

2015 Three Rivers Athletic Conference Championships

SWIMMING

ROSS MAKES SPLASH IN TRAC CHAMPIONSHIP

Fremont Ross boys second; Moses selected as girls' swimmer of year

By Josh Morgret
News-Messenger correspondent

FREMONT — Swim coach Phil Moran considered Saturday's Three Rivers Athletic Conference championship meet as a breakthrough of sorts for his Fremont Ross boys team.

Ross tallied 469 points to finish runner-up for the first time since joining the league. St. Francis De Sales finished first (746), while Findlay was third (415).

"This is the first time we got second place in the league and we know nobody is beating St. Francis, so we're happy with how it went," Moran said. "We've been fighting with Findlay for that second spot. So, to take second in the league's meet, we're happy about that. The kids swam well."

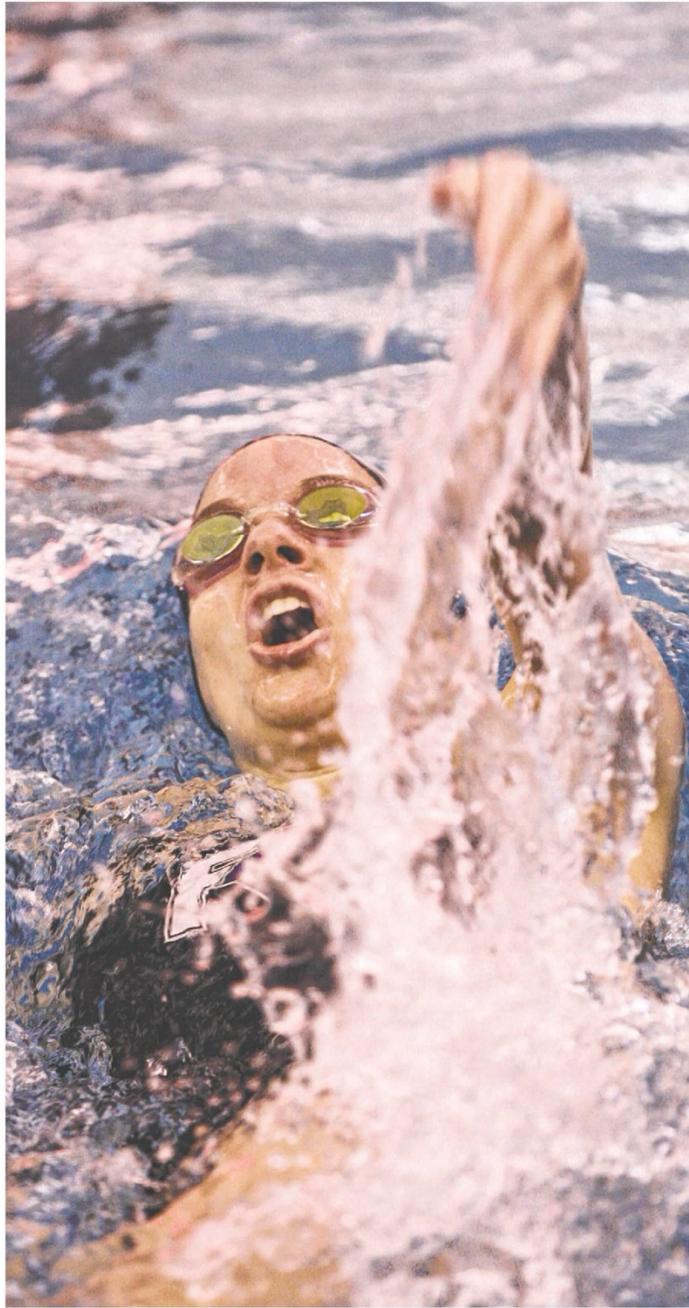
On the girls side, Notre Dame Academy took the team title (537.5), while St. Ursula was second at (521). Ross took third (448), which with coach Tina Moses was happy.

"The girls have been working harder than ever and how they swam is a testament to how they've worked," she said.

Trent Williams led the boys with first-place finishes in the 50 free-style (22.47) and 100 free (48.90). He, Tate Williams, Nickolas Hoffman and Hawk Smith took second in the 200 medley.

Hoffman added a third in the 100 butterfly and fourth in the 200 IM. Tate Williams finished fourth in the 100 backstroke, and Andrew Evans had a fourth-place finish in the 100 breaststroke. The team of Hoffman, Smith, Braydn Klein and Trent Williams finished second in the 400 free relay.

"We're pretty happy with everyone, top to bottom," Moran said. "We have some sick kids but it's that time of the year. We're in the home stretch of the season. We have no free weekends coming up, but I'm proud of my boys."



DOUG HISE

Ross' Holly Fisher swims in the 100-yard backstroke at the 2015 Three Rivers Athletic Conference championship meet.

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Meghan Moses was the top individual for the girls team. Moses took first in the 50 free (24.42) and 100 free (53.71) and was a part of the winning 200 free relay along with Morgan Waggoner, Haley Fisher and Kaity Kelly. Moses was named the TRAC Female Swimmer of the Year after the meet while Tina Moses, Meghan's mother, was named co-coach of the year.

"I think we pulled together as a team," Meghan Moses said. "We all scored points and felt good. Individually, I reached my expectations but I was very surprised to hear my name called as Swimmer of the Year."

Waggoner also picked up a first-place finish in the 100 butterfly (1:00.38), while Fisher took home first in the 200 IM (2:10.92).

Fisher added a second-place finish in the 500 free, while Waggoner tallied a second-place finish in the 100 backstroke.

Kortni Lagrou took second in the 200 free and Kelly took second to Moses in the 50 free. In the 100, Lagrou was third with Kelly fourth, which gave Ross three of the top-four



DOUG HISE

Ross' Nickolas Hoffman swims in the 100-yard butterfly.

finishers in the event.

"We're all hoping to reach our goals and continue to get better," Meghan Moses said. "Individually, I'm on track to reach mine but I'm proud of the team as a whole."

Alaina Klingman took third in the 500 free, while the team of Holly Fisher, Morgan Hawk, Klingman and Kelly picked up a fourth-place finish in the 200 medley relay to open the competition.

"The girls are tired but we beat them down during the season," Tina Moses said. "But we do that so, at the end of the season, they put their best times in. We're just looking to continue to drop our times. Sectionals are right around the corner."
