

1998 Great Lakes League...

# Runners set for league meets

By MICHAEL PIDANICK  
Staff writer

St. Joseph Central Catholic has a plan on how his Crimson Streaks girls can win the Midland Athletic League title.

"Maybe Seneca East won't show up," Logsdon said jokingly. "Their coach (Jeff Phillips) is a good friend of mine, but probably wouldn't not show up for my benefit."

The Tigers, who are ranked second in the Associated Press state poll, appear to be the class of the MAL, and are the clear-cut favorite to win the league title Saturday at Els Park in Bettsville.

The Crimson Streaks are looking to battle for second in the team race.

Logsdon hopes to get his top five on one of the all-MAL teams, determined by placings at the race.

Trisch Snyder and Keri Oxley have been the

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top two runners all year for St. Joe, but Logsdon is hoping for big things from everyone.

"It be nice for the girls to take some honors," he said. "They deserve it."

The boys race is expected to be a two-man race between St. Joe's Mike Chapman and Old Fort Jeremy Riehm.

The two juniors have placed 1-2 in five different races this season, most recently Oct. 7, when Riehm edged Chapman at the Lakota Invitational at Terra Community College.

"It should be a psychological race," Logsdon said. "Mike has his plans (on how to win), and I'm sure Riehm has his."

Fremont Ross will compete in the Great Lakes League meet at 10 a.m. Saturday in Fostoria. The Little Giants boys and girls

teams are both shooting for realistic goals of third place.

Last season, Jon Framstad placed seventh at the GLL meet in Findlay, with a time of 16 minutes, 52 seconds. This year, his goals are more team-oriented.

"Our team is a lot stronger than last year," said Framstad. "We have a lot more promise."

Coach John Elder feels a realistic goal for his team is a third place finish. Bedford is the top GLL team, led by Jeff Davis.

Toledo Whitmer is also tough behind Jake Armentrout.

"I think we can get third if we run well," Elder said.

Elder is also hoping to see some individual success.

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## Ross looking to place in top three

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"We can get a couple kids I'd like to see on the first or second team, that's top 14," he said. "Adam Swope, Jeremy Framstad, Josh Burris and John Framstad could all do it."

A fifth runner, Ryan Werling, has been slowed by illness. He sees the GLL as a nice preparation for the district meet, set for Oct. 24 at Oregon Clay.

"It's a good race to get us ready for districts," Werling said. "It's a nice, competitive environment."

Bedford is also the favorite in the girls competition. Findlay and Whitmer are also going to be tough, but the Little Giants hope to break the top three.

"It's a tough GLL this year," said senior Lindsay Frontz. "But we can do pretty good, hopefully stay together as a pack. Score some more points and break up other packs."

The girls team is also looking to make a presence on the all-GLL teams.

"I hope to make first team all-GLL," said junior Molly Gocke. "That's what I've been shooting for. Mentally I need to get prepared and get myself ready."

Ross coach Cathy Esposito said her team should reach its pinnacle during the next two weeks.

"The next two weeks are our peak weeks," she said. "We run shorter distances but a lot of them."

Clyde, Oak Harbor and Margaretta will compete in the Sandusky Bay Conference meet Saturday at Oak Harbor. Clyde's Josh Cook will be a front runner in the boys race.

Lakota, Woodmore and Gibsonburg will run in the Suburban Lakes League meet at Pearson Park in Oregon.

The Wildcats won the girls race last year, and are ranked fourth in the AP Poll.

# Chapman wins MAL

## Ross 4th in both GLL races; Cook tops in SBC

News-Messenger reports

BETTSVILLE — Midland Athletic League cross country fans came to Ells Park in Bettsville Saturday expecting a great race to the finish between St. Joseph Central Catholic's Mike Chapman and Old Fort's Jeremy Riehm.

They were not disappointed.

Chapman used a late surge down the stretch to finish first in the league meet with a time of 16 minutes, 26 seconds, eight seconds faster than the second-place Riehm.

"That was one of the top races I have ever witnessed," said St. Joe coach Gary Logsdon. "It was a great tactical race. Mike stayed on Riehm's side and let him take the wind. Then he made a move like

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a NASCAR kid at the final turn and left him in his dust."

For his efforts, Chapman earned MAL runner of the year honors. Chapman and Riehm were all-MAL teamers.

The Crimson Streaks finished with 194 points and placed ninth at the meet, one spot behind the Stockaders, who finished with 194. Fostoria St.

Wendelin won with 50, just ahead of Seneca East, which had 52. Tiffin Calvert was third with 91.

St. Joe's Tyler Stierwalt was 37th in 18:50, Ben Moyer was 45th in 19:07, Adam Huss was 54th in 19:57 and Jamie LeJeune was 57th in 20:18.

See FRAMSTAD, B4

# Framstad leads Ross boys; Cook wins SBC

Continued from B1

Old Fort's Courtney Hessick was 31st in 18:40, Zach Burks was 40th in 18:55, David Myers was 55th in 20:04 and Aaron Riehm was 63rd in 21:25.

In the girls competition, Trisch Snyder was fifth in 20:33 to lift the Crimson Streaks to a second place finish with 40 points. Seneca East won with 17 points.

"I was absolutely, totally pleased with the girls," Logsdon said. "They did a nice job."

Snyder and Keri Odey, who placed sixth in 20:44, are all MAL-first team selections. Keri Zimmerman was ninth in 21:12 to earn a spot on the all-MAL second team. Tracy Snyder, who was 18th in 21:54 and Keri Peifer, who was 20th at 22:01, earned honorable mention.

Briana Shook of Seneca East won in 18:43, to earn girls runner of the year honors.

**Great Lakes League**  
FOSTORIA — The Fremont Ross boys and girls teams both placed fourth at the Great Lakes League meet at Fostoria High School.

