

1999 Season Review...

Ross-Sandusky-Lexington

LEXINGTON — Fremont Ross's girls team split a tri-meet with Sandusky and Lexington.

"I just want to get our athletes back from vacation," said new Ross coach Jeff Opelt, who estimated his team was missing three or four boys and five or six girls. "You figure one athlete competes in three or four events, it can make a difference."

For Ross, Birna Hannesdotir won the shot with a 34-6 $\frac{1}{2}$, Molly Gocke won the 1600 in 6:04, Lindsay Frontz won the 800 in 2:33.8 and Jenny Gabel won the 3200 in 13:35.

The Little Giants boys were third. Allen Lutes won the long jump with a 21-1, Steve Dagg won the high jump with a 6-4, Kelly Lytle won the 100 in 11.1 and the 200 in 22.6, Jeremy Framstad won the 3200 in 10:47.5.

High School Girls

**Sandusky 81, Ross 65,
Lexington 18**

Field Events

Shot—1-Birna Hannesdottir (F) 34-6½, 2-Jennifer Hillier (F) 32-7½, 3-Amanda Reinbolt (F) 31-9½; Discus—2-Jamie Smith (F) 92-8½, 3-Birna Hannesdottir (F) 89-6, 4-Amanda Reinbolt (F) 78-10½; High Jump—4-Ashley Peters (F) 4-4; Long Jump—2-Christy Linder (F) 14-6½, 4-Jessica Mason (F) 14 0½

Track Events

4x800—2-Ross 10:56.5; 100 hurdles—3-Melissa Pena (F) 19.5, 4-Jessica Mason (F) 19.6; 4x200—1-Ross 1:52.4; 1600—1-Molly Gocke (F) 6:04, 4-Shannon Hall (F) 6:30; 4x100—2-Ross 52.9; 300 hurdles—2-Jessica Mason (F) 56.2, 3-Shavittae Feagle (F) 57.1; 800—1-Lindsay Frontz (F) 2:33.8, 3-Allison Decker (F) 2:42.7; 200—2-Adrienne Robertson (F) 28.0; 3200—1-Jenny Gabel (F) 13:35, 4-Lindsay Frontz (F) 14:13.3; 4x400—2-Fremont 4:36.5

Track/Field

High School Boys

**Sandusky 62, Lexington 49,
Ross 45**

Field Events

Shot—3-Brian Hill (F) 43-8½; Discus—3-Brian Hill (F) 119-3; Long Jump—1-Allen Lutes (F) 21-1, 2-Adams (F) 18-10½; High Jump—1-Steve Dagg (F) 6-4, 3-Allen Lutes (F) 5-8

Track Events

4x800—3-Ross 8:50.9; 110 hurdles—3-Allen Lutes (F) 16.3, 4-(tie) Massey (F) and Barrons (F) 16.8; 100—1-Kelly Lytle (F) 11.1, 3-Robert Atkins (F) 11.3; 1600—3-Ricardo (F) 4:59, 4-Adam Swope (F) 4:59.9; 4x100—1-Ross 44.8; 300 hurdles—2-Jordan Mackey (F) 44.1, 3-Allen Lutes (F) 44.5; 800—2-Roch (F) 2:11.5, 4-Adam Swope (F) 2:22.6; 200—1-Kelly Lytle (F) 22.6; 3200—1-Jeremy Framstad (F) 10:47.5, 3-Ryan Werling (F) 11:14.3, 4-Burris (F) 11:15.9; 4x400—3-Ross 3:56.1

Ross boys first at Findlay

News-Messenger reports

FINDLAY — Fremont Ross coach Jeff Opelt was extremely pleased with the performance of some of his sophomores as Ross beat Bedford and Findlay in a Great Lakes League tri-meet.

Allen Lutes won the long jump with a 15-foot-4 and the 110 hurdles for the Little Giants, while Kelly Lytle won the 100 (11.2) and the 200 in 23.1.

"They ran real well," Opelt said. "Those are two sophomores and they looked *real* good."

Ross had 67 points, followed by Bedford and Findlay.

Steve Dagg won the high jump with a jump of 6-4, and the 4x100 relay won in 44.69.

In the girls competition, the Little Giants finished with 46 points, ahead of Bedford (40), but behind Findlay (74).

Adrienne Robertson ran well, said Opelt. Robertson won the 100 in 13.51, the Little Giants 4x100 relay won in 52.23, and the 4x200 relay won in 1:53.13.

Ross travels to Toledo Whitmer April 10.

