

# ALEXIS PRENZLIN WAS NAMED TRAC'S TOP SWIMMER AS ROSS SWIM TEAMS EACH TOOK 2ND AT THE TRAC

by [Rich McGowan](#) | Jan 20, 2018 | [Swimming & Diving](#)



FREMONT – Three championships, two meet records, and recognition as the top swimmer of the TRAC Championship meet. Alexis Prenzlin had a productive day on Saturday.

The sophomore swimmer stole the spotlight as Ross hosted the TRAC swimming championship meet. She claimed first place in two individual events, swam a leg of a first-place relay, and broke two records along the way to earn Swimmer of the Meet honors.

Prenzlin and her Lady Giant teammates finished second as a team, finishing just 3.5 points behind champion St Ursula Academy (622.5 to 619).

“The girls knew it would be tight going in,” Ross girls’ coach Tina Moses said. “We just said, ‘Do your best,’ and they did, they stepped up. We had some amazing swims. Nothing to be ashamed of.”

The Lady Giants finished first or second in all but two events Saturday, with Prenzlin leading the way.

She won the 100 breaststroke in a record-setting time of 1:07.00, .19 seconds faster than the previous meet record. Prenzlin also took first in the 200 IM, clocking a time of 2:14.83.

Then, along with MaKennah Fitzgerald, AnneMarie Moses, and Olivia DeRodes, she helped set a new record in the 200 medley relay with a time of 1:50.65. Their

time surpassed the record of 1:51.04 set two years ago by Fitzgerald, AnneMarie Moses, Meghan Moses, and Morgan Waggoner.

"She had a really good day," Ross's coach, Tina Moses, said. "(Swimmer of the Meet Award) is a swimmer who wins two events, and if there is a tie, there is a power point system we go by, depending on the event you swim and how fast you swim it in comparison to the rest of the times in the country. She had a great day."

TRAC championships were also claimed by DeRodes (200 freestyle, 1:58.68) and Fitzgerald (100 backstroke, 1:01.14).

DeRodes and Fitzgerald also took second-place finishes in the 500 and 100 freestyles, respectively, while AnneMarie Moses finished second in the 100 butterfly with a time of 1:01.73.

The Lady Giants also grabbed second in the 200 and 400 relays. Faith Zimmerman, Mara Brown, Rilee Overmyer and Prenzlin swam the 200 while Fitzgerald, Moses, Brown and DeRodes swam the 400."

"MaKennah had a great swim in the 100, 1:01 is really fast right now," Tina Moses said. "Olivia had a great race in the 200 free; they were neck-and-neck, and at the very end, she just outswam the girl from Notre Dame, an excellent swimmer."

## **BOYS TEAM ALSO TAKES SECOND PLACE.**

With state power St. Francis in the competition, the rest of the TRAC was left to compete for second place. Powered by strong days from Andrew Evans and Dylan Weisenauer, the Little Giants cruised to capture second place, doing so with 477.5 points, more than 100 points more than third-place Findlay's 371.5. St. Francis, as expected, compiled 715 points, winning all but one event en route to the team championship.

Keeping St. Francis from sweeping the championships was senior Andrew Evans. Evans not only won the 100 breaststroke but also set a record. His time of 59.49 seconds broke the previous meet record of 59.7.

Evans also finished second in the 200 IM with a time of 2:02.28.

"He was the favorite seed (in the breaststroke), but his IM time had us a little worried because it was a little off," boys coach Phil Moran said. "We weren't really sure what we were going to get out of the breaststroke, but he stepped up and swam fast."

Sophomore Dylan Weisenauer captured a pair of individual second-place finishes, clocking times of 53.64 seconds in the 100 butterfly and 55.49 in the 100 backstroke.

"He's had some health issues, and we've been struggling getting the training in," Moran said. "I think we've got that situated, so hopefully in the next couple of weeks we can get consistent in our workouts and that'll help him even more."

Evans and Weisenauer joined forces with Tate Williams and William Taylor to also finish second in both the 200 medley relay and 200 freestyle relay.

"The 200 free was only like half a second slower than their best time," Moran said.

"When they made that, all four guys were pretty lasered up. That was a pretty good swim. We had a lot of guys drop time off their seeds. That was nice."

Also, Dane Michael finished second in the diving competition, totaling 293.15 points.

