

2001 Fremont Invitational...

Ross girls own home track

Bailey, relay teams lead to invite crown

By SCOTT BLACK
News-Messenger correspondent

It was a windy, chilly day at the 39th annual Fremont Track Invitational on Saturday, but the Ross girls proved that nothing beats home cooking as they ran away from the field.

The Ross girls put up 135 points to second-place Toledo Central Catholic's 88 points.

"In the relays today, we had great handoffs and everyone did a great job of fighting off the wind. It was good practice."

The girls also won the 400 relay and finished second in the 3,200 relay.

Ross also got first places from Taneshia McKinstry in the 400 dash, Jen Hillier in the shot put and Jamie Smith in the discus throw.



Lytle destined for Ivy

Ross sprinting star Kelly Lytle didn't run at Saturday's Fremont Invitational, but he has decided where he'll attend college. The senior class valedictorian will attend Princeton University and run track.

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"The girls just had a real solid meet," Ross coach Cathy Esposito. "They scored in every event and they dominated in the relays. I am really happy with the way they look heading into the GLL (Great Lakes League) next week."

Little Hopewell-Loudon slipped into third place with 77 points ahead of fourth-place Sandusky with 51. St. Joseph Central Catholic was fifth and Clyde was sixth.

Sandusky won the boys meet with 152.3 points while Lima Shawnee was second with 90. The Ross boys finished third with 68 points. Clyde finished sixth and St. Joe Central Catholic finished seventh.

"I am pleased with the way that the boys finished today," Esposito said. "We were hurt some on the boys side without having Kelly Lytle run. Kelly has a sore leg right now and we wanted him to rest it up for the GLL."

On the girls side, Fallon Bailey led the charge, winning the 100- and 200-meter dashes and anchoring the winning 1,600 relay and the 800 relay.

"I don't think I did too bad today with the wind and all," Bailey said. "The key for me is getting a good start and finishing strong. I had already beat most of these runners, so I was basically running against the clock."

"There is no doubt that you can go into just about any meet and count on some points from Fallon," Esposito said. "She's pretty consistent and pretty predictable. You just try to not get too carried away with it because things can happen."

The Ross boys did not win an event but scored their points by placing. Joe Kaser had a second in the shot put and Allen Lutes finished second in the high jump.

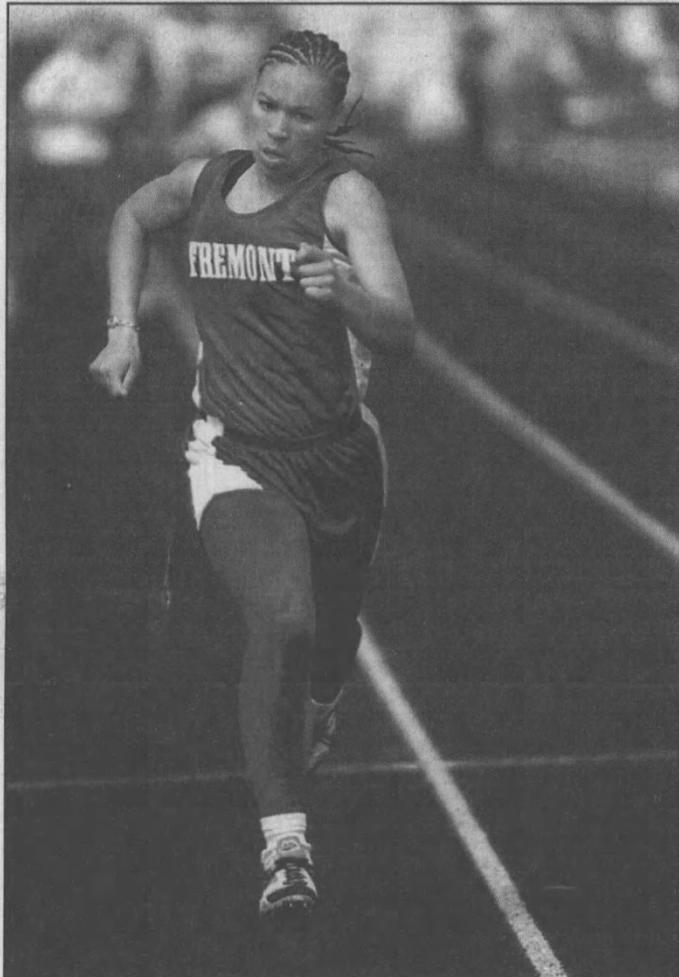
St. Joe got three second-place finishes from its girls team and one from its boys team. Trischa Snyder held off Ross's Stacy Hall for second in the 1,600 run, Erika Jay of St. Joe took second in the 400 dash and the 1,600 relay team was second. Adam Miller came in second in the boys 3,200 run.