Track/Field

High School Boys

Ross 67, Bedford 61, Findlay 38

Field Events

Shot—2-Brian Hill (R) 46-7, 4-Mitch Holland (R) 42-8; Long Jump—1-Allen Lutes (R) 15-4, 2-Atkins (R) 18; High Jump—1-Steve Dagg (R) 6-4, 4-Allen Lutes (R) 5-6

Track Events

4x800—3-Ross 9:01.2; 110 hurdles—1-Allen Lutes (R) 15.6, 2-Jordan Mackey (R) 16.84, 3-Greg Burroughs (R) 17.3; 100—1-Kelly Lytle (R) 11.2, 2-James Brunner (R) 11.75; 1600—4-Adam Swope (R) 4:56.65; 4x100—1-Ross 44.69; 400—3-David Rhodes (R) 54.6; 300 hurdles—2-Westong Hineline (R) 42.62, 3-Jordan Mackey (R) 43.07, 4-Allen Lutes (R) 43.88; 800—3-Matt Kotch (R) 2:06.8; 200—1-Kelly Lytle (R) 23.1; 3200—2-Jeremy Framstad (R) 10:34.4; 4x400—2-Ross 3:44.7

High School Girls

Findlay 74, Ross 46, Bedford 40

Field Events

Shot—2-Berna Hannesdottir (R) 33-8, 4-Amanda Reinbolt (R) 31-4; Discus—3-Jamie Smith (R) 94-7; High Jump—4-Ashley Peters (R) 4-8; Long Jump—2-Christy Linder (R) 14-5½

Track Events

4x800—2-Ross 11:24.7; 100 hurdles—4-Jessica Mason (R) 19.37; 100—1-Adrienne Robertson (R) 13.51; 4x200—1-Ross 1:53.13; 1600—3-Molly Gocke (R) 5:53.1; 4x100—1-Ross 52.23; 300 hurdles—2-Jessica Mason (R) 56.02, 3-Shavita Feagle (R) 57.09; 800—3-Molly Gocke (R) 2:36.5; 200—2-Adrienne Robertson (R) 27.89; 3200—2-Jenny Gabel (R) 13:09; 4x400—3-Ross 4:30.1

FREMONT ROSS

Coach: Jeff Opelt

Key losses: Kenny Morrisette, Demetris Simms, Rashad Brown

Athletes to watch: Brian Hill, shot/discus, Sr.; Robert Atkins, 4x100, Sr.; Kelly Lytle, 4x100, So.; Reggie Jones, Jr., high jump.

Outlook: With Atkins and Lytle, half of last year's 4x100 relay team, which placed fourth at state. The other two, Simms and Morrisette will be tough to replace. The high jumpers will be exciting with Jones, who set a Great Lakes League record with a 6-foot-6, and Dagg, who jumped a 6-foot-8 last season in North Carolina. "I think (Jones) and Dagg are going to push each other, and be be real competitive with each other." Hill will be solid in the shot and discus. Ross will need to be tough to compete in the GLL. "The GLL's going to be tough, Sandusky's going to be tough, I haven't seen Whitmer yet, but Whitmer's always tough, but Sandusky's about as deep as they've been in the last six or seven years."

Ross places fifth at Whitmer Relays

News-Messenger reports

TOLEDO — The Fremont Ross boys track team got a strong performance from its 4x100 relay team and several unsung contributors to finish fifth in the Gold "W" Relays at Toledo Whitmer on Saturday.

"I thought the 80 points showed a lot of heart," said Ross coach Jeff Opelt. "There were some technical areas where if we would have had just a little more work we could have moved up a little bit. We had a lot of kids getting involved with the relays, which is a good opportunity."

Whitmer won the event with 135 points, with Toledo St. Francis second with 105.

The 4x100 team of Kelly Lytle, David Rhodes, Jordan Mackey and Robert Atkins took first place in 45.4 sec-

onds. Mackey and Rhodes are the newest additions to the relay team, which placed fourth in last year's state tournament.

"Basically, it's what the watch told us," Opelt said of the new additions. "I think they've gelled well with their exchanges."

Steve Dagg took third in the high jump with a leap of 6-foot-6.

"What's he gonna do next?" Opelt said. "If he can jump 6-6 with little practice, early in the year, he's got definite possibilities for the school record."

Opelt also noted the effort of 800 runners Ryan Werling, who ran back-to-back 800s, including the fourth place 4x800 relay team, and Matt Kotch, who was third in the 800 and passed another runner in the homestretch to move Ross up another spot.

Ricardo Zamarripa passed two runners in the homestretch to move the distance medley into fourth place, Opelt said, after opening legs by Werling, Xavier Darden and Habner Herrera had put him in position.

Also recording top-four finishes for Ross were Lytle (second in the 200), West-on Hineline (third in the 300 hurdles), Adam Swope (fourth in the 1,600), the sprint medley team of Atkins, Lytle, Kotch and Robert Abernathy (third) and the 4x480 shuttle hurdles team of Hineline, Mackey, Greg Burroughs and Josh Emly (fourth).

Long jumper/hurdler Allen Lutes, off to a strong start, hyperextended his left knee on his first jump, and will likely be lost for two weeks, Opelt said.

