

2013 Season Review

FREMONT ROSS

Coach: John Elder, second year.

2012 Finish: Sixth in the TRAC and second at districts.

Key Returnees: Regional qualifiers Jared Ballenger (discus), Shanquise Mills (long jump), Louis Guardiola (1,600 and 3,200), Drew and Dylan Starks (sprints), Devaun Churchya (400 and 800), Mike Muffler (discus, 400) and Jeff Barnett (long jump and sprints); Jalen Oman (sprints and pole vault)

Key Newcomers: Jacob Luc, Devin Benson, Tyler Edmonds, Caleb Ottney (throws), Elijah Johnson (hurdles), Tavarious Simms (long jump and sprints) and Isiah McDonald (sprints).

Key Graduates: Jacob Berryman, Lane Owen, Brett Foos and Joey Franco.

Outlook: Ballenger placed sixth at state in the Division I discus while Mills was seventh in the long jump and Berryman competed in the 800. The Little Giants took sixth at the TRAC championships, but were just seven points out of third. Mills won the TRAC championship in the long jump. Ballenger took second to Whitmer's Chris Wormley at

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Track

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the TRAC meet in both the discus and shot put. Guardiola was TRAC runner-up in the 3,200. "The TRAC will be tough and Whitmer, Findlay are tough because they have depth," Elder said. "St. Francis and St. John's don't have the depth, but have talent. We could finish in the top three or the bottom three depending on how the meet runs. Our goal is to get as many to state as possible. We think we have that chance. Jared and Shanquise expect to return and improve on last year, while Lou (Guardiola) got a taste of it in cross country and will give all he has. Our newcomers will make the sprint relays very competitive."

FREMONT ROSS

Coach: Travis Bates, second year.

2012 Finish: Fourth in TRAC and first at districts.

Key Returnees: Senior Ariana Spencer (long jump); juniors Abbi Hasselbach (pole vault), Erin Slaughter (100 hurdles), Cassie Woleslagel (high jump/sprints/relays), Jessica Schell (discus) and Valerie Bixler (distance).

Key Newcomers: Sophomores Brianna Frost (sprints/relays), Brooklyn Swaisgood (400/relays), Nacaila Roberts (sprints/relays) and Faye Sloma (distance); freshmen Elayna Ackerman (300 hurdles), Amber Otermat (pole vault), Amara Stover (long jump/sprints), Emily Muffler (400/800), Katie Mapus (throws) and Cassidy Lovell (distance).

Key Graduates: Alesha Overmyer, Alycia Baumgardener and Sarah Gray (senior that will miss the season due to injury).

Outlook: The Little Giants have 50 girls and hope to have more depth than in the past with large sophomore and freshmen classes. "Our goals are to finish in the top three in the TRAC and to three-peat as district champions," said Bates, now in his 22nd year overall at Ross. "With our depth this year we are really challenging the kids to compete and push each other in practice. We had a large number of kids get to regionals last year only to seem intimidated by the talent there. We want their goals to go beyond just getting there. If we develop and work like we want, we should be very strong in the relays, pole vault, 200 and 400 meters, 1,600 and 3,200. Spencer won the TRAC in the long jump and

See **GIRLS**, Page 2B

Girls

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qualified to regionals as a junior. "We expect Ariana to be the foundation of our team and have a big year in the long jump and sprints," Bates said. "She broke the school record in the long jump last year, but had a bad meet at regionals." Hasselbach was second at the TRAC meet in the pole vault and another regional qualifier, as was Slaughter in the 100 hurdles. "

Ballenger helps Ross sweep throw events

Little Giants take second in girls meet, third in boys

By Kevin Shields
Sports writer

TOLEDO — It's not quite the distance that's going to get Jared Ballenger to Columbus for the third straight year. But on Saturday, 152 feet, 6 inches was all the distance needed for him to take first at St. John's Jesuit's Titan Icebreaker Invitational as

Ross kicked off its spring track schedule.

The Little Giants' junior swept the throwing events, winning the shot put with a top put of 52-01.75 as the Little Giants took third (106 ½ points) in the eight-team meet won by St. Francis with 144 points. The Titans took second with 130 ½.

"I was really happy with the shot put today. It went a lot better than I expected," Ballenger said. "As for discus, that didn't quite go as expected. But I still won it. Just have a few flaws that I need to fix and I should be

good to go."