Clyde got two first-place finishes from its boys team. David Skeel finished first in the shot put, and Brett Hoffman won the 110 hurdles.

"My goal coming in here was to beat (Nate) Matthews of Sandusky because he beat me at the Clyde Invite," Hoffman said. "I also wanted to try and keep my speed up with the wind the way it was and stay ready for the SBC (Sandusky Bay Conference) meet this week."

Flier boys coach Mike Martin was happy with his team's start but wonders about next year.

See ROSS, B3



News-Messenger photos/Ben French



ADRIANNE ROBERTSON, top, of Fremont Ross competes in the 100-meter dash preliminaries Saturday at the Ross track. Robertson was a member of three winning relay teams as the Little Giants won the team championship. Brett Hoffman, left, of Clyde won the 110-meter high hurdles and recorded one of his team's two victories.

Ross boys finish third at invitational

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"We started the day getting a first from David Skeel and that is always nice to see," Martin said. "It's always nice to see Dave come through. I was happy to see Hoffman win his hurdles race against Matthews from Sandusky, too. That was big."

"We knew coming in that the competition was going to be tough, and that's why we're here. I'm going to tell you though, in the future I think I'm going to think twice about scheduling a track meet on prom day."

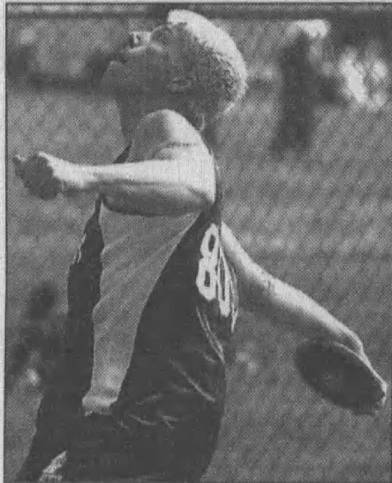
The Flier girls got a second place from Sarah Musser in the shot put and a second place in the discus from April Bartl and a

third place from Amanda Showman in the long jump.

"We did really well today in the field events," Clyde girls coach Melanie Overmyer. "We were definitely shorthanded today because of the prom, but we were having trouble in the early relays before the girls left. But I'm still happy with the way that our season has gone and we'll be ready for the SBC this week coming up."

For the Ross coach, she's ready to get going on the rest of the season.

"I am really proud of the way that we performed today," Esposito said. "I think both teams will do real well in the GLL with a chance to win. I also see us having some success as we go into the postseason."



News-Messenger/Ben French

CHRIS KAYSER of Fremont Ross winds up to throw the discus during Saturday's Fremont Invitational. Kayser finished fourth.

Track & Field

High School Boys

Fremont Invitational

Team Scores

Sandusky	152.3
Lima Shawnee	90
Ross	68
St. Wendelin	66
Toledo Central Catholic	60
Clyde	56.3
St. Joe	21
Hopewell-Loudon	10
Calvert	2.3

Ross, SJCC and Clyde Results

6,400 relay: 3-Clyde 20:47.94. 4-Ross 21:09.09, 7-St. Joe 22:09.68.
3,200 relay: 2-St. Joe 8:29.87, 5-Clyde 8:39.20, 7-Ross 8:44.00.