Track/Field

High School Boys

1999 GOLD "W"

Team Scoring—1-Whitmer 135, 2-St. Francis 105, 3-Central Catholic-99, 4-Sandusky 83, 5-Ross 80

Field Events

Shot—6-Ross 123-10 (Brian Hill 44-8, Mitch Holland 42-2, Rick Legg 37-0); Discus—5-Ross 310-11 (Brian Hill 113-5, Rick Legg 100-9, Joe Kaiser 96-9); High Jump—3-Ross 16-10 (Steve Dagg 6-6, Chris Beard 5-2, Bo Martin 5-2); Pole Vault—7-Ross 0

Track Events

Distance Medley (800, 200, 400, 1600)—4-Ross 8:28.1 (Ryan Werling, Xavier Darden, Habner Herrera, Ricardo Zamarripa); 4x800—4-Ross 8:51.8 (Ryan Werling, Jeremy Framstad, Josh Burris, Matt Kotch); 110 hurdles—5-Jordan Mackey (R) 17; 100—2-Kelly Lytle (R) 11.3; 1600—4-Adam Swope (R) 4:52.1; 4x200—DQ-Ross; 400—6-David Rhodes (R) 56.6; 300 hurdles—3-Weston Hineline (R) 41.5; 800—3-Matt Kotch (R) 2:07.7; 200—2-Kelly Lytle (R) 22.6; 4x480 shuttle hurdles—4-Ross 1:07.4 (Weston Hineline, Greg Burroughs, Josh Emily, Jordan Mackey); Sprint Medley (100, 100, 200, 400)—3-Ross 1:46.7 (Robert Atkins, Robert Abernathy, Kelly Lytle, Matt Kotch); 3200—6-Jeremy Framstad (R) 10:42.3; 4x100—1-Ross (Lytle, Rhodes, Mackey, Atkins) 45.4; 4x400—6-(Herrera, Darden, Mike Ziemke, Rhodes) 3:49.7.

Ross boys second at Clay

Little Giant girls finish close third

News-Messenger reports

OREGON — With Toledo Whitmer ruling the Great Lakes League track and field scene, Fremont Ross coach Jeff Opelt figures his Little Giants are part of a dogfight for second place.

In a triangular meet Tuesday, the Ross boys finished second, behind Whitmer and ahead of host Oregon Clay, while the Ross girls were nudged by Clay for second place, 46.5-45.5.

The girls got wins from Tiffany Sweeney in the 400,

Fallon Bailey in the 100, Birna Hanesdottir in the discus and the 3,200 relay team of Molly Gocke, Jenny Gabel, Alison Decker and Lindsay Frontz.

"Tiffany did a real nice job," Opelt said. "She had a nice leg in the 4x400 relay, too."

Bailey won the 100 in 12.6, and also ran a solid anchor leg in the 4x200 relay, Opelt said. Frontz's anchor leg helped the 3,200 team finish first in 10:47.9.

"Everybody was responsible for getting just enough, but Lindsay just walked right up on that girl on the back stretch," Opelt said. "That was a great race."

Hanesdottir won the dis-

Track/Field

cus with a throw of 99-7, and was second in the shot put with 35-7 $\frac{1}{2}$. Other second place finishers included Gocke (1,600), Frontz (800) and the 400 relay team.

Reggie Jones won both the high jump and long jump for the boys, with a height of 6-6 in the high jump and an 18-2 leap in the long jump.

"His first time jumping (this season) he goes 6-6," Opelt said. "Then he jumps in the long jump — he just asked to jump — and he wins it, off the wrong foot. It was just phenomenal."

Weston Hineline was also a

double winner for Ross, winning the 110 hurdles in 15.7 and the 300 hurdles in 41.3. Opelt said Hineline's performance surprised him, because the runner was sick Monday and didn't practice.

Kelly Lytle won the 200 in 22.9, and teamed with David Rhodes, Matt Kotch and Xavier Darden to win the 4x400 relay in 3:40.3.

Second place finishers included Brian Hill (shot), Steve Dagg (high jump), Lytle (100), Darden (400), Kotch (800) and Jeremy Framstad (3,200).