Ballenger, a junior, is the school-record holder in the discus at 177-6, a mark he hit as a freshman. He qualified to state each of the past two years in the discus, finishing fifth as a freshman with a top toss of 172-11 and sixth a year ago at 173-4.

"Everything needs work right now," said Ballenger, of his execution in the discus. "I'm trying to arm throw it instead of using my legs like I should be. I'm struggling to get my body up and instead I'm sagging over and scooping the disc."

As an eighth-grader, Ballenger established meet records in winning the discus (199-2) and shot put (56-11.25) at the Middle School State Track and Field Championships. In the summer before, he had a toss of 206-9 that would have broken the national record for 14-year-olds, but it wasn't a USATF certified event.

"We're still working on correcting some bad habits we let get away from him during his freshman year," Little Giants girls and throws coach Travis Bates said. "If he wants to get to

the point where he's elite, we got to fix those. But it's just a matter of time."

On Saturday, Ballenger won the shot put by four-plus feet. He was seventh in the event at regionals as a sophomore.

"The hopes aren't too high, but they're there that I should make it to Columbus in the shot put this year," Ballenger said. "I actually do a lot better with technique in the shot put and with finishing than I do in the discus."

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Jared Ballenger won the discus with a top toss of 155-10 for the Ross boys who finished fourth (52 points). It was the end to a solid weekend for the Little Giants' junior thrower as he won both the shot put and discus Friday at the Bowling Green Bobcat Invite.

De Churchya won the 200

See ROWLAND, Page 7A

Rowland

Continued from Page 6A

and 400 Friday and was second Saturday at Clyde in the 800. Jeff Barnett was third in Saturday's long jump after winning the same event on Friday. The Little Giants topped Findlay to win the overall team title at BG.

"Our young kids did quite well Saturday," Ross boys coach John Elder said. "Jeff Barnett is coming back from health issues, so he needed the work. We had a couple other veterans compete just for practice and for a workout."

Jessica Schell led the Ross girls on Saturday as they finished seventh. She took second

in the girls discus at 92-08.

Ariana Spencer took first in the long jump and was second in the 100 meter dash Friday as the Little Giant girls were second at BG. Elayna Ackerman and Erin Slaughter finished second and third, respectively, in the 100 hurdles, same with Abbi Hasselbach and Paige Collier in the pole vault. Ross was also second on Friday in the 4x100 and 4x400 relays.

"We brought our young kids to Clyde since we had the BG Invite Friday," Ross girls coach Travis Bates said. "It was a good experience for a lot of freshmen."

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MANSFIELD MEHOCK RELAYS

BOYS

» SITE: DWIGHT SCHAR ATHLETIC COMPLEX, ASHLAND UNIVERSITY

» Team Score: 1. Cleveland St. Edward 67, 2. Glenville 51, 3. Fremont Ross 36, 4. Grand Blanc 35, 5. Akron St. Vincent St. Mary 30, 6. Warren JPK 28, 7. Warren G Harding 25.50, 8. Cleveland Heights 24.9, 9. Maplewood 23, 10. Hamilton Township 22.10, Bellevue 22, 10. Toledo St. Francis 22, 13. Dunbar 16, 14. Cuyahoga Falls 13, 15. Lexington 11, 16. East Liverpool 10, 16. Twinsburg 10, 18. River Valley 9, 19. Mansfield Senior 8, 19. Ontario 8, 19. Colonel Crawford 8, 19. River View 8, 19. Saugatuck 8, 19. Elyria Catholic 8, 19. Gallon 8, 26. New London 7.26, Madison Comprehensive 7.26, Riverview 7.29, Cio 6.29, Rhodes 6.25, Ashland 6.29, Zane Trace 6.33, Shelby 4.33, Cleveland Central Catholic 4.35, Gilead Christian 2.36, Ann Arbor Gabriel Richard 1.36, Beaver Creek 1.36, Brookhaven 1.39, Loudonville High School 0.50.

» Shot put: 1. Aaron Zedella (St. Edward) 58-04.50, 2. Quinn Leevering (Cal. River Valley) 55-04.50, 3. Eli Burdette (Ontario) 51-02.75, 4. Jared Ballenger (Fremont Ross) 47-10.75, 5. Terrence Brooks (Mansfield Senior) 47-10.00, 6. Sean Donnellon (Ann Arbor) 47-03.75.