110 hurdles: 1-Brett Hoffman (C) 15.90, 5-Allen Lutes (R) 16.80, 7-Derek Dalton (R) 17.30.

100m: 5-David Rhodes (R) 12.10, 8-Keith Shearer (C) 12.50.

1,600m: 3-Kyle Gettys (C) 4:42.80, 4-Jeremy Framstad (R) 4:44.00, 7-Brad Harmon (SJ) 4:58.30.

400 relay: 3-Ross 45.60, 6-Clyde 46.60, 9-St. Joe 50.34.

400m: 5-Justin Martin (C) 52.50, 8-Bryson Ford (R) 55.10, 10-Eric Edwards (R) 56.10, 12-Greg Miller (SJ) 57.00, 14-Dave Hoeizel (SJ) 1:00.40.

300 hurdles: 5-Hoffman (C) 43.60, 11-Dalton (R) 46.60, 12-Josh Emily (R) 47.40, 14-Jon Carrizales (SJ) 53.60, 15-Nate Jenkins (SJ) 55.52.

800m: 6-Jeremy Velliquette (SJ) 2:10.60, 8-Matt Salas (R) 2:15.80.

200m: 4-Tyruis Hamilton (R) 24.90, 7-Matt Mehling (SJ) 25.10.

3,200m: 2-Adam Miller (SJ) 10:13.53, 3-Cliff Moore (C) 10:15.40, 4-Dan Chudzinski (SJ) 10:18.80, 5-Framstad (R) 10:28.52, 8-Jay Ohms (R) 10:56.00.

1,600 relay: 4-Clyde 3:38.70, 5-Ross 3:45.60, 8-St. Joe 4:06.10.

High Jump: 2-Lutes (R) 6-02, 3-Bo Hudson (R) 5-10, 6-Dave Griffin (C) 5-06.

Long Jump: 3-Lutes (R) 18-02, 4-Bo Martin 17-10, 9-Lucas Eisenhauer (C) 15-11, 10-Duwayne Hush (C) 15-05.50, 16-Joe Shaffer (SJ) 12-11, 18-Carrizales (SJ) 12-01.

Shot Put: 1-David Skeel (C) 14-10.50, 2-Joe Kaiser (R) 45-01, 3-Bobby Crawford (R) 45-00, 6-Tony Ott (C) 42-00.50, 7-Manny Mendoza (SJ) 38-06, 9-Kris Klotz (SJ) 36-05.50.

Discus: 4-Chris Kayser (R) 119-06.50, 5-Joe Kaiser (R) 118-03, 7-A.J. Messina (SJ) 115-06, 11-Ott (C) 101-00.50, 15-Jenkins (SJ) 95-10.75, 16-Quinten Weasner (C) 87-05.50.

Pole Vault: 3-Dave Griffin (C) 9-06.

High School Girls

Fremont Invitational

Team Scores

Ross	135
Toledo Central Catholic	88
Hopewell-Loudon	77
Sandusky	51
St. Joe	47
Clyde	38
Calvert	33
St. Wendelin	30
Lima Shawnee	16
Toledo Central Catholic	4

Ross, SJCC and Clyde Results

6,400 relay: 2-Ross 24:40.47, 3,200 relay: 2-Ross 10:37.00, 6-Clyde 11:30.00.

100 Hurdles: 4-Erica Jay (SJ) 17.40, 6-Christine Meade (C) 17.60, 8-Nicole Sangregory (R) 18.10.

100m: 1-Fallon Bailey (R) 12.70, 4-Adrienne Robertson (R) 14.00, 7-Heather Doemer (SJ) 14.50, 8-Karyn Schrickel (C) 14.80.