Track/Field

High School Boys

**Whitmer 81.5,
Ross 59, Clay 26.5**

Ross individual results

Field Events

Shot—2-Brian Hill (R) 47-9½; Discus—4-Legg (R) 112-1; High Jump—1-Reggie Jones (R) 6-6, 2-Steve Dagg (R) 6-4; Long Jump—1-Reggie Jones (R) 18-2

Track Events

4x800—3-Ross 8:48.1; 110 hurdles—1-Weston Hineline (R) 15.7; 100—2-Kelly Lytle (R) 11.1; 1600—3-Adam Swope (R) 4:54.9, 4-Ryan Werling (R) 4:59.6; 400—2-Xavier Darden (R) 53.4, 4-David Rhodes (R) 57.0; 300 hurdles—1-Weston Hineline (R) 41.3, 4-Greg Burroughs (R) 44.9; 800—2-Matt Kotch 2:07.0; 200—1-Kelly Lytle (R) 22.9; 3200—2-Jeremy Framstad (R) 10:26.9, 4-Ricardo Zamarripa 10:40.6; 4x400—1-Fremont (Lytle, Rhodes, Kotch, Darden) 3:40.3

High School Girls

**Whitmer 72, Clay 46.5,
Ross 45.5**

Ross results

Track Events

3200M Relay—1-Ross (Molly Gocke, Jenny Gabel, Alison Decker, Lindsay Frontz) 10:47.9; 100M Dash—Fallon 1-Bailey 12.6; 800M Relay—3-Ross 1:50.1; 1600—2-Gocke 5:54.7; 400M Relay—2-Ross 52.7; 400M Dash—1-Tiffany Sweeney 64.7, 4-Brittney Mills 68.4; 800M—2-Frontz 2:38.3; 200M—4-Taneshia McKinstry 28.4; 3200—4-13.26; 1600M Relay—2-Ross

Field Events

Discus—1-Birna Hannesdottir 99-7, 4-Smith 86; Shot—2-Hannesdottir 35-7.5, 3-Hiller 32-11, 4-Meg Nalely 32-9.5; Long Jump—3-Christy Linder 14-10

Clyde boys 3rd at Invitational

Ross girls, boys take 6th

News-Messenger reports

CLYDE — The Clyde boys got wins from Tim Anderson and Cory Donnersbach and three second place finishes from Ben Caudill to finish third in Saturday's Clyde Invitational.

Eastwood won the event, with Tiffin Columbian taking second. Fremont Ross finished sixth.

Anderson won the shot put with a throw of 49 feet, Donnersbach won the pole vault

with a 13-foot effort and Caudill finished second in the long jump, 200 and 100. Josh Cook got a second place finish for the Fliers, taking second in the 800, and the 4x800 relay team also finished second.

Derek Gerstenberger was fifth in the shot put and fourth in the discus for Clyde, and Jordan Hasselbach was fifth in the pole vault.

Kelly Lytle won the 100 for Ross with a time of 11 seconds. Reggie Jones was the Little Giants' other winner, taking the high jump with a 6-6 leap.

David Rhodes took second

Track/Field

in the 200 for Ross, and along with Lytle, Xavier Darden and Jordan Mackey finished second in the 4x100.

Lytle was also fourth in the 200, freshman Jeremy Framstad was fifth in the 3,200 and Darden recorded two sixth-place finishes.

The Ross girls also took sixth place, with the Fliers finishing seventh. Upper Sandusky won the event, with Toledo Central Catholic second and Sandusky third.

The Little Giants' 4x200 team of Christy Linder, Taneshia McKinstry, Adri-

anne Robertson and Fallon Bailey won with a time of 1:51.8, and the same four took second in the 4x100 relay. Bailey finished second in the 200 and third in the 100, Robertson was second in the 100 and Lindsay Frontz was third in the 800.

Birna Hannesdottir was fifth in the shot put for Ross, and Linder took fourth in the long jump.

Rachel Crooks won two events for Clyde, jumping 5-2 to win the high jump and 16-7 to win the long jump. Melanie Besskin finished second in the 100 hurdles for the Fliers.

Track/Field

High School Boys

Clyde Invitational

TEAM STANDINGS: 1-Eastwood 88, 2-Tiffin Columbian 79, 3-Clyde 74, 4-Toledo Central Catholic 64, 5-Sandusky 52, 6-Ross 45.5, 7-St. Johns Jesuit 30, 8-Upper Sandusky 30, 9-Western Reserve 14, 10-Port Clinton 10, 11-St. Francis 9.5

Field Events

Shot—1-Tim Anderson (C) 49-0, 5-Derek Gerstenberger (C) 45-1; Discus—3-Tim Anderson (C) 128-7, 4-Derek Gerstenberger (C) 128-5; High Jump—1-Reggie Jones (R) 6-6; Long Jump—2-Ben Caudill (C) 20-6; Pole Vault—1-Cory Donnersbach (C) 13-0, 5-Jordan Hasselbach (C) 10-0

Track Events

100—1-Kelly Lytle (R) 11.0, 2-Ben Caudill (C) 11.0; 3200—5-Jeremy Framstad (R) 10:23.9; 4x800—2-Clyde 8:21.9, 6-Ross (Ryan Werling, Jeremy Framstad, Ricardo Zamarripa, Matt Kotch) 8:46.6; 4x100—2-Ross 44.8; 400—2-David Rhodes (R) 53.7, 4-Sean Mooney (PC) 53.8, 6-Xavier Darden (R) 54.4; 800—2-Josh Cook (C) 2:03.5, 3-Sean Mooney (PC) 2:05.0; 200—2-Ben Caudill (C) 22.4, 4-Kelly Lytle (R) 23.3, 6-Xavier Darden (R) 23.7; 4x400—5-Clyde 3:36.2, 6-Ross (Kelly Lytle, David Rhodes, Jordan Mackey, Xavier Darden) 3:42.0