Jeremy Framstad led the boys with a 10th place finish in 17:45. He and Adam Swope, who was

13th in 18:03, are all-GLL second-teamers, while Jon Framstad, who was 20th in 17:45, was named honorable mention.

Matt Kotch was 27th in 18:38 and Ryan Werling was 28th in 18:44 for the Little Giants.

"I'm happy that we got two freshmen on the all-GLL," said coach John Elder. "It's a little frustrating because we can run better. But it's not like we haven't tried."

Molly Gocke led the Ross girls with a time of 21:25, good for 13th place, and earned all-GLL second team honors.

Abby Cominsky was 22nd in 22:25, Lindsay Frontz was 24th in 22:25, Jenny Gabel was 25th in 22:41 and Jeanette Frontz was 26th in 23:06.

"If you look at our dual meets, that's where we were sitting," said Ross coach Cathy Esposito.

Esposito said of her team's fourth-place finish. "We stayed in a nice pack, but it wasn't high enough."

**Sandusky Bay Conference**  
OAK HARBOR — Josh Cook used a great surge in the final 800 meters to win the boys race at the Sandusky Bay Conference meet at Oak Harbor High School.

"He ran a smart race," said Fliers coach Sonny Workman. "He did just what we wanted. He

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let someone else lead and then used a great kick with about 800 meters to go."

Cook finished in 15:59 to earn SBC runner of the year honors. The Fliers finished with 92 points, second to Port Clinton's 36.

Also for the Fliers, Skip Turner was 18th in 18:30, Ryan Medina was 21st in 18:46, Jason Hill was 22nd in 18:47 and Rickie Grier was 23rd in 19:10.

Oak Harbor was fifth with 106 points, led by Dan Sutkus, who took ninth in 17:48. Marc Kremec was 16th in 18:18 and Kevin Straub was 17th in 18:24. Straub is still recovering from a broken toe and is nursing pulled tendons in his foot.

"I was pleased with our team performance especially when you looked at the third, fourth and fifth teams," Oak Harbor boys coach Paulette Hanselman said. "If we would have had Kevin healthy, we would have been up there. He's been All-SBC since his freshman year and he's disappointed, but he's going to hang tough and finish up the season."

Oak Harbor's girls placed sec-

ond with 72. Edison was first with 35.

"Nobody wants to finish second," said Rockets' coach Kent Whitman. "As a team we just didn't get it done. Edison just ran better and deserved it."

Ashley Orophosis was fifth in 20:49, Jackie Baumgartner was eighth in 21:19, Alison Jacobs was 13th in 21:47, Tracie Sutkus was 21st in 22:44 and Colleen Hartigan was 25th in 22:50.

Margretta was eighth in the boys race. Jason Kefers led the way, finishing in 18:04. Kevin Clapp was 27th in 19:01. Mike Zang was 43rd in 20:06. Brandon Schneider was 48th in 20:39 and Kyle Leber in 21:32.

Clyde did not field a full team. Laura Dearsmen finished in 25:47. Jerri Miller ran in 26:29. Cassie Kelley finished in 27:25 and Kristi Taylor finished in 27:54. Danielle Sherman and Brandi Wyant did not finish.

Margretta was sixth with 114 points. Schenkel Kuns was 10th in 21:30. Katrina Day was 12th in 21:43. Becky Yetter was 29th in 23:18. Rita White was 32nd in 23:34 and Lindsay Crawford was 38th in 24:36.

### Suburban Lakes League

OREGON — Lakota's Eric Swaisgood stepped it up at the right time.

Swaisgood placed third in 17:01 as the Raiders won the Suburban Lakes League title Saturday at Pearson Park.

"We ran a real solid race," said Lakota coach Don Windom, whose team had 59 points. "Swaisgood ran an exceptional race. He beat some people he hadn't beaten before. He really stepped it up."

Will Windom was 11th in 17:38, Jeremy Miller 12th in 17:42, Bill Stafford 16th in 18:01 and Nate Weller 17th in 18:04.

Woodmore's Montana Garcia was the first freshman to cross the finish line, placing 13th in 17:52 as the Wildcats were fourth with 102 points. Adam Hammitt was 20th in 18:14, followed by Seth Bringman (21st, 18:18) and Jason Haar (22nd, 18:19).

"They ran pretty well, but a couple guys could have run better," Woodmore coach Alicia Wollmering said. "Our freshmen ran pretty well. We should be even stronger at districts if a couple other ones run to their potential. We're going to try to get to the regional."

Gibsonburg placed eighth with

179 points. Jason Balsizer was seventh in 17:19.

In the girls race, Woodmore edged Eastwood. Cyndi Bostdorff of Eastwood won the race at 19:28.

Woodmore's Connie Camp was second in 19:51, while Merrill Maggs was third in 20:09. Renie Lavigne fourth in 20:15. Heather Michael ninth in 20:36 and Aman da Roardarmel 11th in 20:42.

Catie Lavigne (16th, 21:08) and Sara Miller (25th, 21:53) also played key roles for Woodmore which made up for the loss of Kathy Camp, who missed the meet because of a stress fracture in her foot.

### Northern Ohio League

GALION — Bellevue's Catherine Bibb won the girls race at the Northern Ohio League championships, finishing in 19:35. The Lady Redmen finished fourth overall, led by Bibb, Nichole Guardiola in 20th, Elisha Guardiola in 27th and Brittany Bush in 33rd.

The Bellevue boys finished sixth, led by Rob Orr's fourth place time of 17:02. Erik Kath placed 28th, Mark Slosser 30th, Derek Barr 34th and Doug Smith 37th for the Redmen.

Tiffin Columbian swept the boys and girls races.