» Discus: 1. Jared Ballenger (Fremont Ross) 177-11, 2. Aaron Zedella (St. Edward) 170-02, 3. Walt Petzel (Zane Trace) 166-06, 4. Luke Maclean (Grand Blanc) 165-07, 5. Eli Burdette (Ontario) 163-08, 6. Quinn Leevering (Cal. River Valley) 162-03.

» Pole vault: 1. Matt Rowland (Bellevue) 14-06.00, 2. Lucas Ball (Elyria Catholic) 14-00.00, 3. Connor Kempf (Galion) 13-00.00, 4. Caleb Cumley (Hamilton Township) 12-06.00, 5. Anthony Davis (Galion) 11-06.00, 6. Travis Brake (Bellevue) 11-06.00, 6. Travis Price (Loudonville) 11-06.00.

» Long jump: 1. Shaniqua Mills (Fremont Ross) 21-04.25, 2. Zack English (East Liverpool) 21-01.50, 3. Marquis Woods (Rhodes) 20-05.25, 4. Cameron Cross (Cie. Heights) 20-03.25, 5. Danny Bruce (Gilead Christian) 20-03.75, 6. Kevin Greenhow (Brookhaven) 20-02.50.

» Triple jump: 1. LeShun Daniels (Warren G Harding) 40-04.25, 2. Jalen Santoro (Bellevue) 40-01.75, 3. Josh Dillard (New London) 39-09.00, 4. Brice Fruton (River View) 38-06.75, 5. Xavier Harris (Hamilton Township) 38-00.25, 6. Josh Jones (Cie. Heights) 37-02.25.

» High jump: 1. Steele Wasi (St. Edward) 6-04.00, 2. Robb Plummer (Grand Blanc) 6-00.00, 2. Justin Ruloff (Revereview) 6-00.00, 4. Cody Stine (Shelby) 6-00.00, 4. Shaniqua Mills (Fremont Ross) 6-00.00, 6. Cameron Cross (Cie. Heights) 6-00.00.

» 110 hurdles: 1. Chad Zallow (Warren JPK) 14.50, 2. Keith Martin (Colonel Crawford) 14.54, 3. Juan Scott (Dunbar) 15.01, 4. Lorenzo Bridges (Hamilton Township) 15.25, 5. Matt Rowland (Bellevue) 15.83, 6. William Robinson (Glenville) 17.00.

» 300 hurdles: 1. William Robinson (Glenville) 38.33, 2. Steele Wasi (St. Edward) 38.65, 3. Frank Douglas (Madison) 39.68, 4. Chad Zallow (Warren JPK) 40.09, 5. Andru Switzer (Lexington) 40.82, 6. Mike Sieger (Bellevue) 41.61.

» 100 dash: 1. Anthony Young (St. Edward) 10.80, 2. Shaun Crawford (St. Edward) 10.80, 3. Parris Campbell (Akron SVSM) 10.97, 4. Jared

field Senior 54, 4. Cuyahoga Falls 50, 5. Akron SVSM 39, 6. Sylvania Northview 38, 7. Warren G Harding 37, 8. Fremont Ross 23.75, 9. Ashland 22, 10. Seneca East 20, 11. Oakwood 18, 12. Gallon 13.75, 12. Beaver Creek 13.75, 14. Hamilton Township 12.75, 15. Brookhaven 11, 16. Loudonville 10, 16. Ashland Crestview 10, 18. Crestline 8, 18. Minerva 8, 20. Scott 7, 21. River View 6, 22. Maplewood 4, 22. Ontario 4, 24. Lucas 2, 25. Madison Comprehensive 1.

» Shot put: 1. Ashton Daniel (Seneca East) 37-09.75, 2. Ashley Freshkorn (Hamilton Township) 35-08.50, 3. Christylna Duncan (Scott) 35-03.25, 4. Kimmy Barnhill (Ontario) 35-01.50, 5. Maddie Ziccardi (Cuy. Falls) 33-10.2, 6. Myeisha Arnold (Brookhaven) 31-06.25.