High School Girls

Clyde Invitational

TEAM STANDINGS: 1-Upper Sandusky 92, 2-Toledo Central Catholic 70, 3-Sandusky 62, 4-Ashland 61, 5-Eastwood 50, 6-Ross 49, 7-Clyde 36, 8-Tiffin Columbian 33, 9-Notre Dame 29, 10-St. Ursula 9, 11-Western Reserve 5, 12-Port Clinton 0

Field Events

Shot—5-Birna Hannesdottir (R) 33-7½; High Jump—1-Rachel Crooks (C) 5-2, 6-Andrea Stetler (C) 4-8; Long Jump—1-Rachel Crooks (C) 16-0¾, 4-Christy Linder (R) 14-11

Track Events

100—2-Adrienne Robertson (R) 13.0, 3-Fallon Bailey (R) 13.0; 3200—6-Deneil Sherman (C) 12:48.7; 4x800—5-Ross (Molly Gocke, Abby Cominsky, Alison Decker, Lindsay Frontz) 10:30.8; 4x100—2-Ross (Christy Linder, Taneshia McKinstry, Adrienne Robertson, Fallon Bailey) 52.8; 4x200—1-Ross (Christy Linder, Taneshia McKinstry, Adrienne Robertson, Fallon Bailey) 1:51.8; 4-Clyde 1:55.8; 400—5-Rachel Crooks (C) 1:04.9; 100 hurdles—2-Melanie Beskin (C) 16.9; 800—3-Lindsay Frontz (R) 2:28.3, 200—Fallon Bailey (R) 27.6; 4x400—6-Ross (Lindsay Frontz, Delana Simms, Rachelle Domisay, Tiffany Sweeney) 4:27.8.

Jones sets high jump record

News-Messenger reports

FOSTORIA — Fremont Ross junior Reggie Jones broke a school record that stood for over a decade, with a 6-foot-8 $\frac{1}{4}$ inch high jump, as the Little Giants boys beat Fostoria 95-37 in a Great Lakes League meet.

Jones topped the old mark of 6-7 $\frac{3}{4}$ set in the mid-1980s by Dave Kovaleski. He also won the long jump with a 21-10 for Ross.



JONES

Also for the Little Giants boys: Weston Hineline won the 100 hurdles in 15.81 and the 300 hurdles in 43.51, Robert Atkins won the 100 in 11.44, Adam Swope won the 1,600 in 4:48.34, Xavier Darden won the 400 in 55.23, Matt Kotch won the 800 in 2:07.85, Kelly Lytle won the 200 in 23.8 and Jeremy Framstad in 3,200 in 10:29. Ross also won three relay races.

In the girls meet, Ross cruised to an 82 $\frac{2}{3}$ -45 $\frac{1}{2}$ win. Birna Hannesdottir won the shot put in 35-8 $\frac{1}{4}$, Rachelle Domiray won the long jump in 13-1 $\frac{1}{2}$, Fallon Bailey won the 100 in 13.01, Molly Gocke won the 1,600 in 5:50.91, Tiffany Sweeney in the 400 and Taneshia McKinstry won the 200 in 28.08.

Ross also won the 4x100, 4x400 and 4x800 relay races.

Track/Field

High School Boys

Ross 95, Fostoria 37

Field Events

Shot—2-Brian Hill (R) 42-5 $\frac{1}{4}$, 3-Holland (R) 41-10 $\frac{1}{4}$; Discus—3-

Brian Hill (R) 113-7; High Jump—1-Reggie Jones (R) 6-8 $\frac{1}{4}$ (school record), 3-Steve Dagg (R) 6-2; Long Jump—1-Reggie Jones (R) 21-10

Track Events

4x800—1-Ross 9:10; 100 hurdles—1-Weston Hineline (R) 15.81, 2-Greg Burroughs (R) 16.87, 3-Josh Emly (R) 17.25; 100—1-Robert Atkins (R) 11.44, 2-Xavier Darden (R) 11.66, 3-James Brunner (R) 11.76; 1600—1-Adam Swope (R) 4:48.34, 2-Burris (R) 4:56.28, 3-Roy Zamarripa (R) 5:02.3; 4x100—1-Ross 45.07; 400—1-Xavier Darden (R) 55.23, 3-Mike Ziemke (R) 56.85; 300 hurdles—1-Weston Hineline (R) 43.51, 2-Greg Burroughs (R) 46.75; 800—1-Matt Kotch (R) 2:07.85, 2-Ryan Wering (R) 2:11.03; 200—1-Kelly Lytle (R) 23.8, 2-James Brunner (R) 24.65, 3-Mike Ziemke (R) 25.07; 3200—1-Jeremy Framstad (R) 10:29, 2-Adam Swope (R) 10:39, 3-Burris (R) 11:04; 4x400—1-Ross 3:41.78

