

2015 Regional Meet

In Division I, Fremont Ross is taking its largest crop of athletes to the state meet since 2010.

Friday afternoon, Elijah Johnson will compete in the 110 hurdles while Jeffrey Barnett, Tavarius Simms, Tyler Grine and Jaylen Spencer will compete in the 4x200 relay. Saturday morning, Barnett will compete in the long jump as he attempts to break the school record of 23-feet-6.

“Jeffrey wants to break the school record, we’ll see,” Ross boys track and field coach John Elder said. “His best is 22-11, so he’s seven inches (away). It is a lot but, this year, Jeffrey has been dynamite. When he’s been challenged, he’s jumped better. So, we’ll see.”

Also competing Friday for Ross is sophomore Vanashia Elkins in the 200-meter, an event she won at the regional meet. She enters the state competition with the seventh-fastest seeding time making her goal to finish on the podium in the top eight.

“It was my goal all year to make it to state,” Elkins said. “It’s my first time. I hope to at least place. That’s my goal.”