» Discus: 1. Maniah Manspenger (Ashland) 117-00, 2. Erica King (Cuy. Falls) 114-05, 3. Kaylyn Gooshe (Seneca East) 113-10, 4. Ashton Daniel (Seneca East) 112-11, 5. Mackenzie Williams (Mansfield Senior) 104-11, 6. Taylor Warner (Syl. Northview) 104-06.

» Pole vault: 1. Nicole Walbel (Cuy. Falls) 11-00.00, 2. Nicole Rozsa (Cuy. Falls) 11-00.00, 3. Hannah Saba (Tol. N. Dame Acad.) 10-00.00, 4. Kelsie Steinmetz (Tol. N. Dame Acad.) 9-00.00, 5. Amber Schreck (Crestline) 8-06.00, 6. Sammy Gates (Galion) 8-06.00.

» Long jump: 1. Ariana Spencer (Fremont Ross) 16-07.25, 2. Andrea DiCresce (Grosse Pointe South) 16-04.25, 3. Makaila Grimes (Galion) 15-05.50, 4. Chelsea Laury (Akron Svm) 15-05.00, 5. Brittany VanTilburg (Lucas) 15-04.75, 6. Erica Besteder (Scott) 15-03.25.

» High jump: 1. Aubryn Samaroo (Grosse Pointe South) 5-02.00, 2. Cirrus Robinson (Ashland) 5-00.00, 3. Janae Harris (Mansfield Senior) 4-10.00, 5. Lynchay McMullen (Galion) 4-08.00, 5. Erin Slaughter (Fremont Ross) 4-08.00, 5. Danielle Reynolds (Hamilton Township) 4-08.00, 5. Gabrielle Markley (Beaver Creek) 4-08.00.

» 100 hurdles: 1. Clara Pugh (Mansfield Senior) 15.81, 2. Madison Kirschak (Tol. N. Dame Acad.) 16.38, 3. Erin Slaughter (Fremont Ross) 16.73, 4. Aisha Jackson (Warren G Harding) 16.90, 5. Taylor Valentine (Galion) 17.46, 6. Mekaila Grose (Madison) 17.48.

» 300 hurdles: 1. Janelle Noe (Syl. Northview) 47.81, 2. Madison Kirschak (Tol. N. Dame Acad.) 49.23, 3. Nicole Walbel (Cuy. Falls) 49.47, 4. Jazzyln Greene (Mansfield Senior) 49.50, 5. Elyana Ackerman (Fremont Ross) 50.13, 6. Brooklyn Duweel (Ashland) 50.29.

» Triple jump: 1. Ray-Chel Wilson (Tol. N. Dame Acad.) 31-04.00, 2. Alison Connelly (Tol. N. Dame Acad.) 29-09.50, 3. Fawn Denbow (River View) 28-07.25, 4. Abigail Dillon (Hamilton Township) 27-04.25.

» 100 dash: 1. Chantalla Young (Tol. N. Dame Acad.) 12.33, 2. Justice Richardson (Warren G Harding) 12.55, 3. Symphony Cooke (Mansfield Senior) 12.66, 4. Imani Davis (Akron Svm) 12.76, 5. Jasia Green (Brookhaven) 12.85, 6. Jasmine Long (Mansfield Senior) 12.87.

» 200 dash: 1. Chantalla Young (Tol. N. Dame Acad.) 25.58, 2. Jaria Green (Brookhaven) 26.31, 3. Justice Richardson (Warren G Harding) 26.46, 4. Symphony Cooke (Mansfield Senior) 26.58, 5. Jasmine Long (Mansfield Senior) 26.93, 6. Mariah Mathews (Fremont Ross) 27.33.

» 400 dash: 1. Sierra Wright (Loudonville) 1:00.30, 2. Chelsea Laury (Akron Svm) 1:01.03, 3. Amber Schreck (Crestline) 1:01.07, 4. Ashley Krieger (Cuy. Falls) 1:02.62, 5. Cirrus Robinson (Ashland) 1:02.75, 6. Laura McElligott (Galion) 1:03.93.