High School Girls

Ross 82 $\frac{1}{2}$, Fostoria 45 $\frac{1}{2}$

Ross results

Field Events

Discus—2-Birna Hannesdottir 90-10, 3-Jamie Smith 89-9; Shot Put—1-Birna Hannesdottir 35-8 $\frac{1}{4}$, 2-Amanda Reinbolt 33-8 $\frac{1}{4}$, 3-Jennifer Hillier 33-3 $\frac{1}{4}$; High Jump—2-Ashley Peters 4-6, 3-Rachelle Domiray 4-4, 3-Ashley Taylor 4-4; Long Jump—1-Rachelle Domiray 13-1 $\frac{1}{4}$, 2-Shavon Sims 12-11 $\frac{1}{4}$.

Track Events

4x800 Relay—2-10:29.03; 100 Hurdles—2-Melissa Pena 18.29; 100 1-Fallon Bailey 13.01, 2-Adrianne Robertson 13.28; 4x200 relay—1-1:52.38; 1600 —1-Molly Gocke 5:50.91; 4x100 relay—1-52.20; 400 —1-Tiffany Sweeney 1:04.34, 3-Keia Irons 1:05.53; 300 Low Hurdles—2-Jessica Mason 54.88, 3-Shaute Feagle 55.03; 800 —2-Frontz 2:33.28; 200 —1-Taneshia McKinstry 28.08, 2-Adrianne Robertson 28.75, 3-Gobel 13:12; 4x400 Relay—1-4:24.88

Field events key Ross at Bill Krause Relays

News-Messenger reports

TIFFIN — The Fremont Ross boys track and field team used a win in the high jump to place sixth at the Bill Krause Memorial Relays on Saturday.

Chris Beard, Steve Dagg and Reggie Jones combined for a total of 18 feet, 9 inches in the high jump relay. For the second time in less than a week, Jones broke the school record in the event, leaping 6-9.

"When is he going to stop?" Ross coach Jeff Opelt jokingly asked of Jones' performance.

Also for Ross, Kelly Lytle won the 200 in 22.9 seconds and finished second in the 100 in 11.1. The shuttle hurdles team of Weston Hineline, Greg Burroughs, Jordan Mackey and Allen Lutes also finished second, in 1:03.3.

Lutes, returning from an injury, also teamed with Jones and Josh Emly to finish third in the long jump relay with a 59-2 $\frac{1}{2}$ total.

St. Joseph Central Catholic finished 15th, with Mike Chapman's third place finish leading the way. Chapman's time of 4:42.5 was the third-best in the 1,600.

Sandusky Perkins won the event with 93.5 points, followed by Sandusky and Shelby.

The Little Giants girls finished seventh, with Anthony Wayne the winner.

Track/Field

Jennifer Hillier, Meg Nalley and Amanda Reinbolt teamed up to win the shot put relay, totaling 95-7. Also for Ross, the 4x200 team of Christy Linder, Taneshia McKinstry, Adrienne Robertson and Fallon Bailey won in 1:50.2.

Bailey finished second in the 100 in 12.7, and teamed with Linder, McKinstry and Robertson to place second in the 4x100. Linder, Bailey, Ashley Taylor and Tiffany Sweeney placed third in the sprint medley.

The St. Joe girls finished 15th, led by Joni Wilhelm's third place finish in the 800. Also for the Crimson Streaks, the 4x400 team of Brea Busold, Kerri Zimmerman, Wilhelm and Nicole Freeman finished fifth in 4:19.3.

Ross travels to face Opelt's old team, Sandusky, in a Great Lakes League match on Tuesday. St. Joe competes in the San-Ott meet on Thursday.

In other track and field action Saturday:

Ohio Bank Invitational

FOSTORIA — Renie Lavigne of Woodmore was named the meet's most outstanding performer Saturday after helping Woodmore's girls track and

field team take second at the eight-team Ohio Bank Invitational.

Liberty-Benton won the Black Division girls title with 186 points while the Wildcats had 142.

Lavigne set a new meet record in the 400-meter dash with a time of 1 minute, 1.4 seconds. She also won the 200 in 27.6, was second in the 100 (13.8) and anchored the winning 4x400 relay that included Sara Miller, Amanda Weidner and Catie Lavigne (4:18.2).

Catie Lavigne also won the high jump with a leap of 5 feet and teamed with Laura Wright, Heather Michael and Weidner to win the 4x100 in 54.2.