“Dane stepped up on his last dive, the 11th dive,” Moran said. “He was behind some really good scores., but ended up beating the Findlay boy for second, That last dive put him over the top for second.

“Drew Edmonds had a good breaststroke. Zach Edmonds had some good swims,” Moran added. “Trenton Ward broke 30 for the first time in his 50 and dropped maybe five seconds in the 100. We had a lot of decent swims and kids dropping off some time. That was nice to see.”

## **GIRLS RESULTS**

St. Ursula 622.5, **Fremont Ross 619**, Findlay 421.5, Notre Dame 267, Lima Senior 69, Central Catholic 57, Clay 55, Whitmer 48.

### **FIRST PLACE FINISHES**

**200 medley relay:** Fremont Ross (MaKennah Fitzgerald, Alexis Prenzlin, AnneMarie Moses, Olivia DeRodes), 1:50.65 – new meet record.

**200 freestyle:** Fremont Ross, Olivia DeRodes, 1:58.68

**200 IM:** Fremont Ross, Alexis Prenzlin, 2:14.83

**100 backstroke:** Fremont Ross, MaKennah Fitzgerald, 1:01.14

**100 breaststroke:** Fremont Ross, Alexis Prenzlin, 1:07.00 — new meet record.

### **SECOND PLACE FINISHES**

**100 butterfly:** Fremont Ross, AnneMarie Moses, 1:01.73

**100 freestyle:** Fremont Ross, MaKennah Fitzgerald, 55.23

**500 freestyle:** Fremont Ross, Olivia DeRodes, 5:26.05

**200 freestyle relay:** Fremont Ross (Faith Zimmerman, Mara Brown, Rilee Overmyer, Alexis Prenzlin), 1:44.80

**400 freestyle relay:** Fremont Ross (MaKennah Fitzgerald, AnneMarie Moses, Mara Brown, Olivia DeRodes), 3:46.86

## **BOYS RESULTS**

St. Francis 715, **Fremont Ross 477.5**, Findlay 371.5, St. John's 266, Clay 245, Lima Senior 46, Whitmer 14.

### **FIRST PLACE FINISHES**

**100 breaststroke:** Fremont Ross, Andrew Evans, 59.49 TRAC record 59.7,

### **SECOND PLACE FINISHES**

**200 medley relay:** Fremont Ross (Dylan Weisenauer, Andrew Evans, Tate Williams William Taylor), 1:41.25

**200 IM:** Fremont Ross, Andrew Evans, 2:02.28

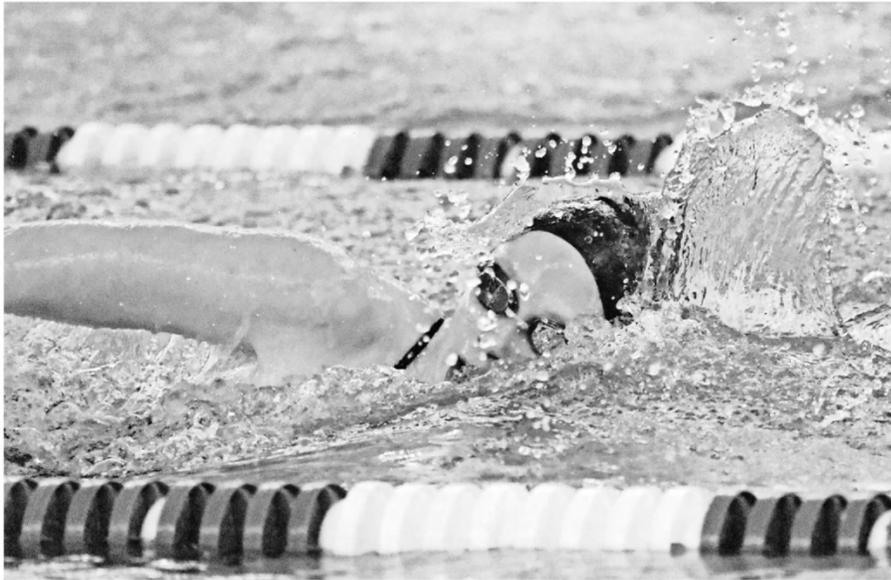
**1 meter diving:** Fremont Ross, Dane Michael, 293.15

**100 butterfly:** Fremont Ross, Dylan Weisenauer, 53.64

**200 freestyle relay:** Fremont Ross (Dylan Weisenauer, Tate Williams, William Taylor, Andrew Evans)

**100 backstroke:** Fremont Ross, Dylan Weisenauer, 55.49

## ROUNDUP



Olivia DeRodes of Fremont Ross was the winner in the 200 freestyle at the TRAC Championship.