GIRLS

» Team Score: 1. Toledo Notre Dame Academy 90, 2. Grosse Pointe South 82, 3. Mans-

field Senior 54, 4. Cuyahoga Falls 50, 5. Akron SVSM 39, 6. Sylvania Northview 38, 7. Warren G Harding 37, 8. Fremont Ross 23.75, 9. Ashland 22, 10. Seneca East 20, 11. Oakwood 18, 12. Gallon 13.75, 12. Beaver Creek 13.75, 14. Hamilton Township 12.75, 15. Brookhaven 11, 16. Loudonville 10, 16. Ashland Crestview 10, 18. Crestline 8, 18. Minerva 8, 20. Scott 7, 21. River View 6, 22. Maplewood 4, 22. Ontario 4, 24. Lucas 2, 25. Madison Comprehensive 1.

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» 800 run: 1. Ersula Farrow (Grosse Pointe South) 2:15.37, 2. Kaale Lightfoot (Minerva) 2:15.41, 3. Lily Pendy (Grosse Pointe South) 2:25.46, 4. Julia Mendola (Akron Svm) 2:26.28, 5. Mackie Keller (Oakwood) 2:26.72, 6. Cynthia Haas (Akron Svm) 2:29.82.

» 1,600 run: 1. Lindsey Myers (Tol. N. Dame Acad.) 5:23.93, 2. Megan Sklarski (Grosse Pointe South) 5:24.01, 3. Marissa Rossett (Akron Svm) 5:24.07, 4. Rachel Iacalone (Akron Svm) 5:34.30, 5. Emily Trent (Crestview) 5:34.36, 6. Stephanie Sherman (Tol. N. Dame Acad.) 5:41.22.

» 3,200 run: 1. Mary Kate Vaughn (Oakwood) 10:41.04, 2. Sydney Leihar (Beaver Creek) 10:50.06, 3. Christina Fifi (Grosse Pointe South) 11:17.37, 4. Erin Pevick (Maplewood) 11:51.30, 5. Mary Spencer (Grosse Pointe South) 12:05.98, 6. Maureen McGaha (Beaver Creek) 12:07.76.

» 1 mile run: 1. Sydney Leihar (Beaver Creek) 5:05.06, 2. Mary Kate Vaughn (Oakwood) 5:11.12, 3. Kalsie Schwartz (Grosse Pointe South) 5:15.42, 4. Mackie Keller (Oakwood) 5:19.19, 5. Sophie Adams (Summit Country Day) 5:23.26, 6. Jessie Proehl (Zane Trace) 5:31.06.

» 4x100 relay: 1. Mansfield Senior (Sympho-

ny Cooke, Clara Pugh, Chrystyn Jones, Jasmine Long) 50:71, 2. Warren G Harding (Aminah Wesley, Justice Richardson, Ariana Bercheni, Chyna Stroud) 51:12, 3. Grosse Pointe South (Mia Perkins, Elyse Greves, Andrea DiCresce, Jasmine Brathwaite) 51:49, 4. Fremont Ross (Ariana Spencer, Mariah Mathews, Cassie Wolessapel, Elyana Ackerman) 52:44, 5. Cuy. Falls (Mackie Johnston, Johana Mitchell, Stephanie Rosza, Emily Gali) 52:80, 6. Gallon (Christy Gates, M'Lynn Gwinnet, Kelly Mann, Clair Erston) 52:81.

» 4x200 relay: 1. Mansfield Senior (Symphony Cooke, Clara Pugh, Chrystyn Jones, Jasmine Long) 1:47:54, 2. Grosse Pointe South (Mia Perkins, Christy Ford, Andrea DiCresce, Jasmine Brathwaite) 1:48:25, 3. Warren G Harding (Justice Richardson, Chyna Stroud, Ariana Bercheni, Aisha Jackson) 1:48:69, 4. Tol. N. Dame Acad. (Chantalla Young, Jasmine Garrett, Kayla Preston, Saliya Dentz) 1:50:25, 5. Cuy. Falls (Mackie Johnston, Emily Gali, Nicole Walbel, Ashley Krieger) 1:51:91, 6. Ashland (Emily Maslanka, Carlin Jordan, Lexi Vogel, Kelsey Maloney) 1:52:11.

» 4x400 relay: 1. Grosse Pointe South (Kalsie Schwartz, Ersula Farrow, Lily Pendy, Clara DeBoer) 4:10:73, 2. Ash. Crestview (Clarie Cir-

costa, Abby Motter, Skyler Campo, Emily Trent) 4:16:14, 3. Oakwood 4:18:24, 4. Warren G Harding 4:20:27, 5. Sylvania Northview 4:20:98.