Gibsonburg finished sixth, led by Julie Risenburg. Risenburg won both the shot put and the discus, throwing the shot 39-2 $\frac{1}{2}$ and the discus 104-11.

In the boys events, Woodmore tied Arcadia for third in the Black Division, both with 150 points, while Liberty-Benton had 152 points to win the meet.

Woodmore's top finishers were a first in the pole vault by Josh Thompson, a second in the 400 by Ben Kuhlman and a second by the 4x100 relay.

Gibsonburg's Greg Woodruff placed second in the pole vault and fourth in the discus. Old Fort finished sixth, led by Jerry Riehm's record run in the 3,200.

Ross boys second at Sandusky Invite

News-Messenger reports

SANDUSKY — The Fremont Ross boys track and field team was second at the Sandusky Invitational Friday.

For the Little Giants, Kelly Lytle won the 200 in 22.1 and the 100 in 11.1. The Little Giants 4x100 relay team of Allan Lutes, David Rhodes, Jordan Mackey and Lytle won in 44.2, avenging a loss to Sandusky on Tuesday.

Lutes also won the long jump with a 21-8. Xavier Darden was second in the 400 in 51.3 and third in the 100 in 11.2. Matt Kotch was second in the 800 in 2:05 and Brian Hill was third in the shot put with a 45-2.5.

Sandusky won with 122.5 points, followed by Ross (92),

Track/Field

Perrysburg (89), Olmstead Falls (82), Bowling Green (68) and Strongsville (53.5).

The Little Giants girls were sixth. The 4x200 relay team of Molly Gocke, Abby Cominsky, Alison Decker and Lindsay Frontz won in 1:47.7. The 4x100 relay team of Christy Linder, Tanisha McKinstry, Tiffany Sweeny and Fallon Bailey was second in 52.1. Bailey was second in the 100 in 12.4 and Frontz was second in the 800 in 2:28.

Bowling Green won the event with 120, followed by Strongsville (100.5), Sandusky (92), Olmsted Falls (75), Perrysburg (54.5) and Ross (53).

Track/Field

High School Boys

Sandusky Invitational

Ross Results

Sandusky 122.5, 2-Ross 92, 3-Perrysburg 89, 4-Olmstead Falls 82, 5-Bowling Green 68, 6-Strongsville 53.5

Field Events

Shot Put—3-Brian Hill 45-2.5; Long Jump—1-Allen Lutes 21-8

Track Events

3200 Relay—5-(no time); 110 Hurdles—5-Lutes 15.6; 100—3-Xavier Durden 11.2; 400 Relay—1-(Lutes, David Rhodes, Jordan Mackey, Kelly Lytle) 44.2; 400—2-Darden 51.3; 300 Hurdles—5-Mackey 42.2; 800—2-Kotch 2:05; 200—1-Lytle 22.1, 5-Darden 23.3; 1600 Relay—4-3:45.1

High School Girls

Sandusky Invitational

Ross results

1-Bowling Green 120, 2-Strongsville 100.5, 3-Sandusky 92, 4-Olmsted Falls 75, 5-Perrysburg 54.5, 6-Ross 53

Field Events

Long Jump—5-Christy Linder 16-0; Discus—4-Bima Hannesdottir 108

Track Events

3200 Relay—6-10:31.9; 800 Relay—1-Ross 1:47.7; 100—2-Fallon Bailey 12.4, 6-Adrienne Robertson 13.4; 400 Relay—2-(Christy Linder, Tanisha McKinstry, Tiffany Sweeny, Bailey) 52.1; 300 Hurdles—6-Jessica Mason 52.2; 800—2-Lindsay Frontz 2:28; 1600 Relay—4-4:19.3

Polar Bears Relays

Tuesday Field Events

Shot—2-Ross (Bima Hannesdottir, Jennifer Hillier, Amanda Reinbolt) 96-7; Discus—1-Ross (Hannesdottir, Jamie Smith, Amanda Reinbolt); High Jump—1-Ross (Rachelle Domiray, Ashley Peters, Samm Schneider) 13-4; Long Jump—2-Ross (Christy Linder, Rachelle Domiray, Jessica Mason) 42-4½.

Track Events

4x1600—4-Ross (Shannon Hall, Morgan O'Connor, Jeannette Frontz, Jenny Gabel) 25:25.0; Shuttles—7-Ross (Jessica Mason, Tonya Young, Ashley Peters, Melissa Pena) 1:17.0; 4x200—1-Ross (Christy Linder, Taneshia McKinstry, Adrienne Robertson, Fallon Bailey) 1:49.6; 4x800—4-Ross (Molly Gocke, Shannon Hall, Abby Cominsky, Jenny Gabel) 8:28.9; 4x100—1-Ross (Christy Linder, Taneshia McKinstry, Adrienne Robertson, Fallon Bailey) 51.3; Sprint Medley—2-Ross (Christy Linder, Fallon Bailey, Taneshia McKinstry, Tiffany Sweeney) 1:44.5; Distance Medley—2-Ross (Lindsay Frontz, Leah Damschroder, Abby Cominsky, Molly Gocke) 13:59.4; 4x400—4-Ross (Lindsay Frontz, Taneshia McKinstry, Delana Sims, Tiffany Sweeney) 4:20.6.