MOLLY CORFMAN/THE NEWS-MESSENGER

# Little Giants land second in TRAC

**From Staff Reports**  
Fremont News-Messenger  
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## Swimming

### Three Rivers Athletic Conference Championship

Alexis Prenzlin earned swimmer of the year as the Little Giants' girls finished second Saturday by 3.5 points.

Olivia DeRodes won the 200 freestyle, Prenzlin the 200 IM and 100 breaststroke and MaKennah Fitzgerald 100 backstroke. Fitzgerald, Prenzlin, AnneMarie Moses and DeRodes won the 200 medley relay.

Andrew Evans won the 100 breaststroke as Ross' boys were second.

Moses was second in the 100 butterfly, Fitzgerald second in the 100 freestyle and DeRodes second in the 500 freestyle. Faith Zimmerman, Mara Brown, Rilee Overmyer and Prenzlin were second in the 200 freestyle relay.

Fitzgerald, Moses, Brown and DeRodes were second in the 400 freestyle relay.

Evans was second in the 200 IM, Dane Michael second in the diving competition and Dylan Weisenauer second in the 100 butterfly and 100 backstroke. Weisenauer, Evans, Tate Williams and William Taylor were second in the 200 medley and freestyle relays.

St. Ursula won the girls portion of the meet and St. Francis the boys.

Bryanna Barr won the 500 freestyle and Barr, Elena Kessler, Rachel Simpson and Lauren Shaw won the 200 freestyle relay as Port Clinton's girls finished third.

Jack Kessler won the 50 and 100 freestyles as the Redskins' boys were seventh.

Josie Stark won the 200 IM, Bailey Beechler the 500 freestyle and Beechler, Macey Strause, Miranda Cruz and Stark won the 400 freestyle relay as Margareta's girls were fifth.

Caleb Heintz won the 50 freestyle, Thomas Chovanec the 100 backstroke and Troy Metcalf, Kobe Fletcher, Chovanec and Caleb Heintz won the 200 freestyle relay as the Rockets' boys were third.

Kennedy Blunt was second in the 200 freestyle, Sharky second in the 200 IM and Druyor second in the 100 freestyle. Spangler was second in the 500 freestyle, Bailey Blunt second in the 100 backstroke and Spangler, Isabelle Majoy, Sarah Chovanec and Kennedy Blunt second in the 400 freestyle relay.

Metcalf was second in the 100 freestyle and Chovanec, Heintz, Metcalf and Fletcher were second in the 200 medley relay.

Barr was second in the 200 freestyle, Alaina Dackerman second in the diving competition and Shaw second in the 100 freestyle. Barr, Shaw, Simpson and Kessler were second in the 200 medley relay.

Cheek, Spencer Flick and Hush were second in the 200 freestyle relay.

St. Joseph Central Catholic's boys and girls were 14th.

## Girls Basketball

### SJCC 82, St. Mary Central Catholic 63

Miranda Wammes scored 32 points, including 11 in the third quarter in SJCC's SBC River Division victory.

Adrienne Wehring added 22 points for the Crimson Streaks (14-2).

SJCC led 22-10 after one quarter and 60-48 after three quarters.

"We talked about keeping momentum from the start," coach Mallory Holliday said. "We kept the intensity up defensively. We tried to run our game. We tried to take them out of what they wanted to do with the half-court trap.

"Play our game and not let them play the type of game they want. Take control of the game."

### Gibsonburg 43, Northwood 27

Becca Morelock and Emily Roberts scored 10 points apiece in Gibsonburg's Toledo Area Athletic Conference victory.

Jasmine McNett had 11 rebounds and Marissa Bruns nine points for the Golden Bears (4-10, 4-6).

Gibsonburg led 19-11 at the half.

### Bellevue 78, Perkins 40

Casey Santoro scored 24 points in Bellevue's SBC Lake Division victory.

Cory Santoro added 17 points for the

