

Ross Hall of Fame inductee. 2007

Bob Beck

Bob Beck won seven letters from 1946 through 1949. He lettered three times in both football and basketball and one in track and field.

He was known as a triple threat in football and once held the Ross team record for the longest punt. Bob served as team captain in both football and basketball his senior year.

In football, Bob was honorable mention All-Buckeye League as a sophomore, second team as a junior, and first team as a senior. He earned All-Ohio first team recognition for football as a senior.

Bob attended The Ohio State University before being called to serve in the armed forces in the Korean War.

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Jeff Brown

Jeff Brown won six letters at Fremont Ross High School, three in track and field, two in football, and one in basketball from 1975-1978.

Jeff was a special mention All-Ohio as a running back in 1977.

Jeff was third in the 300 hurdles at the Ohio High School State Track and Field meet at Ohio Stadium in 1978. Jeff set the school record in the 180-yard hurdles (retired) and 300-meter low hurdles, which still stands as of 2026. He was also part of the Little Giants' record-setting 4x400 meter relay. He represented Ohio in the Mid-West Meet of Champions, winning the 300-meter low hurdles after his final high school year of 1978.

Jeff was class vice-president from his freshman year to his senior year.

After graduation, Jeff went on to play Division I football at the University of Iowa, winning three Hawkeye letters as a running back. He was also a member of the Iowa track and field team, winning the Big Ten title as part of the Hawkeyes' 4x400 relay. He participated in the NCAA Track and Field Meet in 1981.

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T.J. Brudzinski

T.J. Brudzinski won seven letters as a Fremont Ross Little Giant from 1977-79. He won three in football, three in baseball, and one in basketball.

He set the single-season Ross football record of 47 pass receptions and a total of 799 yards his senior year. He played both wide receiver and quarterback during his high school football career. T.J. was selected his senior year as a first-team All-Buckeye Conference and Associated Press All-Northwest Ohio District honorable mention in football and was named to the United Press International All-Ohio list. He was to play on the North team in the Ohio High School Coaches Association All-Star Game in 1979, but a knee injury sidelined him from the contest.

In baseball, T.J. was an all-district pick.

T.J. was awarded the Baron-Sherman award his senior year, symbolic of being the top male athlete at Ross.

After graduating from high school, T.J. was a member of the University of Dayton football team before transferring to Ohio State, where he was on the 1980 football team and the 1981 baseball team. He has played in five United States and Ohio Amateur Golf Tournaments.

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Emily Dowell

Emily Dowell won 11 letters at Fremont Ross—four each in basketball and softball and three in volleyball.

She was a four-year starter on the basketball team. As a freshman and sophomore, Emily was an All-Great Lakes League honorable mention. In her junior and senior years, she was named to the second and first teams, respectively, in the Coaches' District 6 selections. Also, her senior year, Emily's awards include a third-team Associated Press All-Northwest Ohio District selection, the NBA Sportsmanship Award, the Toledo Blade Sports Award, and she also played in the East-West All-Star Game in Fostoria.

In softball, Emily was a four-year starter, winning GLL honorable mention as a sophomore, second team all-league as a junior, and first team her senior year. She was on the second team in District 6 as a junior and a senior. She also played in the District 6 All-Star Game and the East-West All-Star Game her senior year.

She was a three-year starter in volleyball, earning honorable mention All-GLL as a sophomore, first team as a junior, and second team as a senior.

Emily won All-GLL Academic honors her junior and senior years.

She was selected as the Ross Female Athlete of the Year in 1998 and was the winner of the News-Messenger Top Female Athlete of the Year Award her senior year. She was runner-up in the Michael K. Bosi Memorial Athlete of the Year presented by The News-Messenger.

After leaving Ross, Emily played basketball at Eastern Illinois University, a Division I college, lettering all four years.

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Frederick "J.W." Rice

Frederick J.W. Rice won three letters in basketball and two in football from 1934-38. He was the leading scorer on the football team his junior and senior seasons. He played fullback, leading the team to a 14-5-1 record.

Fred also participated on the track team and played basketball and football all four years while at Ross. He was a member of the "F" Club.

After graduating from Ross, Fred starred in football at Marquette University, scoring eight points in a 28-7 upset win over the University of Wisconsin.

He served as assistant coach for the Marquette and Colgate universities' football teams. He later became head football coach at Colgate. He also coached the Colgate lacrosse team.

He was the athletic director and head coach at Nicolet High School in Wisconsin. He was eventually elected to the Wisconsin High School Football Coaches Association Hall of Fame.

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Kristyn (Warner) Trealout

Kristyn (Warner) Trealout is one of three female 12-letter winners in the history of Fremont Ross High School. She lettered four times in swimming, track and field, and cross country.

She was a member of a school record-setting 200-medley relay team (1:54.19) and was a four-time district swim meet qualifier. Kristyn qualified for the state swim meet in the 200-medley relay. She was selected as the “Most Improved” swimmer her sophomore year.

In cross country, Kristyn was a member of the first Ross girls’ team to qualify for the state meet. She was a two-time All-Great Lakes League first-team and two-time All-GLL second-team cross-country team member. Kristyn was the co-captain for the cross-country team her senior year. She was also awarded All-GLL academic honors.

She graduated from Ashland University, where she was a member of the cross-country and indoor and outdoor track teams for four years.