» 4x800 relay: 1. Syl. Northview (Robin Foster, Abby Masters, Rachel Aulet, Janelle Noe) 10:03:18, 2. Grosse Pointe South (Megan Sklarski, Nicole Keller, Alexa Calas, Christina Fifi) 10:04:27, 3. Cuy. Falls (Zoe Bosley, Amanda Brodzinski, Dayana Brant, Stephanie McArthur) 10:36:61, 4. Tol. N. Dame Acad. (Torrey Loeb, Bridget Smythe, Sarah Mallow, Stephanie Sherman) 10:40:64, 5. Gallon (Lydia Barnes, Kaitlyn Sarton, Sammy Gates, Michaela Noe) 10:44:34.

» Distance medley: 1. Syl. Northview (Abby Masters, Alysha Welch, Robin Foster, Janelle Noe) 13:09:94, 2. Akron Svm (Marissa Rossett, Julia Mendola, Cynthia Haas, Rachel Iacalone) 13:09:98, 3. Tol. N. Dame Acad. (Torrey Loeb, Bridget Smythe, Stephanie Sherman, Lindsey Myers) 13:54:95, 4. Beaver Creek (Emma Hensley, Bri Schneider, Meg McGaha, Maureen McGaha) 14:00:18, 5. Cuy. Falls (Theresa Beedel, Natalie Hillier, Madelyn Bauer, Liz Hoengman) 14:40:61.

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Tiffin Bill Krause Invitational

TIFFIN — The Ross boys won all four relay races while Shanquise Mills swept the jumping events (high jump and long jump) and Jared Ballenger won both throwing events as the Little Giants won the team title at Saturday's Bill Krause Invitational, topping Seneca East by 33 ½ points.

Ballenger won the discus with a toss of over 175 feet and had a put over 54 feet to win the shot put.

"Jared has had difficulty putting together good throws on the same day," Ross boys coach John Elder said. "So it was very nice to see those two efforts from him Saturday."

Jacob Luc won the 200 dash and was on the winning 4x100 and 4x200 relays. Joining Luc on the first-place 4x100 team were Jeff Barnett, Jalen Oman and Drew Starks. Starks, Barnett, Luc and De Churchya competed on the top finishing 4x200 relay while Starks, Churchya, Mike Muffler and Jalen Simms ran on the winning 4x400 relay.

Justin Schaffer, Louis Guardiola, Muffler and Churchya were first in the 4x800 relay.

"We were missing Dylan Starks who is out with a slight muscle strain, so it was good to see other kids step up and take his spot," Elder said. "We are trying to put a lineup together to see how we can compete in the TRAC (Three Rivers Athletic Conference) meet in three weeks. It was encouraging to see this type of result."

Ariana Spencer won the 400 and was second in the long jump for the Ross girls who took third as a team in the meet won by Notre Dame Academy.

Elayna Ackerman was second in the 100 hurdles and third in the 300 hurdles. Eric Slaughter was fourth in both.

Jessica Schnell finished third in the discus.

TRACK & FIELD

43RD BELLEVUE ELKS INVITATIONAL

Site: Bellevue HS, Bellevue

Girls Results

Team Standings: 1. Bellevue 124; 2. Fremont Ross 115; 3. Perkins 76; 4. Ontario 59; 5. Maumee 55; 6. Norwalk 39; 7. Huron 35; 8. Willard 23.

» **Shot Put:** 1, Kimmy Barnhill, ONT, 35-11; 5, Katie Ball, BEL, 30-08.

» **Discus:** 1, Emily Klimczynski, ONT, 111-04; 4, Jessica Schell, FR, 99-02.

» **Long Jump:** 1, Mikaela Caponi, PER, 16-09.75; 2, Laiken Tester, BEL, 16-02.00; 3, Ariana Spencer, FR, 15-09.75; 6, Dana Yeckley, BEL, 14-03.

» **High Jump:** 1, Tara Rinner, BEL, 5-00; 4, Erin Slaughter, FR, J4-10.

» **Pole Vault:** 2, Abbi Hasselbach, FR, 9-06; 3, Kelsi Karl, BEL, 8-06; T4, Paige Collier, FR, 8-00.

» **100 dash:** 1, Mariah Mathews, FR, 13.26; 2, Nacaila Roberts, FR, 13.73; 5, Hilary Brown, BEL, 14.06.

