staci Zimmerman, Julie Overmyer, Hannah White)

2:21.35, 9. PC (Jessica Schroeder, Leah

Below, Shelly Wagner, Jessica Rodwancy)

2:28.26, 10. OH (Samantha

Reynolds, Megan Cervantes, Julie

O'Shea, Tina Tabbert) 2:31.76.

200 Back Relay: 1. Col. Craw. 2:02.45,

3. OH (Hallie Dahlhofer, Heather Schings,

Reynolds, Greggila) 2:11.09, 4. Marg

(Mary Griffith, Erin Toms, Amanda Wahl,

Sarah Lippi) 2:12.34, 8. Ross (Walther,

Alyssa Moyer, Katie Fisher, Brittany

Hausman) 2:24.70, 10. PC (Jane Davenport,

Tara Letterhos, Libbey Oreskovich,

Sarah Higgins) 2:36.52.

300 Ind. Medley Relay: 1. Pol 3:34.69,

2. Marg (Dewey, Griffith, Craig) 3:42.37,

4. OH (Bechtel, Grover, Diefenthaler)

3:44.70, 9. Ross (Julie Overmyer, Ellen

Defrance, Hannah White, Brittany Haus-

man) 4:11.75.

400 Free Relay: 1. Ross (Ickes,

Wasserman, Caley Miller, Fate) 3:54.59,

2. OH (Fall, Goldstein, Diefenthaler, Hal-

lett) 4:13.43, 3. Marg (Gray, Wahl, Fitz,

Toms) 4:17.88, 7. PC (Corene Nickel,

Meredith Howerth, Stephanie Messa,

Alex Moore) 4:35.12.

200 Medley Relay: 1. CC 2:02.32, 5.

OH (Dahlhofer, Grover, Hallett, Goldstein)

2:13.60, 8. Ross (Moyer, Zimmerman,

Jenn Serrick, Walther) 2:15.15, 9. PC

(Bethany Allen, Courtney Waite, Kelsey

Fisher, Rica Ramirez) 2:26.88, 11. Marg

(Abby Brown, Lindsay Trautman, Heather

Traczek, Kristin Stewart) 2:29.47.

200 Underwater-Free Relay: 1. Pol

2:05.24, 6. PC (Mazur, Jane Davenport,

Howerth, Chura) 2:22.12, 7. Ross (Fis-

cher, Samantha Kopp, Slaughter, Amy

Kim) 2:22.63, 9. OH (Tina Tabbert,

Megan Cervantes, Leah McRitchie,

Alyssa Perry) 2:24.13.