800 relay: 1-Ross 1:50.00, 3-St. Joe 1:52.40, 7-Clyde 1:55.30.

1,600m: 2-Trischa Snyder (SJ) 5:39.00, 3-Stacy Hall (R) 5:40.00, 7-Brittney Dohanos (R) 6:07.90.

400 relay: 1-Ross 49.80, 3-St. Joe 52.50.

400m: 1-Taneschia McKinstry (R) 1:03.40, 2-Jay (SJ) 1:04.70, 4-Nicole Bartson (C) 1:05.20, 7-Sara Gutschalk (SJ) 1:07.00, 9-Delana Sims (R) 1:08.60.

300 hurdles: 6-Rachel Ruiz (R) 53.30, 8-Erin Celek (SJ) 54.90, 11-Keri Peiffer (SJ) 57.10, 13-Lindsay Chapman (R) 58.10.

800m: 3-Hall (R) 2:33.00, 5-Shana Frontz (R) 2:36.10, 8-Krista Rowe (C) 2:52.40.

200m: 1-Bailey (R) 26.90, 2-Robertson (R) 27.50, 3-Missy Tucker (SJ) 28.20, 4-Amber Wesney (C) 29.00, 6-Misty Hoffman (C) 29.60.

3,200m: 4-Wendy Farrell (R) 12:52.80, 7-Kelly Biehler (R) 13:49.30.

1,600 Relay: 1-Ross 4:19.12, 2-St. Joe 4:33.40.

High Jump: 5-Keia Irons (R) 4-10, 8-Brittney Werling (R) 4-06, 11-Gutschalk (SJ) 4-04, 12-Peiffer (SJ) 4-02.

Long Jump: 3-Amanda Showman (C) 13-09, 5-Sims (R) 13-03, 9-Echo Vargas (C) 12-06, 11-Tiffany Dicker (SJ) 11-11.50, 14-Ruiz (R) 11-06, 15-Gutschalk (SJ) 11-03.

Shot Put: 1-Jen Hillier (R) 35-06, 2-Sarah Musser (C) 32-10.50, 4-Meg Nalley (R) 31-09, 6-April Bartl (C) 28-11.50, 11-Sarah Widman (SJ) 25-09.25.

Discus: 1-Jamie Smith (R) 118-01.50, 2-Bartl (C) 116-09, 4-Musser (C) 93-05.50, 6-Widman (SJ) 87-07.50, 9-Hillier (R) 86-01.75.

Lytle chooses Princeton

Lure of Ivy League too strong for Ross sprinter to ignore

News-Messenger reports

Ross sprinting star Kelly Lytle sat out Saturday's Fremont Invitational because he wants to be at full strength for the Great Lakes League meet next week.

At last year's Fremont Invitational, Lytle set the school record in the 100-meter dash by finishing in 10.5 seconds. But minor hip soreness and the raw weather made Lytle think better of running Saturday as he continues his comeback from a second knee surgery.

Instead, he helped out by running a stopwatch for other athletes.

"Today would have been a good workout, but it's cold and windy

and I'd rather heal up for the conference meet next week," Lytle said. "It's fun to win, but they're just workouts to get ready for the conference and then the district and regional."

Speaking of the future, Lytle, who is on track to be his class valedictorian, has announced that he will attend Princeton University and run track. He won't receive an athletic scholarship.

"I visited there in the fall and winter, and I just loved it," Lytle said of the New Jersey campus. "The academics and the opportunity to run track was just too much to pass up."

Lytle said he considered at-

tending Miami of Ohio and running track there but couldn't resist the allure of the Ivy League.

Although Lytle rushed for 458 yards in two-and-a-half football games before injuring his knee last fall, he said he would not pursue a college football career.

"I thought about football for a long time, but I don't really know about the pounding my knees would take in college football and the time it would consume to play it," Lytle said. "I don't know if I'd have been ready for the time commitment in college football. I don't know if I like it that much to spend that much time with it to take it to the next level."