» **4x200 relay:** 1, Perkins 1:52.01; 2, Ross 1:52.78; 5, Bellevue 1:58.07.

» **100 hurdles:** 1, Sarah Bedell, BEL, 16.54; 3, Erica Carr, BEL, 17.55.

» **1600 run:** 1, Sydnie Fetherolf, NOR, 5:36.10; 2, Michaela Fox, BEL, 5:41.35; 3, Madison Scagnetti, BEL, 5:43.55; 5, Valerie Bixler, FR, 5:48.08.

» **4x100 relay:** 1, Ross 52.39; 3, Bellevue 52.81.

» **400 dash:** 1, Spencer, FR, 1:02.64; 5, Kylie Vogel, BEL, 1:04.93.

» **300 hurdles:** 1, Bedell, BEL, 48.16; 4, Mariah McPeak, BEL, 51.24.

» **800 run:** 1, Fetherolf, NOR, 2:26.38; 2, Ericka Hosang, BEL, 2:26.98; 3, Cassidi Lovell, FR, 2:33.03; 5, Fox, BEL, 2:37.22.

» **200 dash:** 1, Mathews, FR, 26.70; 5, Hannah Doore, BEL, 29.10.

» **3200 run:** 1, Scagnetti, BEL, 12:09.08; 2, Bixler, FR, 12:32.73; 5, Faye Sloma, FR, 13:03.58; 6, Hannah Weasner, BEL, 13:05.3.

» **4x400 relay:** 1, Ross 4:18.08; 2, Bellevue 4:21.14.

» **4x800 relay:** 1, Bellevue 10:19.47; 3, Ross 10:41.38.

Boys Results

Team Standings: 1. Perkins 106; 2. Norwalk 104; 3. Fremont Ross 97; 4. Bellevue 92; 5. Ontario 4; 6. Huron 39; 7. Willard 34; 8. Maumee 10.

» **Shot Put:** 1, Aaron Mawhirter, PER, 56-09R; 2, Jared Ballenger, FR, 55-06.

» **Discus:** 1, Ryan Brownell, HUR, 174-05; 2, Jared Ballenger, FR, 167-08.

» **Long Jump:** 1, Jeff Barnett, FR, 20-10; 2, Jalen Santoro, BEL, 20-09; 6, Tavarius Simms, FR, 17-10.25.

» **Pole Vault:** 1, Matt Rowland, BEL, 16-02.5R; 4, Travis Brake, BEL, 13-06.

» **100 dash:** 1, Drew Starks, FR, 11.62; 2, Jacob Luc, FR, 11.63; 4, Alec Haynes, BEL, 11.96.

» **4x200 relay:** 1, Ross 1:31.32R; 2, Bellevue 1:31.99R.

» **110 hurdles:** 1, Rowland, BEL, 14.94; 2, Seth Agee, BEL, 15.75; 6, Elijah Johnson, FR, 16.61.

» **4x100 relay:** 1, Ross 44.57; 2, Bellevue 44.84.

» **400 dash:** 1, Devaun Churchya, FR, 50.94; 2, Brandon Tobin, BEL, 52.40; 6, James Hickey, BEL, 53.59.

» **300 hurdles:** 1, Rowland, BEL, 40.96; 5, Kyle Norman, BEL, 43.69.

» **200 dash:** 1, Luc, FR, 23.05; 6, Devin Benson, FR, 24.37.

» **3200 run:** 1, William Minshall, PER, 10:00.3; 6, Andrew Beier, BEL, 10:23.57.

» **4x400 relay:** 1, Norwalk 3:31.47; 2, Ross 3:34.55; 3, Bellevue 3:35.53.

» **4x800 relay:** 1, Norwalk 8:09.29R; 4, Bellevue 8:45.0; 5, Ross 9:04.04.

Track: Ross 101, Woodmore 40 (Boys) Ross 84, Woodmore 60 (Girls)

FREMONT — Jared Ballenger broke his own school record by over 10 feet on Tuesday, tossing the discus 188 feet to win by 66 feet as the Little Giants swept a non-league dual meet with the Wildcats.

Ballenger completed the sweep of the throwing events also winning the shot put with a personal best toss of 56-10 and the hammer throw with a toss of 164-3.