Polar Bear Relays

Tuesday Field Events

Shot—4-Ross (Brian Hill, Mitch Holland, Joe Kaiser) 127-3½; Discus—4-Ross (Brian Hill, Joe Kaiser, Rick Legg) 337-7½; High Jump—1-Ross (Reggie Jones, Steve Dagg, Chris Beard) 18-10 (meet record)

Track Events

4x1600—3-Ross (Adam Swope, Josh Burris, Ricardo Zamarripa, Jeremy Framstad) 19:26.1; Shuttles—1-Ross (Allen Lutes, Josh Emily, Greg Burroughs, Jordan Mackey) 1:01.5; 4x800—4-Ross (Ryan Werling, Jeremy Framstad, Ricardo Zamarripa, Matt Kotch) 8:28.9; 4x100—2-Ross (Allen Lutes, Robert Atkins, Jordan Mackey, Kelly Lytle) 44.4; Sprint Medley—4-Ross (Robert Atkins, James Brunner, Rob Abernathy, Mike Ziemke) 1:44.5; Distance Medley—2-Ross (Matt Kotch, Habner Herrera, Ryan Werling, Adam Swope) 11:39.3; 4x400—1-Ross (Kelly Lytle, David Rhodes, Jordan Mackey, Xavier Darden) 3:29.6

Not quite finished yet



News-Messenger/Guy Schultz

THE TRACK at Fremont Ross was not painted Thursday, and is scheduled to be striped on Monday.

Final striping of Ross track pushed back

News-Messenger reports

The newly-installed track and Fremont Ross went unstriped for yet another day Thursday, and while Little Giants coach Jeff Opelt admits he is frustrated by the lack of progress made, you won't hear him or his athletes complaining about it.

"They must have heard me the first time I talked about whining because I told them I hate whining, and they've been great, I couldn't ask for a better attitude from the kids," Opelt said.

The striping is now tentatively scheduled to take place Monday, Opelt said, two days after the Fremont Invitational was to have been held. While the Invitational was canceled earlier this week for the second straight year, the lack of a track has also hampered Ross athletes' performance in events like the pole vault, long jump and certain spring relays.

"We've got some pretty good relay teams, and they haven't had enough chances to work on ex-

changes," Opelt said. "We were working on a drill today in the parking lot, and it would have been a lot nicer to work on a soft surface."

St. Joseph Central Catholic coach Eddie Colon said late is better than never, as both his teams and Opelt's will be able to prepare for league and state meets on the new track.

"At least Ross and St. Joe can use the track to get ready for districts, regionals and state," Colon said.

"Ross should have a couple kids go to state, and we hope to have some, too, and it will be nice that the track is ready."

With the Invitational canceled, Ross will have an 11-day layoff between Tuesday's Polar Bear Relays and next Saturday's Great Lakes League meet at Toledo Whitmer, and St. Joe will have nine days off between Thursday's NWOSCA meet and next Saturday's Midland Athletic League meet at Fostoria.

Awards

Ross honors spring athletes

Four named All-GLL baseball

News-Messenger reports

Fremont Ross handed out its spring sports awards Thursday night.

In tennis, Pete Scranton was named team MVP, Jay Farrell and Ian Steinert were captains, Zach Mierke was most improved and Farrell earned the senior leadership award.

In track and field, Fallon Bailey and Kelly Lytle were named MVPs, Exzavier Darden and Birna Hannesdottir were most improved, Habner Herrera and Shannon Hall won coach's awards, Lindsay Frontz, Christy Linder, Brian Hill and Weston Hineline were captains and Lytle joined the 150-plus point club.

In softball, Jenny Schaaf was named MVP and was the batting champion with a .500 average, Abby Gilbert won the Golden Glove with a .987 fielding percentage, Jodi Fick was most improved and Ashleigh Horn won the coach's award.

In baseball, Dan Cobb was named MVP, Josh Lozano was the top offensive player, Spencer Root won the Golden Glove, Root, Cobb and Aaron Coonrod were captains, T.J. Hammer won the coach's award and Jered Kingsborough was the most valuable junior varsity player.

All-GLL

Ross placed four players on the All-Great Lakes League first team, announced Thursday.

Pitcher Dan Cobb, catcher Josh Lozano, third baseman Kyle Gegorski and outfielder Spencer Root were the Little Giants' first team picks.

Pitcher Aaron Coonrod was a second team pick, and second baseman Dustin Shively and outfielders T.J. Hammer, Pete Goetz and Pryde Yost earned honorable mention.