

2006 Fremont Invitational...

# Lewis breaks a school record

By KYLE TIMMONS

News-Messenger correspondent

Saturday's Fremont Invitational brought out the best in several area track and field athletes.

The Fremont Ross boys captured first in the seven team field with 188 points.

Clyde finished third (89), Old Fort fifth (49) and St. Joseph Central Catholic sixth (70).

On the girl's side Toledo Central Catholic edged out Clyde for first defeating the Fliers 121.5 to 121. SJCC was third (98.5), Old Fort fifth (81) and Ross sixth (70).

Winning the 100 meter dash for the boys was Little Giant senior Tyrone Lemley in 11.91 seconds.

Lemley said he wanted to win an event for his late

friend, David Guardiola.

"I had to do it for my friend David," Lemley said. "I had a bad start but I picked it up and just kept running."

The Little Giants also had first place finishes in the 200 (Terrence Davis, 23.33), the 400 (Xavier Forney, 53.42) and the 800 (Jeff Beier, 2:05.81).

Ross coach Cathy Esposito complimented the trio especially noting Beier's performance.

"It was just really impressive," Esposito said of Beier's run. "His relay performances are really phenomenal. We have a young team and that's very encouraging."

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# Gill jumps to win in 2 events

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Little Giant sophomore D.J. Brown also picked up first place finishes in the 110 hurdles (15.24) and high jump (6'4"). Brown's high jump tied the meet record.

Old Fort captured the 4 x 1600 relay with a time of 20:07.22.

Old Fort coach Tony Miller praised his runners.

"Justin Lee and Jackson Stults led us to a first place finish," Miller said. "The last time I had a team run (the event) that fast was about 10 years ago."

In the field events SJCC senior Aaron Lewis cleared 13'4" in the pole vault — nearly a foot higher than the second place finisher. Lewis has won the pole vault at the invite three straight years.

"That broke our school record," SJCC coach Paul Grahl said. "That record was pretty old. That has been a goal of Lewis' pretty much his whole high school career."

Senior Jorge Perez also earned first in both the shot put and the discuss for Ross.

"The shot went pretty good but it wasn't anywhere near my personal record," Perez said. "We've won the field events the last three years and I was expecting to win them again this year."

For the girls, Bethany Aldrich paced Clyde as she captured the 100 in 13.21, just fractions of a second ahead Ross's Taylor Brown.

"I thought (Aldrich) had a great start, which she hasn't been having good starts lately," Clyde coach Joel Clay said. "She had a good start, and then she's so strong that she was able to hold on."

SJCC junior Molly Wise also fared well as she won the 400 (58.96) and was second in the 200 (26.77).

"I just felt really good," Wise said. "I felt strong the whole time and it feels good to finally run good."

In the 800 Old Fort's Morgan Magers took first in 2:27.97 — a little better than the Little Giants' Ashley Fischer (2:29.28).

"(Magers) is a very hard worker and has really put a strong work ethic into it this year," Miller said. "Right now she's bringing her time down real well."

Fischer did win the 1600 in 5:28.98.

Old Fort sophomore Lucy Stults won the 3,200 (12:24.38) as SJCC's Sarah Stierwalt was second (12:35.78).

Dominating the field events for the girls was Clyde's Meghan Gill.

"We just started long jumping her this year so she's still learning it," Clay said. "In the high jump, that's the first time she's hit 5'4" outdoors this year."

Gill grabbed first in the high jump (5'4") and also won the long jump (15'1").

Melissa Goodman from Old Fort took first in the shot put while SJCC's Emily Overmyer won the discuss.

Miller praised Goodman's effort.

"She's been coming around really well also," said Miller. "To be able to win a meet with Division I competition was a really good accomplishment."

Overmyer said it was nice to win in front of the home crowd.

"I felt like I did good," Overmyer said. "It feels pretty good, especially since I had people here watching me this week."