

## 2016 NWOAC CHAMPIONSHIPS

## **SWIMMING**

### **NWOAC Swim Championship**

The host Fremont Ross girls placed 1st with 429 total points at the NWOAC Swim Championship on Saturday. The Little Giants got two wins from Olivia DeRodes in the 50 and 500 yard freestyle (25.18, 5:19.89) and Morgan Waggoner in the 200 yard freestyle and 100 yard backstroke (1:58.92, 59.44) while Meghan Moses won the 100 yard freestyle (53.94); Anne Marie Moses placed 2nd in the 200 yard individual medley (2:19.07). Meghan Moses also placed second in the 100 yard breaststroke (1:11.94).

The host Fremont Ross boys finished 2nd with 389 total points behind Sylvania Southview (438 points). The boys got two wins from Trent Williams in the 50 and 100 yard freestyle (22.12, 48.53); Bo Tong also added a win in the 100 yard butterfly (55.62) and Andrew Evans in the 100 yard breaststroke (1:03.24). Tate Williams added a second place performance in the 100 yard backstroke (59.46).

Oak Harbor boys ended with 123 points placing them 8th while the girls finished in 9th with 137 points.