

1980 District Meet...

B-4 The News-Messenger, Fremont, O., Saturday, March 1, 1980

## Hair today, but gone tomorrow



ROSS SWIM Coach Art Bucci gets a close look at the trim. Mike Mowery received Friday during the Ross

team's annual ritual of "shaving down" for the district meet. The close grooming took place at Hair, Etc.

Shaving time or making for a cool time . . . that's the question.

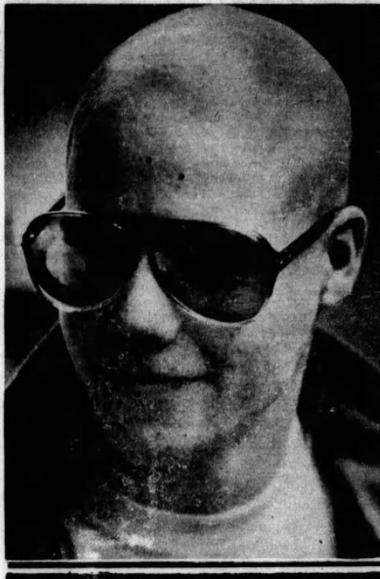
Either way, though, the Fremont Ross swimmers are prepared for the Northwestern Ohio Diving and Swim Meet today at Bowling Green State University.

The team met at Hair, Etc., Friday afternoon for the annual ritual of "shaving down" for the meet. The hairless style is supposed to cut down friction in the water enabling the swimmer to hopefully improve his speed.



JUDY OVERMYER trims an arrow that has been formed during a "haircut" on Ross swimmer Jim Avilos. The Ross tanker is amazed at the close cut feel.

## How do I look, Mom?



Scott Pitts

John Isaac



N.M photos  
by  
George  
Lundskow

DISCO  
SKATING LESSONS  
WILL NOT BE

## Little Giant divers finish 13th and 29th

BOWLING GREEN — Ross divers Ed Weller and Mike Waggoner took 13 and 29 respectively in the Northwestern Ohio District Diving and Swimming Championships here Friday afternoon.

Weller finished the competition with 303 points while Waggoner had 129.

Greg Patterson of St. Francis won the competition with 440 followed by Marcia Scodovia of Malabar with 405 and Bob Speck of St. Peter with 390.

The swimming portion of the competition starts tomorrow at 12 noon.

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## ***Bucci named Coach of the Year***

# **4 and more in state**

**BOWLING GREEN** — Maybe the Ross swim team should have shaved their heads long ago.

After "taking it all off" at the Hair Etc., on Friday afternoon, the Little Giant tankers went to the district meet at Bowling Green on Saturday and saw several seconds drop off their times just as their hair had fallen the day before.

"It was a super incredible district for us," swim coach Art Bucci said. "We had phenomenal time drops and seven state qualifiers. It was a total team effort and a great way to finish up the Northwest District.

"I am proud of all the members of our team for the way that they performed."

Ross finished in eighth place with 83 points, over 100 behind champion St. Francis, but the improvement of the Little Giant swimmers had Bucci happy.

Pacing the Little Giant swimmers was Mike Mowry, who grabbed three state berths and won the 200-yard freestyle in 1:46.522, smashing his own school record by over four seconds.

"The 200-yard freestyle was one of the greatest races I have ever seen at the districts," Bucci offered. "Mike Mowry swam a super race and became the first district champion I have had here in Fremont."

Mowry also qualified for the state meet in the 100-yard freestyle when he

took fifth in 49.823 and was part of the 200-yard medley relay team that took third in 1:43.831, good for another state berth.

In the 100-yard freestyle, Mowry broke Eric Wright's school record of 50.6.

Other members of the relay team are John Isaac, Brian Beck and Dave Sanna.

The 100-yard backstroke gave Sanna his second state berth when he finished the race in 57.068, breaking his school record of 57.5.

Randy Penrod led a host of swimmers that improved their times in their events. Penrod took over three seconds off of his 100-yard butterfly and his 200-yard individual medley races.

Beck also improved two of his races, shaving 6.4 seconds off of his 200-yard individual medley and 2.3 off of his 100-yard backstroke.

Other improvements were recorded by Jim Avalos in the 100-yard butterfly (over 3 seconds) and John Isaac in the 500-yard freestyle (5 seconds).

Bucci also mentioned Tim Heslet, Scott Pitts and Dennis Eickert as swimming good races.

Bucci himself got into the act when he was named Northwest Coach of the Year.

Mowry, Sanna, Beck and Isaac, the state qualifiers, will leave for Canton on Thursday for the state meet.

Clipped By:  
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Oct 25, 2025

# *Bucci named Ohio coach of the year*

Art Bucci, Ross High School swim coach, was named the Ohio High School "Coach of the Year" Friday.

Bucci, 31, was selected by a vote of the 170 high school swim coaches in the state.

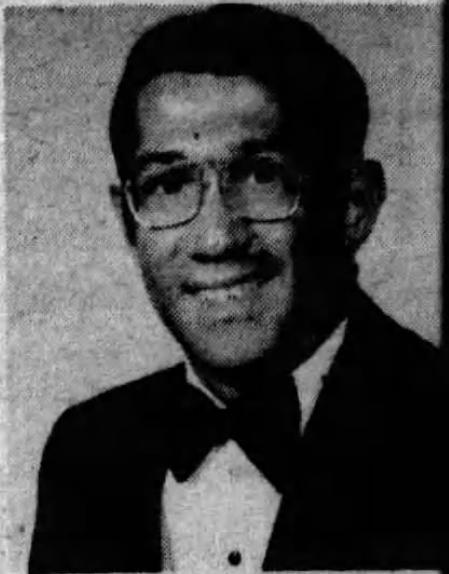
In five years as the Little Giants' leader, Bucci has steadily turned the Ross program around to where it is recognized as one of the growing programs in the state.

Five years ago, Bucci's team had only 12 swimmers.

"That was my dirty dozen," he joked Friday after learning about his selection as the top state coach. "The next year, it was the dirty dozen minus one."

From that point, though, Bucci has turned out top notch performers and this season, had his best turnout, 27.

Twice named the northwestern district coach of the year, this



**BUCCI**

year and in 1975-76, Bucci called the state award a goal realized.

"As a coach," he said, "it's a great honor. It's a goal in coaching that I set for myself. It's a great feeling to accomplish something like this at an early age."

This past season, Bucci guided his team to a 7-6 dual meet record and took four swimmers to the state meet . . . a medley relay team and two others who qualified for individual events.

